

THE GOLDEN LAMP

OF COLORADO

APRIL / 2023
VOLUME 77 / ISSUE 5



EPSILON SIGMA ALPHA



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2022 - 2023

Colorado State Council Officers

President

Chloe McClantoc

President Elect

Karen Addison

Corresponding Secretary

Leslie Stevens

Recording Secretary

Susan Bloss

Treasurer

Rita Martin

Parliamentarian

Riki Johnston

April Gems



Spring brings new growth.
Weed out the bad and make
room for something beautiful!



A good life is when you
smile often, dream big, laugh a
lot, and realize how blessed you
are for what you have!



Kindness opens the heart
and brightens the day for both
those who receive and those
who give!

Precious Gems



O.F.E.S.A.

Spring



PRESIDENT ELECT

Calling for 2023-2024 State Board Members

Greetings!

I am still working on getting my State Board filled. I would love to invite you to join me! I am so looking forward to working with those who have agreed to join so far. The positions I am hoping to fill are Recording Secretary, Treasurer, Chaplain and Foundation Chair. I'm also looking for a crafty person to be Scrapbook Chair. I need to receive nomination forms by May 1. Please email me at karenadd2956@gmail.com or call or text me at 719.482.5820

I am also currently taking bids for State Convention for 2024 and 2025. I'd love to hear from you!

Thank you,

Karen Addison
President Elect





GOLDEN LAMP EDITOR



Hello ESA Member's

HAPPY SPRING!! I am so ready for warm weather! This wind is crazy!!

Thank you to everyone who has been getting me their articles. I enjoy learning about the different chapters and reading about all the fun things you all do every month.

******When you send me an article, please make sure I email you back saying I received it. If you don't hear from me, please sent is again to make sure it comes through.

******In the subject line please put the month you are sending your article for.

For June's Issue please send all info by June 1st.

Please send all articles to: goldenlampnewsletter@gmail.com

In the subject line put **Golden Lamp Article and the month**

*Please add your **NAME, CHAPTER # & EMAIL ADDRESS** in case I have questions on your article.*

Could you please send all articles in a *Word Doc and Pictures in Jpeg or png*

As a reminder, I will send you an email letting you know when the Golden Lamp Newsletter will be ready to view on the website. The Golden Lamp newsletter will be uploaded on the 15th of the on www.esacolorado.org

Love in ESA

Jenniffer Carlson-Mazza



AWARDS

Members,

Please send me your service awards for 15 years and over in 5-year increments by April 20th. Thank you for all the submissions I have received for our other awards. If you have not received an email from me, I have not received your submission. If someone is receiving a service award for 25, 30, 35, 40, 50, etc., please let me know if they will be attending IC Convention in Grapevine, Texas this summer. See you at convention in May.

Vickie Chavers-Bruso

Awards Chairman



HOPE FOR HEROES

Hope for Heroes

The Hope for Heroes is an ESA Program designed to benefit the military and veterans in various ways. To benefit Hope for Heroes, any organization that works to improve lives and help military persons, veterans, and their families is recognized as a qualifying entity.

When donating to other projects, such as Easterseals and St Jude, we can write a check directly to those organizations. However, when donating to Hope for Heroes, there is no blanket organization. So donations are made to whatever military based organization that a chapter deems to support.

So remember, you can't send a donation to "Hope for Heroes". Find a pet charity in your area and show your support to them!

Kristeen Danburg

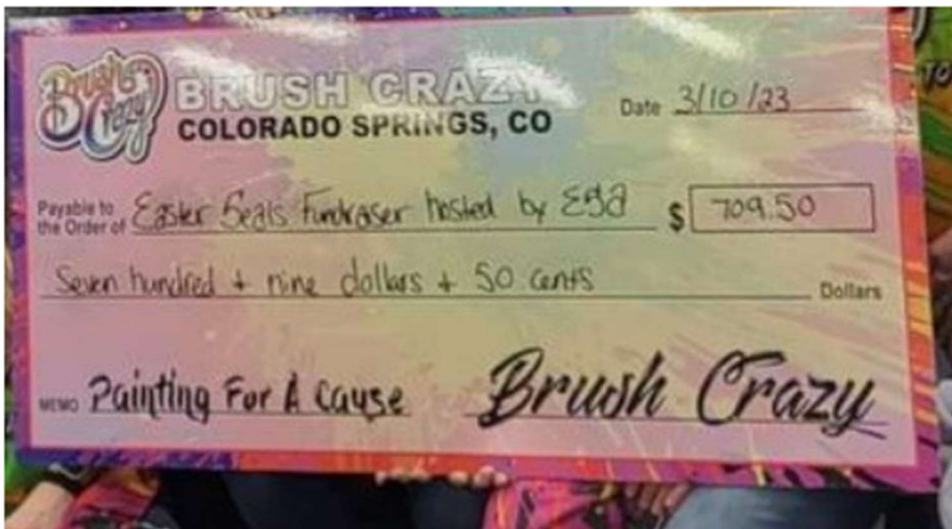
Hope for Heroes Chair





Easterseals Fundraiser

On March 10, Zeta Nu #5608 in Colorado Springs, Colorado held a fundraiser at the local Brush Crazy crafting center to raise money for Easterseals. The turnout was wonderful with 30+ people in attendance. Brush Crazy donated 50% of their proceeds to our cause, which came to \$709.50! It was such a fun night! Such a great group of talented people!



Karen Addison
Zeta Nu #5608 Colorado



ST. JUDE DREAM HOME



ST JUDE DREAM HOMES UPDATE



Colorado Springs: Tickets go on sale April 12th for our 10th St. Jude Dream Home built by Covington Homes! We are selling 11,500 tickets; 500 more than last year. The 5-bedroom home is in Banning Lewis Ranch at 9664 Feathergrass Drive. All major ticket sale deadlines land on Wednesdays, known as “St. Jude Wednesday.” KKTU indicated there is more viewership in the middle of the week. Open house weekends are June 3 through June 25, 2023. The giveaway is June 28. This year the prizes include an American Airlines voucher valued at \$5,000 along with a \$7,500 Visa Gift Card and a 5-person [spa](#).

Denver: Who knew after our first Dream Home in Castle Rock that we’d still be going strong and be sponsoring our 13th St. Jude Dream Home! In 2011, we sold 11,000 tickets; this year, our goal is 24,000 tickets. The home by Oakwood Homes is in Reunion, Commerce City, close to last year’s home. Landmark Lincoln is generously donating a 2023 Lincoln Corsair; we have been fortunate to have a car as one of the prizes every year. Tickets go on sale August 24th with the giveaway October 12th on Fox 31.

Hope to see everyone at State Convention in Canon City when we’ll reveal the total credit ESA received this year for the two St. Jude Dream Homes.

Colorado Springs Co-Chairs: Alice and Jenny

Denver Dream Home Co-Chairs: Mary, Nancy and Vickie



THE WEB TEAM



Colorado Web Team

esacolorado.org

Spring seems to have come, at last, to Colorado! Yahooooo!

We loved seeing so many of our members at Spring Board and look forward to our annual gathering at state convention in Canon City. Can't wait to see all the costumes and sharing of picture memories from everyone!

Great pictures can be viewed on the *Projects Page* for St. Jude's, Hope for Heroes and Easterseals. Please share your events pictures for this page - they are most welcome! Help Alpha Omicron's 5-year-old **Adi** reach her birthday goal of \$1,000 by June 4. Her link is posted on the *Projects Page*.

The **Colorado State Council ZOOM** account is alive and well. Councils, chapters, and the Lamplighters are currently enjoying this account. The advantage of this account is it's FREE with unlimited time use as compared to the 40 minutes on the generic free account. To reserve a date/time just contact Candie Patino.

The **IC Coffee Chats** continue each 4th Monday of the month. You can register on our Homepage at www.esacolorado.org The next session will be April 24th with choice of 9:00 am or 5:00 pm time slots. Topic of discussion – QR codes.

Your web team is always available to gladly assist. We invite you to share your comments, ideas, and suggestions.

See you at State Convention!

The Colorado ESA Web Team,
Bonnie, Kathy, & Candie





MESSAGE FROM BETA ZETA



An enthusiastic group of readers participates in tutoring at the Cañon Literacy Center. Mary Chamberlain and Carol Dunn, members of Beta Zeta Chapter of ESA, presented the Center with a donation to support the volunteers who interact one-on-one with children who need help with their reading skills.

The Center provides sessions throughout the year and independent evaluations of the program they use show that over 90% of the students improve their reading skills each semester.

Beta Zeta has recently distributed checks to several other local non-profits including Orchard of Hope, CASA, Sangre de Cristo Hospice, Fremont Regional Hospice, and Meals on Wheels.





MESSAGE FROM ALPHA OMICRON

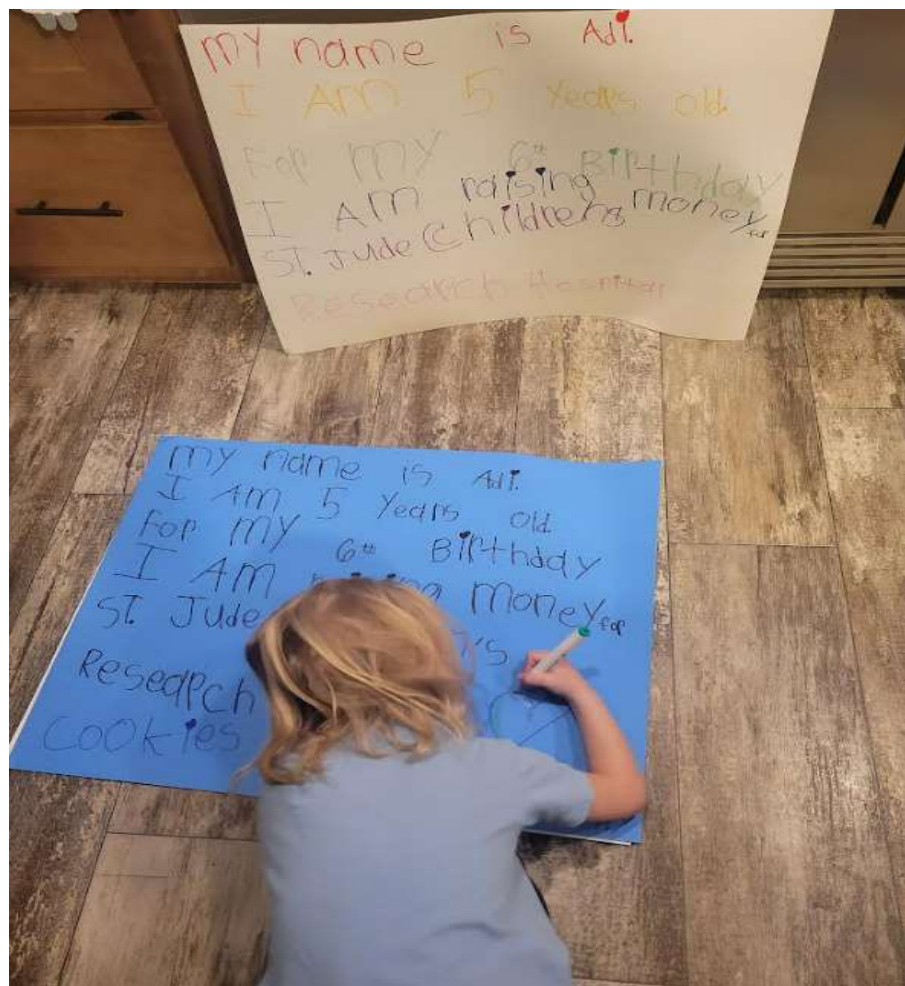


Our social committee is working hard on planning our banquet in May. It is always my favorite meeting. We also give out a few high school scholarships every year. Here in the next few weeks we will be choosing applicants to receive them. The high school has a scholarship night for the seniors where a couple of our members go and present our scholarships to the winners.

Normally in April we have our Salad Luncheon, but since COVID we have decided not to do it again this year, hopefully in the future we will be able to schedule it again.

Adi is still working on her St. Jude Fundraiser. This weekend she will have a cookie stand at a local market and all those cookie proceeds will go to her fundraiser. She has been busy working in her cookie signs. She is \$345.00 away from her goal, and she is already asking to raise it to a higher amount.

Love in ESA,
Jenniffer Carlson-Mazza
Alpha Omicron #770
Chapter President



MESSAGE FROM EPSILON EPSILON

It has been some time since you have heard from us so I will attempt to fill you in. We are still in the process of meeting in person and that has been wonderful. It was so long that we were having to meet by zoom or by phone call.



We had a very successful Holiday Tea last December and I am sharing some photos from that event. We sold 108 tickets and only had a couple of people that could not attend. We had our traditional tea menu and of course our raffles and we had some additional surprises as well.

We have worked with Kelley Case for ten years and she is a delight.



Kelley Case of Manor House



Beautiful Tea Room



MESSAGE FROM EPSILON EPSILON (CONT.)



We are known for our Bake Sale and it takes a lot of time to make all the items that we produce for our Holiday Tea.



The Chairmen of our Tea Joan & Kathy



Kathy making scones



We always have a Money Tree\$\$\$\$



Just one of our many Raffles



MESSAGE FROM EPSILON EPSILON (CONT.)



Traditional Tea Fare



One Happy Winner!



Special Dessert



A Few of the Tea attendees



MESSAGE FROM EPSILON EPSILON (CONT.)



Just a snapshot of the Bake Sale

Just a peek at some of the items at our Bake Sale. It is almost impossible to show it all to you, you have to be there!

We have worked on this event for over nine months and it is a labor of love.

We are working on our 2023 Holiday Tea now and hope to see you all there!

And of course, we couldn't do this without the wonderful wait staff at the Manor House. What a great group of young people.

See you in December!



The wait staff at Manor House



MESSAGE FROM KAPPA IOTA



Hello Everyone from Kappa Iota.

Spring is on the horizon, and we are getting ready for great spring and summer seasons. We have our applications in for the local farmers markets where we set up our tent to promote ESA, recruit new members, and raise money for St. Jude Children's Hospital.

We have also received an invitation to participate in a Saturday afternoon local charity day, on June 10th, at one of our favorite coffee shops in Montrose, San Juan Brews. At that event, we will have possible games set up to play, and promotional materials for ESA.

We will be having drawings for a quilt that we received from Susan's friend Sandy from Florida, that we met at the IC convention in Louisville, Kentucky. We will once again be making lazy susan/wall plaques for drawings at our events.

Anyone who would like to get into any of the drawings are welcome to contact Lori for tickets at ten dollars each.

Lori Anderson 720-353-8839. Loriandersonhavelick@gmail.com



77th Colorado State Convention

May 19, 20, 21, 2023

The Abbey Event Complex

2951 East US Highway 50 ~ Canon City, CO.

"Precious Jewels that Glow and Shine"

Our Friday Night, **"Colorado Diamond Jubilee -75 Years of Golden Memories"** Mixer should be fun. The Lamplighters are asking each of you to **come dressed as your favorite person in history**. Oh, by the way we will have a judge (a non-ESA member) who will choose the best costume of the evening, and a prize will be given. I heard it's a terrific prize. Friday Night we will also be celebrating **Colorado ESA's 75th Anniversary**. To further celebrate, attendees are asked to bring one or two pictures of their favorite ESA memories along with a written brief description. These will be posted during the convention as well as included in the Golden Lamp. We will have a meet and greet with Patti Gale, International Council Workshop Coordinator. We will enjoy a buffet dinner followed by some of our awards.

Saturday Morning will be the First General Assembly, we will start with our **Flag Ceremony**. Yes, we do have some business to cover, and we will hear from our IC Rep Patti Gale. Our meeting will be followed by our **"Diamonds and Pearls"** Awards Luncheon where we will be serenaded by Jim Bosse, an accomplished guitarist who also lives in Canon City. He has performed for our group before, and we can vouch that he is great. A plated lunch will be served followed by our Awards Chair, Vickie Chavers-Bruso giving a few awards.

Saturday Evenings **"The Lore of Gems"** Banquet where we will have the installation of our 2023 -2024 Colorado State president Karen Addison and her Elected Board. Followed by a delicious plated dinner and a cash bar. There will be awards for Service Years, Chapter of the Year, Pioneer Woman, Woman of the Year, and others. We would love to have you come and celebrate all the achievements this past year.

Sunday Morning, our Chaplain, Lori Anderson-Havelick will present her **"Celebration of Life Service"** remembering our members we have lost this past year. The service will be held in the beautiful Chapel.

Sunday Brunch **"On Angel Wings"** will be followed by our Second General Assembly. We will have a farewell message from our 2022 -2023 president, Chloe McClantoc, the presenting of the gavel to our new incoming 2023 2024 president, Karen Addison. The lowering and raising of their gavels and an acceptance speech from our new president, Karen Addison. The Lamplighters will install Chloe into the Lamplighters. You just never know how zany the Lamplighters will be. We have lots of great raffle items to give away as well.

Come and have fun, meet some of your ESA members, celebrate the achievements of your chapter and members. The registration form is in this issue of the Golden Lamp as well as on our website.

Deadline for registration is May 1, 2023 (or postmark on or before May 1)

Billie Jean Farnham and Joan Snyder
Convention Co-Chairs

77th Colorado State Convention

"Precious Jewels That Glow & Shine"



Hosted by Colorado Lamplighters
Co-Chairs: Billie Jean Farnham & Joan Snyder

May 19, 20, 21, 2023
The Abbey Event Complex
2951 East US Highway 50

Hampton Inn
102 McCormick Parkway
Canon City, CO 81212
719-269-1112

Room Rate \$102 per night+ tax until May 1, 2023 (Under ESA)

Registration: \$140 until May 1st

(Registration due or postmarked by May 1)

NO PARTIAL REGISTRATIONS

Registration Form - Please complete a form for each chapter member.

Name: _____ Phone: _____

Address: _____

Chapter & Number: _____ Voting Delegate: _____

First Time Attendee: _____ State Officer _____ Lamplighter: _____ Pledge: _____ Elan: _____

Please note special dietary needs (allergies, etc.) _____

Make check payable to: Colorado Lamplighters

Send Registration form & check to:

Joan Snyder
5961 Crestone Street
Golden, CO 80403

Any questions please contact either Billie Jean Farnham (719-275-1126) or Joan Snyder (303-279-9711)

FORGOTTEN GEMS

Forgotten Gems

From the CSC Lamplighters

This is fourth in a series based on the educational presented at the CSC Fall Board meeting, where members learned that Colorado has played a very interesting part in the history of Epsilon Sigma Alpha.

Although our organization was founded in Texas and incorporated in Missouri, Colorado has played a major historic role.

In January 1941, noted lecturer and philosopher, E. Robert Palmer joined ESA headquarters staff and became business manager and chairman of the executive council. The Palmers maintained Roundup Ranch as a hobby near Estes Park. On June 26, 1941, ESA National Headquarters was moved to Loveland, Colorado and became known as the "Sweetheart Sorority". The Roundup Lodge became the "Playground for ESA". The ranch was available exclusively for ESA members. At a fee of \$2.50 per day members were provided meals, dormitory-style housing in bunk beds while enjoying swimming, hiking, horseback riding and making new friends from all over the country.

Stay tuned for MORE GEMS . . .





MONTHLY GEM FACTS



April Birthstone

• Diamond •



The most coveted gemstone to date, **diamonds** are a symbol of eternal love. They're thought to provide those who wear them with better relationships, balance, clarity, abundance, and an increase in inner strength.

May Birthstone

• Emerald •



Thought to improve memory, faith, and intuition, **emeralds** are a symbol for constancy and true affection. Some cultures believe them to grant their owner foresight, good fortune and youth. The name emerald is derived from the Greek word 'smaragdus' meaning 'green'.

RECIPE CORNER

Spring Strawberry Spinach Salad

Ingredients

- bunch spinach, rinsed
- 10 large strawberries, sliced
- ½ cup white sugar
- 1 teaspoon salt
- ⅓ cup white wine vinegar
- 1 cup vegetable oil
- 1 tablespoon poppy seeds

Instructions

1. In a large bowl, mix the spinach and strawberries.
2. Mix together sugar, salt, vinegar, and oil.
3. Stir in the poppy seeds.
4. Pour over the spinach and strawberries and toss to coat.



Blueberry Brunch Loaf

Ingredients

- 1/4 cup butter, softened
- 3/4 cup packed brown sugar
- 1 large egg
- 1 tablespoon grated orange zest
- 2-1/4 cups all-purpose flour
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1/2 cup whole milk
- 1/4 cup orange juice
- 1 cup fresh or frozen blueberries

Glaze

- 1/2 cup confectioners' sugar
- 2 teaspoons butter, softened
- 1/2 teaspoon grated orange zest
- 1 to 1-1/2 tablespoons whole milk

Instructions

1. In a bowl, cream butter and brown sugar. Stir in egg and orange zest. Combine flour, baking powder and salt; add to creamed mixture alternately with milk and juice, mixing thoroughly after each addition. Fold in blueberries. Pour into a greased 9x5-in. loaf pan.
2. Bake at 350° for 50-55 minutes or until bread tests done. Cool in pan 10 minutes before removing to a wire rack.
3. For glaze, combine sugar, butter, and orange zest. Gradually add milk until glaze is of spreading consistency, drizzle over warm bread.

SPOTLIGHT OF THE MONTH

ESA FOUNDATION

- ❖ The ESA Foundation has awarded more than \$3 million in scholarships and continues to award numerous scholarships annually.
- ❖ You do not have to be an ESA member to apply for a scholarship.
- ❖ The ESA Foundation is dedicated to the promotion of continuing education and to altruistic activities that make a positive difference in the world community.
- ❖ Voluntary contributions of time and money from ESA members, ESA Foundation members, and friends of the Foundation are the ESA Foundation's sole sources of support.
- ❖ As a nonprofit, tax exempt corporation, the ESA Foundation supports the service and leadership programs and the philanthropic projects of Epsilon Sigma Alpha International.
- ❖ All contributions made directly to the ESA Foundation are tax deductible as "Gifts to Charity" due to our 501 c 3 charitable status under the Internal Revenue Code.
- ❖ Contributions may be designated or undesignated. Undesignated gifts become a part of the general fund. Designated contributions are used for the purpose designed by the donor.