

THE GOLDEN LAMP

OF COLORADO

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***COLORADO STATE
COUNCIL OFFICERS***

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Quick Quotes



Use your voice for kindness, your ears for compassion, your hands for charity, your mind for truth, and your heart for love.



If you see someone falling behind walk beside them. If you see someone being ignored, find a way to include them. Always remind people of their worth. One small act could mean the world to them.



Be someone else's sunshine, be the reason that person smiles today.





THE GOLDEN LAMP EDITOR CORNER



Hello ESA Sister's,

My name is Jenniffer Carlson-Mazza and I am your 2022-2023 Golden Lamp Editor.

A quick bit about me. I live in Salida, CO with my husband Rocky and our two kids Cayden (18) and Adi (5) who today starts Kindergarten. We also have a husky named Tykka and a cat named Pickles. I am a member of Alpha Omicron #770 of Salida, CO and I am also honored to be their president this year.



I look forward to being your editor and getting to know you all on a different level along with learning more about your chapters.

Please reach out to me at any time with any questions, or comments about the Golden Lamp. My email is goldenlampnewsletter@gmail.com or call / text me at (719) 221.9447

Golden Lamp News - Please send by October 1st.

Please send all articles to: goldenlampnewsletter@gmail.com

In the subject line put **Golden Lamp Article**

*Please add your **NAME, CHAPTER# & EMAIL ADDRESS** in case I have questions on your article.*

Could you please send all articles in a *Word Doc and Pictures in Jpeg or png*

The Golden Lamp newsletter will be uploaded on the 15th of the on www.esacolorado.org

If you have not signed up to receive 2022-2023 articles, please see the form below. Once filled out return to me and I will add you to my list.

Love in ESA
Jenniffer Carlson-Mazza



The St. Jude Dream Home Giveaway was created in 1991 by Dr. Donald Mack, a pediatric physician from Shreveport, Louisiana. He was a member of the ALSAC/St. Jude Children's Research Hospital Board of Directors and Governors; relying on St. Jude to treat many of his young patients with catastrophic diseases. Dr. Mack passed away this spring. The first St. Jude Dream Home was constructed in Shreveport and raised \$160,000 for the hospital. Today, there are more than 40 Dream Home Giveaways across the country; it is one of the largest fund-raisers for the hospital nationwide. Colorado is very fortunate to have two Dream Homes.

Kudos to our **Colorado Springs** Dream Home Team selling 11,000 tickets!! The drawing was June 29 on KKTU Colorado Springs. This was their 9th Dream Home by Covington Homes.

The **Denver** Dream Home campaign will kick off August 25. This is the 12th Dream Home for Denver; we will be selling 20,000 tickets. There will be four open house weekends beginning Saturday, September 17, from 10:00am to 5:00pm and Sunday's noon to 5:00pm. The last open house is Sunday, October 9. The drawing is October 13 on KDVR, Fox 31. For those interested in helping with the open houses, a link will be sent out later for Sign Up Genius.

Denver received 1st place recognition during the IC Awards luncheon for last year's Dream Home, raising \$1,379,021 for St. Jude. During the celebration of dollars at the Saturday evening banquet, Colorado received the \$22 Million Pinnacle Award and placed second for most dollars raised in 2021-2022. The annual and lifetime totals raised for St. Jude celebrated at IC were corrected in the ESA HQ 2022 IC Convention Recap emailed August 5. The 2021-2022 corrected total raised is \$14,126,508 and the Lifetime cumulative total is \$341,437,448. What an awesome feeling to be able to support the kids at St. Jude!

ALSAC prepares Dream Home updates; Nancy Cameron forwards those to the membership. If you haven't received an update and would like one, please contact her at ncnoremac@aol.com. Thank you to everyone who donates their time to help with the Dream Home campaigns; we couldn't do this without you.

Denver Dream Home Co-Chairs: Mary, Nancy and Vickie

Colorado Springs Co-Chairs: Alice and Jenny





CORRESPONDING SECRETARY CORNER



Hello Fellow Members!!!



Hope everyone is able to stay cool in this

blistering heat of late! What rain we HAVE

gotten out of this Monsoon Season sure has been a God send!!

Just a quick reminder, that if you haven't gotten your Chapter's Officer changes to me, could you take a minute and do that, so our Yearbooks have the correct contact info? We would really love to be able to contact everyone.

I'm excited to hear about all the awards Colorado won this year!

Please get your Fall Board Registrations to Madame President, Chloe as soon as you can.

I'm looking forward to seeing Jennifer's first edition of the Lamp. I KNOW she will do a wonderful job!

Keep cool, and I hope to see everyone in September!

Leslie Stevens

2022 - 2023

Corr. Sec



MESSAGE FROM KAPPA IOTA

Kappa Iota members, Lori Anderson and Eric Havelick, have been attending the Farmers Markets at Ridgway and Montrose in order to raise awareness for ESA and the St. Jude Children's Research Hospital. Every couple weeks Eric makes a new woodburning piece that is given away in a drawing with tickets selling for ten dollars each. Every dollar earned goes into the pot that will be submitted for the 50 for the 50th St. Jude fundraiser. So far, we have raised \$1000 in five weeks. Our next goal is to raise another \$1000.



The first drawing was for a plaque about Ouray, Colorado.



The second drawing was for an Elk theme lazy susan



The third drawing was for a three-track cribbage board



This drawing will be an Explore Colorado plaque/lazy susan



MESSAGE FROM GAMMA CHI

Summer is going by so quickly and before we know it, we will be at Fall Board. Gamma Chi has been relaxing and yet we have kept busy with a few projects.

In June a few of our members helped serve dinner at the Meals on Wheels fundraiser in downtown Loveland. We also volunteered at the Lake-to-Lake Triathlon, Community Kitchen, and Food Bank. On Flag Day we hosted a Blood Drive in the parking lot of the Golden Corral. It was very successful. We even had Candie Patino stop by.



A few of us also attended Alice's 50th anniversary party. We had a wonderful time.

July again kept us busy with the usual activities, plus we have been helping Riki with Alternatives to Violence and collecting clothes from members to help their safe house and supporting some other fundraising activities. We also stuffed backpacks for the Thompson Education Foundation. That is an annual activity



We helped our Honorary Member Leila Morrison celebrate her 100th birthday. Gamma Chi with many other friends sang Happy Birthday to her outside her hospital room. As you know Leila passed away a week later, we all miss this very wonderful lady.

August we'll be helping during the Wild West Relay. We also will be joining Sigma Rho for a NCC picnic.

Enjoy the rest of the summer.

See you at Fall board

Pam and her Gamma Chi Sisters



MESSAGE FROM ALPHA OMICRON

Our chapter met in July for our annual summer picnic, it was nice to catch up and see everyone.

We are signed up to do the St. Jude Virtual 5K walk on Saturday September 24th. Our chapter has been raising money and we hope to beat our total from last year.

On August 11, 2022, our beloved Barbara Kurtz passed away. She would have turned 94 next month on September 8th. She was such an inspiration; we were very lucky to have known her and to have her in our Chapter. She will be deeply missed!

Last July Barbara celebrated her 75th year in ESA. She was one of our original members. Her family will be having a service at a later date, as soon as we know all the details I will reach out to Lori and ask her to send an email.

If you would like to send a card to her family the address is below.

The family of Barbara Kurtz
128 Palmer
Salida, CO 81201

Love in ESA,
Jenniffer Carlson-Mazza
Chapter President
Alpha Omicron #770





MESSAGE FROM ZETA NU



BUNCO NIGHT **September 9 at 6pm**

COED BUNCO! MEN ARE INVITED TOO!

Mt. Carmel Veteran's Service Center

530 Communication Circle

Fundraiser for Angels of America's Fallen

Join ESA Zeta Nu for a fun night of Bunco! Bring a friend!

Great Prizes, Good Food, Fun People!

Prizes awarded for most buncos, most wins and most losses!

Cost to play is a \$20 donation to Angels of America's Fallen

Fabulous Gift Baskets!

Buy 6 chance drawing tickets for \$5 to win awesome gift baskets!

Enter to win the 50/50 drawing!

Win half of all monies collected for this drawing. Tickets are 6 for \$5.

Hosted by **ESA Zeta Nu Chapter 5608**

ESA is a community service group. Our international projects include St Jude Children's Hospital, Easter Seals, and Hope for Heroes. Local projects include the Ronald McDonald House, Children's Hospital and the Humane Society. Check us out at esacolorado.org or epsilonsigmaalpha.org

Questions? Call Karen at 719.482.5820



EPSILON SIGMA ALPHA



Honoring our fallen. Supporting their children's dreams. Our mission is to encourage and fund healthy positive activities for the children of fallen firefighters, military, and law enforcement. Between grief counseling and scholarships others provide, Angels stands beside the children all year, every year until adulthood. With your help, we're fueling these kids' dreams beyond the ultimate loss.
aoafallen.org

**Seating is Limited
RSVP to reserve
your seat.**

Email
esazetanuco@gmail.com
or text 719.482.5820

**ESA COLORADO STATE
FALL BOARD MEETING**

September 10, 2022

Where: Green Mtn. United Methodist Church, 12755 W. Cedar Dr.
Lakewood, CO 80229

When: Saturday 10th 9am-4pm

Cost is \$50.00 for registration.

Deadline for registration Saturday September 3th.

Breakfast and Lunch will be served.

Registration Form:

Name _____

Phone # _____

Chapter Name and # _____

Allergies: _____

Please circle: State Officer, State Chairman, Chapter President,
Lamplighter, First time Attendee

☐ Yes ☐ No Saturday Night Dinner

Please make checks payable to Chloe McClantoc. Mail check and
registration form to Chloe McClantoc 1224 Steele St. Denver, CO
80206. Phone 303-355-1884.

SEE YOU IN LAKEWOOD

THE GOLDEN LAMP SUBSCRIPTION

The Golden Lamp, a publication of the Colorado State Council of ESA, will be published June, August, October, December, February, and April. **ALL** reports, articles, pictures, and submissions **must be received by the 1st** of each of the above months. **Please adhere to the deadline so the publication date may be met.**

Email notifications will be sent out when the issue has been posted on the Colorado Web site, usually no later than the 15th of each month.

When submitting articles by e-mail, please include:

Your Name, Chapter Name and #, Chapter City

Enter "Golden Lamp Article" in the subject line.

Any submissions without this information might not be published.

Once an issue has been posted to the Colorado Web site, you will receive a notification and a link to the current issue of the Golden Lamp.

For email copies of the Golden Lamp please completely fill out the form below and send to:

Jenniffer Carlson-Mazza, Golden Lamp Editor, goldenlampnewsletter@gmail.com

PLEASE SEND AN EMAIL TO GOLDENLAMPNEWSLETTER@GMAIL.COM AND INCLUDE:

- **EMAIL ADDRESS**
- **NAME**
- **CHAPTER**

PLEASE PUT "GOLDEN LAMP SUBSCRIPTION" IN THE SUBJECT LINE

By sending me this email right away I will be able to add you directly to my address book so no mistakes will be made by hand typing in the email addresses myself!!

For a printed copy mail this form completed with a check for \$30.00.

Chapter Presidents will not be charged, but you **MUST** request the printed copy on the form below.

Send completed form with check to:

Jenniffer Carlson-Mazza, Golden Lamp Editor, 10407 Hutchinson Lane, Salida, CO 81201

I apologize for the increase, but with the cost of everything going up and the possibility of increases postages, we had to raise the amount for a printed copy.

Please make checks payable to: Jenniffer Carlson-Mazza

Issues will not be sent out, until payment has been made.

Please PRINT CLEARLY. Any unreadable information may delay delivery of issues.

Name: _____

Chapter Name: _____ **Chapter Number:** _____

Mailing Address: _____ **City:** _____ **Zip:** _____

Email: _____

☐

I would like a paper copy

☐

I would like to receive an email notification



GEM FACTS



August Birthstone

• Peridot •



Symbolizing dignity, fame, and prosperity. **Peridots** have been used in jewellery through the ages to achieve peace and success, and to attract love and good fortune. Hawaiians believe the traces of peridot found in volcanic ash are the tears of the volcano goddess, Pele.

September Birthstone

• Blue Sapphire •



In ancient Greece, royals were convinced that **blue sapphires** protected their owners from envy and harm. During the Middle Ages, people thought the gem attracted heavenly blessings. Others instilled sapphires with the power to guard chastity, make peace between enemies, influence spirits, and reveal the secrets of oracles.

RECIPE CORNER

NO BAKE COOKIES

- ½ Cup Milk
- ½ Cup Butter
- 2 Tablespoons Unsweetened Cocoa Powder
- ½ Cup Crunchy Peanut Butter
- 3 Cups Quick-Cooking Oats
- 1 Teaspoon Vanilla Extract

Instructions

In a medium saucepan, combine sugar, milk, butter, and cocoa. Bring to a boil and cook for 1 1/2 minutes. Remove from heat, and stir in peanut butter, oats, and vanilla. Drop by teaspoonfuls onto wax paper. Let cool until hardened.

BEEF AND MACARONI SOUP

- 1 pound lean ground beef
- ½ cup onion diced
- 6 cups beef broth
- 14 ounces diced tomatoes
- 2 tablespoons tomato paste
- 1 teaspoon Worcestershire sauce
- ½ teaspoon oregano
- ½ teaspoon dried basil
- 1 ½ cups elbow macaroni uncooked
- 1 ½ cups frozen mixed vegetables

Instructions

1. In a large soup pot brown beef and onion until no pink remains. Drain any fat.
2. Add broth, tomatoes, tomato paste, Worcestershire sauce, and seasonings. Bring to a boil. Simmer 5 minutes.
3. Stir in macaroni noodles and vegetables, simmer an additional 8 minutes or until macaroni is tender. Season with salt & pepper to taste.
4. Serve with shredded cheese if desired.

