

THE GOLDEN LAMP

OF COLORADO

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2022 - 2023 Colorado State Council Officers

President

Chloe McClantoc

President Elect

Karen Addison

Corresponding Secretary

Leslie Stevens

Recording Secretary

Susan Bloss

Treasurer

Rita Martin

Parliamentarian

Riki Johnston

June Gems



Train your mind to see the good in everything. Positivity is a choice. The happiness of your life depends on the quality of your thoughts.



At times, our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.



On particularly rough days I like to remind myself that my track record for getting through bad days so far is 100% and that pretty good.

Precious Gems







PRESIDENT ELECT



New Colorado State Council

May 27, 2023

The Colorado State Convention in Canon City was hosted last weekend by the Lamplighters. A huge thank you to Joan Snyder and Billie Jean Farnum as Co-Chairmen for a job well done! The new Board was installed, and I'd like to introduce you to them!

As State President, I am **Karen Addison**. I joined ESA in 2014. I was a member of Kappa Zeta, and then joined Zeta Tau. In 2019, under the guidance of Alice Robinson, we formed a new chapter, Zeta Nu. I am very proud of our new chapter. I have served on the State Council in several positions. I am a St. Jude games manager. When I have time, I like to paint, do glass mosaics, make cards and scrapbook. I love to spend time with family and friends, which is why my theme for the year is The Spirit of Friendship.

Susan Bloss of Zeta Tau in Colorado Springs is the President Elect. She has been a member since 1991. Susan ran a successful Veterinary business until her retirement in 2019. She has been active in her chapter and now has time to do more at state level. Susan is also on the St Jude Dream Team as a Games Manager. Susan loves to do crafts of any kind and loves to go on nature hikes in the mountains. She also loves going to the Y.

Lori Anderson-Havelick is Vice President. She joined ESA in 1984 and is a member of Kappa Iota. Lori has been actively involved in her chapter and at state level for many years. Lori enjoys crocheting and is learning to quilt. She loves going out in nature, observing wildlife, camping, and fishing. Lori loves to read, play games, and watch sports. Lori and her husband, Eric do fundraising for St Jude year round.

Jennifer Carlson-Mazza is my Corresponding Secretary. She has been a member of ESA for 9 years and is currently president of Alpha Omicron in Salida. I'm happy to report that she will continue as editor again this year. Jennifer is already gathering information and updating the yearbook for this year. She loves to spend time with her family, and they do a lot of activities in the mountains, hunting, camping and four wheeling. She loves to bake. Jennifer is supportive of her 5-year-old daughter Adi, who spends a lot of time fundraising for St Jude.

Mary Humphrey belongs to Beta Alpha and joined ESA in 1997. She has agreed to serve as Parliamentarian this year and I look forward to working with her in the busy upcoming year. Mary has served on the Colorado and Nebraska State Councils, Denver Alpha Council, and International Council. Mary is on the St Jude Dream Team for the Denver St Jude Dream Home.

Bonnie Gillmore is our Treasurer this year. She joined ESA in 1977 and is a member of Gamma Chi. Bonnie has been active over the years. We always see her helping with registration, etc. at most conventions. Bonnie likes knitting, working in her yard, and spending time with her granddaughter.



PRESIDENT ELECT CON'T



Leslie Stevens is Recording Secretary. She is a member of Kappa Iota and joined ESA in 1984. She has held all positions in her chapter and served on two different area councils. Leslie has held a lot of positions on the State Council. Leslie collects fairies and has a very large tortoise named Nelson. She loves animals.

As Jr. Past President, **Chloe McClantoc** is the Lamp Lighters' newest member! Chloe joined ESA in 2009 and is a member of Kappa Iota. She has been involved with ESA most of her life, was DECA about age 6. Chloe was named Woman of the year 2023. Chloe likes sapphires, Golden Retrievers and knows a bit about tech!

Pam McGee is Sr. Past President and is a member of Gamma Chi. Pam joined ESA in 1991. She keeps busy with activities at her church, including playing handbells. She volunteers at Rialto Theater that has live shows. She plays and teaches Pickleball and is involved with the Senior Center. She loves spending time with her granddaughter Norah.

My appointed board is a mix of new people and some that everyone knows and have been around for a while:

Nancy Cameron is loved by all. She is our Chaplain this year. She is a member of Kappa Iota and joined ESA in 1959. Nancy loves traveling with her ESA sisters. She says she has been to so many places she wouldn't have visited without ESA. Nancy is a games manager as part of the St Jude Dream Team. She collects carousels, likes butterflies, and is a big bookworm. Nancy is easily recognized even by new members as the lady with the many bejeweled hats!

Emily Woods is our new Easterseals Coordinator. Emily joined ESA in 2022 and is a member of Zeta Nu. As soon as she joined, she volunteered to help cook meals at the Ronald McDonald house, along with the other chapter projects. Emily is active in Special Olympics, the National Federation of the Blind and the Usher Syndrome Coalition. Emily works as a Behavior Specialist and works with special needs children. Her 3 children are very active in sports, and she loves watching them play. Emily likes to do various craft projects when she has any spare time.

Susie Morris is the ESA for St Jude Coordinator. Susie joined ESA in 2013 and is co-founder of Colorado's newest chapter of Pi Sigma in Loveland. Susie has served several positions on the state board over the years. She loves to spend time with family, friends, and her pets. Also, gardening, reading, glamping and serving others.

Vivianna Ehrlick is our new Philanthropic Chair. She is a member of Sigma Rho. She joined ESA as a DESA when she was 2 and later became ELAN. She has attended numerous conventions throughout her childhood. She joined as a full member in 2021. Vivianna has a 3-year son who keeps her busy and enjoys painting in her spare time.

PRESIDENT ELECT *CON'T*

Kelli Martin is our ESA Foundation Counselor. She joined ESA in 2021 and is a member of Zeta Nu. She serves as Treasurer. Kelli spearheads the monthly meals with the Ronald McDonald house. She has been involved with Special Olympics and is always looking for volunteer opportunities. She loves cooking and house plants.

Eric Havelick is our Educational Director. He has been a member of ESA for 3 years and is a member of Kappa Iota. Erik volunteered all his life. He is an officer at the Ouray Elks Club. Eric enjoys photography and pyrography. He also makes models out of toothpicks. A lot of his artwork has helped raise money for various fundraisers over the years. Eric likes to spend time in the wilderness, fishing, hiking, hunting, and camping. He also likes working around his house. Eric also likes to sing Karaoke.

Jorden Woods joined ESA in 2022 and is a member of Zeta Nu. She is our Hope for Heroes Chair and is working on the Zeta Nu H4H fundraiser. Jorden works with special needs children with behavioral problems. She loves all babies. She is attending Cosmetology school. Jorden likes doing crafts, but her loves is drawing and painting.



RECORDING SECRETARY

Hello to all you ESAers!

We had a great time in Canon. Thank you Lamplighters for putting on a “gem” of a convention. I’m looking forward to being on the State Board and having a year of fun and making new friends.

See you all around
ESA all the way
Susan Bloss



GOLDEN LAMP EDITOR

Hello ESA Member's

Wow!! I can't believe my first year of Golden Lamp Editor is coming up. That went by fast. I am looking forward to my 2nd year as Editor.

I want to say a HUGE thank you to Leslie Stevens and Candie Patino for helping me through the first year. I don't know what I would have done without them. THANK YOU, LADIES!!

Thank you to everyone who sent articles. I look forward to working with you all next year. I will be submitting our newsletter to IC this year. I can't wait for them to read all that our state chapters do.

**When you send me an article, please make sure I email you back saying I received it. If you haven't heard from me, please send it again to make sure it comes through.

**In the subject line please put the month you are sending your article for.

For August Issue please send all info by August 5th

As a reminder, I will send you an email letting you know when the Golden Lamp Newsletter will be ready to view on the website. The Golden Lamp newsletter will be uploaded on the 15th of the on www.esacolorado.org

Love in ESA

Jenniffer Carlson-Mazza

Golden Lamp Editor



CHAPLAIN

Hi All,

I enjoyed being your State Chaplain for 2023. Thank you. It is hard, but well worth it. I spend each day that I am alive with a blessed, thankful, and grateful heart. We had technical difficulties during the Chapel Service. Technology seems like it always hinders things and doesn't go right when you want it to. Wi-Fi was connected. We had trouble connecting to the network in the church. A special thank you goes to the Presenters. You all did a great job! Thank you to my helpers and to Eric for singing. I decided to just let God do what He wanted to do. Thus, skipping some songs. I had 15 people helping me. Thank you to all!! If you get the chance, please look up the story about Amazing Grace, and also It Is Well With My Soul. Two of my favorite hymns. The coasters that were handed out are all 100% cotton.

Now, on to Vice President. Communicate, Communicate and Fundraise and Fundraiser!! One of my goals is to call all the MAL's and just to visit with them. Just show up if you are able. You don't have to do anything. We just miss you!! You will be receiving a phone visit from me. Also, I am planning on calling all Chapter President's and visiting with them too. Communication is the key. If every member of every chapter would bring another guest that they know, just think how much ESA could grow. Just ask! I am sure many of you know of someone in your group of friends nowadays. I think, also, that we should have more activities for the younger crowd. Get back into having bi-weekly mtgs. One for a mtg and one for socializing. That is why I joined Kappa Iota because they would go and have an outing, try new restaurants, or go for coffee. You could also take one night off of the week or a Sat night and play cards and have a game night. Bunco parties throughout the chapters and invite guests for a cause. Have a wine and cheese party get together.

I did want to point out, I have never been to Colo State Treasure. I live in Montrose and am now in Kappa Iota Chapter, Golden. That could get confusing. I have been in three chapters. Beta Omicron from Monte Vista, Gamma Pi in Longmont, and now in Kappa Iota. Our members are spread out. 1 in Golden, 1 in Silt and 2 in Montrose.

I have also been Chapter President for Kappa Iota for 2 yrs until we have our installation this summer. Our chapter gets in a lot of Zoom mtgs, we enjoy our mtgs, visiting and seeing everyone on Zoom. Zoom is great for communicating.

Thank you for all the gifts I have received. I am looking forward to the VP Office.

Lori Anderson Havelick
loriandersonhavelick@gmail.com
720 353 8839



AWARDS

Thank you, members for wonderful Awards ceremonies. Congratulations to all who submitted information. You were so forgiving of any shortcomings I had. It was a true blessing to be able to see everyone! Take care of yourselves and your loved ones.

Love,

Vickie Chavers-Bruso

Awards Chairman



DISASTER FUND

Disaster Fund

The State of Colorado should be very proud of the amount of money raised for the IC Disaster Fund. With your help we raised \$6,308.60. The money from my three drawing items brought in another \$263.00. So the total that was sent to LeAnn Wray, the IC Disaster Fund Chairman was \$6,408.80.

Thank you so much. Your ESA sisters appreciate what you have done. Have a great summer.

Pam McGee
Jr. Past President/Disaster Fund Ch.
2022-2023



ST. JUDE DREAM HOME

St. Jude Dream Homes

Wow, lots of celebrating at State Convention. We revealed the total credit Colorado received this last year for the two Dream Homes--\$2,829,334.

Did you know this is Colorado Springs 10th Dream Home and Denver's 13th home? To date, Colorado has donated \$21,009,954 to St. Jude. We wouldn't be able to have two successful campaigns without your help; it's a team effort working on one of our state philanthropic projects.

Welcome to our two new Games Managers, Debbie Spear and Jenniffer Carlson-Mazza. If you have your Games Manager raffle license for your Chapter or Council, you can also be a Games Manager for the Dream Homes. We just need for you to complete the games manager oath showing ESA International Colorado State Council as the organization and email to the Secretary of State. Contact Nancy or Mary for more information.

The Colorado Springs open house weekends are June 3 through June 25, 2023. Contact Mary Heldt if you can help with the open houses. They have 3,775 tickets to sell to reach their goal of 11,500. The giveaway is June 28.

Denver's tickets go on sale August 24. Open houses start September 16 thru October 8 for four weekends. The giveaway is October 12. Nancy will be looking for volunteers for the office and the open houses.

Thank you for all that you do for the *Kids of St. Jude!*

Colorado Springs Co-Chairs: Alice and Jenny

Denver Dream Home Co-Chairs: Mary, Nancy and Vickie





THE WEB TEAM



Colorado Web Team
esacolorado.org

We loved seeing so many of our members at the Colorado State Convention in Canon City. So many members came in costume Friday evening with costumes of Astronaut Sally Ride, Mother Nature and a 20's Flapper taking first place in their respective categories.

Stay tuned for the updates to the **Officers/Chairman – Notices**. Soon to be posted are CSC Awards and Convention Minutes. IC Awards will be posted at the conclusion of the IC Convention in July.

Our website will be updated with the 2023-24 information in August. Please be patient as this process does take a little time.

The *Projects Page* for St. Jude's, Hope for Heroes and Easterseals is still looking for more pictures! Please share your events pictures for this page - they are most welcome! Help Alpha Omicron's 5-year-old **Adi** reach her birthday goals by June 4. Her link is posted on the *Projects Page*.

The **Colorado State Council ZOOM** account is alive and well. To reserve a date/time just contact Candie Patino.

The **IC Coffee Chats** continue each 4th Monday of the month. You can register on our Homepage at www.esacolorado.org No Chats are scheduled for June or July. The next session will be August 28th with choice of 9:00 am or 5:00 pm time slots. New sign in information will be sent to those already registered for the monthly chats.

Have a comment, idea, or suggestion for improving our website? Contact our web team. We are always available to gladly assist.

The Colorado ESA Web Team,
Bonnie, Kathy, & Candie



ESA FOUNDATION REPORT

ESA Foundation Report

May 19, 2023

As of May 15, 2023 Colorado has 51 individual members and 18 Chapter or Council members in the ESA Foundation.

During the past year 3 new individuals were added to the roster: Susie Hitchcock of Beta Alpha, Nancy Trebella of Beta Zeta and Eric Havelick of Kappa Iota.

On Tuesday July 25th the Foundation will have a kickoff “Under the Big Top” at National Convention. On Thursday July 27th the Annual Foundation meeting will take place from 2:00pm to 3:30pm

Nancy Trebella
Colorado ESA Counselor





ESA FOR ST. JUDE

This was a great year for our State Council and all the Chapters. This year we continued with the program call \$50 for 50 Challenge. All Chapters were doing this along with many other fundraisers for St. Jude.

The fall and spring board meeting drawings for the Swarovski piano that will be drawn at state convention. This will help our new president, Karen Addison to attend the IC Challenge and raise money for St. Jude. The monies raised from the piano will be donated to St. Jude.

ESA is the hospitals largest third-party donor. In 2019 ESA celebrated reaching a threshold of over 300 million in cash and pledges to support St. Jude Childrens Research Hospital. Please remember to use the ESA donation form and that this report is due April 1st of each year to your St. Jude Coordinator.

Chapter projects complied from ESA for the St. Jude Report Forms

- 2022 Bags for Bucks
- Holiday Tea
- St. Jude Walk-Run
- Barnes & Noble Gift Wrapping
- Bake Sales
- Bunco Parties
- Private and Memorial Donations
- And of course, the Dream Homes

I have enjoyed all of your calls as you were planning your activities throughout the year.

I will miss that!
Shirley Conway
St. Jude Coordinator



BOOK CLUB



All books considered book club membership continues to grow. We started with seven members from Beta Zeta who love to read. Friends asked if they could join, and now 4 years later we have fourteen members.

WE meet once a month at a member's home and enjoy discussing the book we just read along with delicious food and beverages provided by the hostess.

We consider all books and quarterly decide on the next three books for the quarter. This way we jump ahead if we so choose.

Some books we have read in the past year include:

- Band of Sisters by Lauren Willig, based on a true story of women from Smith College who went to France during WWI to help civilians affected by the war.
- To Love and be loved by Jim Towey, a portrait of Mother Teresa.
- The Orphans of Mersea House by Marty Wingate. A charming story that takes place in 1957 post-war
- Wish you were Here by Jody Picoult. A modern tale with a twist I won't spoil for you.
- Maybe you should Talk to Someone by Lori Gottlieb. A therapist's story from a personal view.
- Behold the Dreamers by Imbolo Mbue. A tale of the 2008 banking collapse told from several perspectives.

Nancy Trebella
Beta Zeta #3149



MESSAGE FROM BETA ZETA



Golden Lamp Article-May 2023
Beta Zeta #3149 Canon City

Beta Zeta finished out the sorority year in fine style!

Our Founder's Day celebration included a dinner with Omega Chi gals from Florence. The Abbey was a beautiful setting and our table favors of violas in little pots offered a touch of Spring. Officers for both chapters were installed by Nancy Trebella.

Nancy Bosse was also recognized as Woman of the Year for 2023. As always, Nancy was involved in guiding our chapter to fun socials, successful fundraising, and interesting ideas for educational programs, all the while being her fun, generous self. Congrats to Nancy!

Marsha Horn presented our \$1000 Scholarship to CCHS graduate Rachel Duvall at the Honors Night. Our group is always thrilled when we can encourage young people to fulfill their goals and dreams.

Nancy Trebella and Carol Dunn attended the 77th Colorado ESA Convention here in Canon City and collected a few awards for our chapter. We garnered Third Place for Golden Lamp reporting and Third Place honors for Beta Zeta's Educational programs. Our members Mary Elin Stratton and Mary Sandner were also beautifully memorialized at the Celebration of Life on Sunday morning in the Abbey Chapel.

As Nancy Bosse's year came to an end the Wind-up party featured a "Belvedere Dinner", serving spaghetti, authentic Belvedere salad, and Wine Sauce on ice cream, to help us remember good times at the iconic local restaurant.

Beta Zeta is looking forward to Donna Kilfoyle's term as president for 2023-2024.

Carol Dunn
Publicity Chair





MESSAGE FROM ALPHA OMICRON

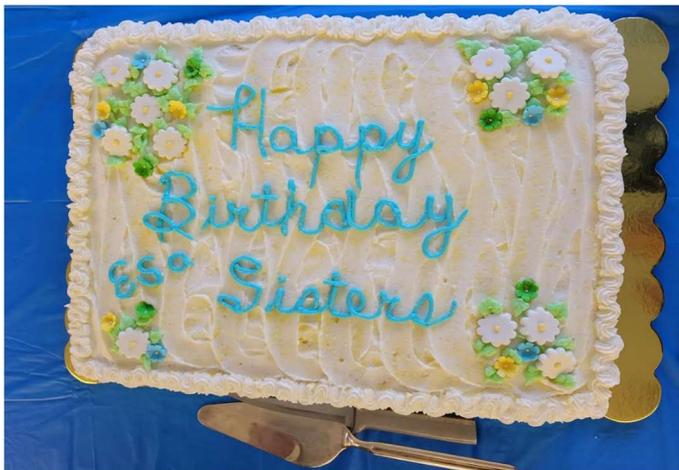


Our chapter had its end of the year celebration in May. Our social committee (Barb Preston, Sue Anton, Jacque Williams, and Vivian Poe) did such an amazing job making it a memorable evening. Their decorations were beautiful, and they organized our installation for next year.

We also celebrated all our members' birthdays with a delicious cake made by Diana Wood. We will still have a few events and meetings throughout the summer.

We met at the beginning of the week to go over our philanthropic events for the upcoming year. I am looking forward to all our chapter has coming up.

Love in ESA,
Jenniffer Carlson-Mazza
Alpha Omicron #770
Chapter President



MESSAGE FROM GAMMA CHI

Gamma Chi News

Gamma Chi sisters had a fun time at Convention. Deena, our newest member, attended, too. It is always enjoyable to catch up with our sisters from around the state.

Our chapter continues to keep busy and involved in many activities. We continue to volunteer every month at the Food Bank and Community Kitchen. As we work at those places, we reaffirm the need to help people in our community. They generally are very appreciative of the assistance.

On February 25th we were honored at the Loveland City Council meeting by a Proclamation for 55 years of service to the community.



MESSAGE FROM GAMMA CHI CON'T

In March we again held our Bunco Party, and it was very well attended. The money was raised for Alternatives to Violence, our President's philanthropic project. All the participants enjoyed themselves and were understanding as we packed 80 people in the room. It is obvious we must look for a bigger facility next year. We aren't complaining, it definitely is a great problem to have.



We were fortunate to be able to donate to numerous groups. These are some of them:



Kayla Foundation

MESSAGE FROM GAMMA CHI CON'T



Veterans Honoring Veterans



Thompson Education Foundation

MESSAGE FROM GAMMA CHI CON'T

April was busy with three activities. We held our 4th Blood Drive in the parking lot of Golden Corral. It was in honor of our President Riki Johnston. By the end of the day 19 pints of blood were donated. Culver's gave us shirts to wear and we handed out cards from Culvers that said, "Give a pint, get a pint."



MESSAGE FROM GAMMA CHI CON'T

Last year we helped with assisting high school girls pick out free prom dresses and accessories through the Thompson Education Foundation. This year Kelly, who collects all the items, held it in a store front at the Promenade shops in Loveland. It was open every Friday and Saturday throughout the month. Five members enjoyed helping the girls try on dresses, shoes, and pick accessories. This year Kelly even had clothes for boys. It was open to all Northern Colorado students.

At the end of the month, we held a social at Kerry Dates house to play a different version of Bingo using a deck of cards. Riki attended and all of us had a great time. It was wonderful having Riki join us.. We also had a new member Deena Gregory attend the social.

In May we had our last meeting and Culver's donated dinner to everyone that attended. Two days later we were back at Mirasol Event Center to watch the ESA Founder's Day Zoom event. We enjoyed snacks and wine as we watched the event.

Gamma Chi wishes all our sisters a great summer and we are looking forward to September.

Happy Summer,
Pam McGee





MESSAGE FROM ZETA NU



Cross Country Bike Ride to Save Lives

Let me introduce you to two **HEROES** on a mission! With 140 years between the two of them, they are riding their bikes (pedal man-powered) from Santa Monica, CA to

Tell your chapter, tell your family, and tell your friends. Let's spread the word!



Sarcoidosis and kidney donation awareness.

Tom Taylor aka Tommy is making this journey in honor of his late wife, Thoko. Thoko passed while waiting for a lung transplant. Thoko left her country of Johannesburg, South Africa as a refugee with two small children to the US. Thoko became a labor and delivery nurse in Barstow, CA and was an inspiration to many. Thoko's son received a donor heart at infancy, but sadly passed away only 2 weeks prior to Thoko's passing.





MESSAGE FROM ZETA NU CON'T



John David Norton aka JD is making this journey in honor of his 8-year-old grandson, Broderick. Broderick came into this world enduring a traumatic birth injury and he suffered a stroke during delivery. Broderick has stage 4 kidney disease, but he is a TROOPER! He knows the ins and the outs of his disease. He is big brother and a little brother in the 3rd grade. Currently, he is being home schooled with the hope of receiving a kidney so he can go to school with all the other kids his age. He is an active boy! He loves Super Mario, riding his bike, and playing in the pool. Broderick absolutely loves to make his sister giggle and is the sweetest big brother to her.

The wait list has over 104,000 patients waiting to receive an organ. 17 people on the list die waiting everyday as ten new names are added to the list.

Please use these links to donate:

<https://www.gofundme.com/f/sarcoid-bike-tour>

<https://www.kidneyfund.org>

Kelli Martin, Zeta Nu #5608
kccmartin@msn.com



<https://www.gofundme.com/f/sarcoid-bike-tour>



MESSAGE FROM ZETA NU CON'T





MESSAGE FROM KAPPA IOTA



Kappa Iota chapter is off to a good start for the next year. Lori Anderson is the new Vice President, Nancy Cameron is the new state Chaplain, Leslie Stevens is the new Recording Secretary, and Eric Havelick is the new Educational director. We will have a busy year.

Memorial Day weekend was the start of the Farmers markets in Ridgway and Montrose. Our first drawing is for a throw quilt. We put together a QR code for our donation page. So now when people see us at the Farmers market and say they don't have cash, we offer the option of the QR code. It is already helping us sell more tickets!

I am looking forward to being your educational director for the coming year. We are going to have fun. My contact info is:

Eric Havelick

Eric.havelick@gmail.com

303-550-6851



MESSAGE FROM PI SIGMA

Hello ESA Colorado Friends from our newest ESA Colorado Chapter
Pi Sigma #5621 Johnstown, Colorado.

A HUGE thank you to our ESA HQ team who processed our new Chapter application so fast. I appreciate all their help and encouragement. How to find new members in ESA? Look around, even in your own household, there are new potential ESA members.

Hello from Pi Sigma:

Patty Ehrlick - pledged ESA in 2/1/1984, Lifetime ESA Member, current CSC Lamplighter President & is our Chapter Pi Sigma Treasurer as well. Her ESA credentials and love of serving in ESA are way longer than this article will be. She has sponsored her husband Mark Ehrlick as a new member in our Chapter Pi Sigma.

Mariah Morris - is my daughter, joined ESA as an ELAN and pledged ESA 3/1/2022. She graduated High School last year and is finding her place in this world. She has sponsored her boyfriend Camron Monroe as a new member in our Chapter Pi Sigma.

Susie Morris – I pledged ESA in 5/1/2013 sponsored by my long time friend Ruth Wilbanks (RIP 2016). I am a Lifetime Foundations Member, incoming CSC St Jude Coordinator & our Chapter Pi Sigma President. I have sponsored my husband Tom Morris as a new member in Chapter Pi Sigma.

As a Chapter, we hosted a watch party for ESA ZOOM HQ Founder's Day May 11th. It was such a treat listening to so much ESA wisdom from all over in ESA. We are looking forward to another Chapter watch party June 1st for the ESA ZOOM HQ National New Member ESA Orientation as well.

In our upcoming Chapter meetings and socials, I am looking forward to learning together how our new Chapter can serve in ESA.

LOVE in ESA,
Susie Morris – 2023/2024 Pi Sigma #5621 President



ADI'S PAGE

Well Adi has so much going on these days, I went ahead and gave her her own page.!

As some of you know, Adi is my 5-year-old daughter. She just finished kindergarten. In this past year she has put her heart into raising money for the kids at St. Jude. For her 6th birthday she asked if she could get donations for St. Jude instead of receiving birthday presents.

The last few months she has been raising money for her birthday wish. Her first goal she set at \$1,000.00. She met that goal and raised her goal to \$2,000.00 as of now she is at \$1,600.00. She has been doing cookie stands and bake sales. In the past year between a lemonade stand, the 5K walk in September, and her current fundraiser she has raised a total of \$3,713.00. Her ultimate goal according to her is \$10,000.00.

At State Convention Adi was recognized for all she has done for St. Jude. She received a certificate, a tiara, flowers, a stuffed dog, and a backpack from St. Jude full of goodies. Thank you Vickie for all you did for Adi!! She also received more donations during State Convention. Unfortunately, I wasn't able to write down everyone's name so Adi could send thank you notes, so please know she is very grateful for all the donations. Adi also just became a member of Elan, and was also interviewed for the upcoming Journey.

If you know of an event where Adi could come and set up her cookie stand please let us know. We would love to come and set up her table. All her cookies are packaged and has her website on them so people who donate can see where the money is going. All cookies are by donation only. Her fundraiser will be through the end of July.

This is her fundraiser website through St. Jude if you would like to follow along with her birthday wish.

http://events.stjude.org/Adi_6th_Birthday_wish



Forgotten Gems

From the CSC Lamplighters

This is fifth in a series based on the educational presented at the CSC Fall Board meeting, where members learned that Colorado has played a very interesting part in the history of Epsilon Sigma Alpha.

Although our organization was founded in Texas and incorporated in Missouri, Colorado has played a major historic role in ESA history.



On a cloudy, drizzling June 17, 1976, ESA members and dignitaries gathered in Loveland, Colorado, for the dedication of the new ESA Foundation World Center building. Charter buses drove up to the beautiful building and members disembarked along the avenue of flags, each flag representing states and countries in which ESA chapters were located.

On hand for the dedication included E. Robert Palmer, Dixie Palmer and Jeanne Parker, Foundation Executive Board Chairman.

Unfortunately, later that same year, the Big Thompson Canyon flood occurred inundating the first floor of the building destroying many documents and historical memorabilia. The building was later sold and not replaced.





MONTHLY GEM FACTS



June Birthstone

· Pearl ·



People have coveted natural **pearls** as symbols of wealth and status for thousands of years; the oldest written mention being in 2206BC. In ancient China, pearls were believed to guarantee protection from fire and fire-breathing dragons. In Europe, they symbolized modesty, chastity, and purity.

July Birthstone

· Ruby ·



A **ruby** provides strength, vigor, and nobility, helping protect its wearer from the evils of the world. It signifies love and passion while attracting good luck.

RECIPE CORNER

Super Simple American Flag Sugar Cookie Cake Recipe

Ingredients

- 2 17.25 oz packages dry sugar cookie mix
- Ingredients needed for desired cookie mix
- 1 can whipped white frosting
- 1/2 pound fresh strawberries
- 50 blueberries

Instructions

1. Preheat oven according to package directions. Lightly grease a large rimmed baking sheet, approximately 12×17.

2. Prepare sugar cookie dough according to package directions. If it gives you the option of making drop cookies or roll out, use the drop cookie instructions. Spread evenly into rimmed cookie sheet.

3. Bake according to package directions, plus an additional 8-10 minutes or until the whole giant cookie is lightly brown.

4. Allow to cool fully and frost.

5. Do not add fruit until 3-4 hours before serving. Carefully eyeball the cake in half. In the top left-hand corner, add 50 blueberries. Break cake into 7 stripes, add strawberries.

6. Refrigerate until ready to serve.

Summer Punch

Ingredients

- 64 ounces fruit flavored club soda
- 2 cups Pineapple Juice
- 2 cups Orange Juice
- Sliced fruits for optional garnish
- mint leaves, optional garnish
- ice cubes

Instructions

1. In a pitcher, mix together the pineapple and orange juice. Mix in fruit and fruit juice ice cubes (recipe below).
2. Add in a can or two of the club soda, depending on the size of the pitcher and your desired intensity of flavor.
3. Fill each glass halfway $\frac{3}{4}$ full with the summer punch. Top with additional seltzer for more fizz.

Garnish with mint. Serve and enjoy.

Flag Ceremony Colorado State Convention – 2023

As we gather here today to open this 77th annual Colorado State Convention of Epsilon Sigma Alpha, the Colorado Lamplighters are honored, to once again, present the flag ceremony. Every nation or clan has designed some emblem to symbolize the principals for which its people stand. No matter what form the emblem might take, it's ideals and principals have inspired its people to follow it. Today we honor those flags which are symbolic of our heritage, our beliefs, and our ideals.

Will the honor guard please take your places.

Our Flag which represents the **ESA Foundation** is being carried by Pam McGee, State president 2021-2022.

I am the flag of the ESA Foundation. My blue and white colors represent the fidelity of purpose and the purity of heart, which guild the foundation's mission. This mission directs its membership to help people live with dignity, to bring comfort to the distressed, and to make the world a better place in which to live.

"Serving the world community...because we care" is the moto of the ESA Foundation. The foundation began in 1970 and the purpose of the foundation is to develop and assist in the funding of philanthropic activities, educational programs, and implementing the scholarship program that continues to grow each year. We pay tribute to this banner, dedicated to the ESA foundation, and its members, an organization of members helping members, ESA members dedicated to the needs of our society today.

The ESA flag representing Epsilon Sigma Alpha members, is being carried by Sandy Alexander, State President 2008-2009.

I am the flag of blue and gold, symbol of fellowship. All the ideas and Ideals of our comradery are symbolized by our ESA Flag.

Let us celebrate ESA, for ESA is a celebration of Love and Friendship...of achievements and exciting new goals. We pay tribute to our founders who made possible the opportunities for like-minded members everywhere to clasp hands for the right to be of service. Under the ESA banner, millions of dollars have been raised, untold friendships have been formed, and new meaning has been brought to the word "commitment". ESA is an organization which for 94 years has been focused on expanding our horizons through education, sharing our talents and resources, and bonding its members in a meaningful association of friendship. ESA we salute you!!

The Garnet is regarded as the gem of faith, constancy, and truth. **The flag representing All Faiths**, is being carried by Billie Jean Farnham, State President 1969-1970.

I am the flag of all faiths. My green represents the spiritual growth in our lives, while the White dove of peace serves as a reminder to keep within our hearts a prayer for peace and love throughout the world. I am a symbol of all our faiths, without regard to denomination, creed, or sect. Every faith around the world acknowledges a higher power that instills within us the knowledge that we are loved, the desire to be the best that we can be, and the responsibility of promoting a world order of peace and good will. That peace begins with you and me as we pay tribute to the energizing force in our lives. This symbol ... representing one of the 4 great freedoms, freedom of religion. Give us continued strength courage and faith to serve mankind and one another.

The Gem Stone of Arizona is Turquoise. Presenting the **Arizona Flag** is our honored guest Patti Gale, International Council Workshop Coordinator, 2022-2023.

The Arizona state flag is divided into two halves. The top half consists of 13 alternating red and yellow rays which represent America's thirteen original colonies. Because Arizona is a western state, the rays represent a setting sun. The colors of the rays refer to the red and yellow of the Spanish flags carried by Coronado when he came to Arizona in 1540. The bottom half of the flag is a solid blue field, the same color as the blue in the United States Flag. A large copper colored star is superimposed in the center of the flag. This identifies Arizona as the largest producer of Copper in the United States. Arizona, we honor you!!

The gemstone of Colorado is the Aquamarine. The **Colorado Flag**, is being carried by Kathy Garrison, State President 2017-2018

I am the flag that proudly flies over our beautiful state of Colorado. The colors used in our state flag are symbolic of certain geographical features of the state. The gold stands for the abundant sunshine that Colorado enjoys. The white symbolizes our snowcapped mountains, the blue stands for the clear blue skies in Colorado while the red represents the ruddy color of much of our states earth.

This flag was officially adopted on June 5th 1911 and was designed by Andrew Carlisle Johnson. Colorado became a state in 1876 and is known as the Centennial state. The majestic Rocky Mountains stretch through the heart of Colorado offering, to the world a place of scenic beauty and recreational opportunities. Yet there is more to Colorado than its mountains there are fertile farm and ranch lands...spacious prairies... colorful desserts ... and we all come from these areas representing the many contrasting lifestyles from across our state. Colorado, we honor you!!

The Gemstone of the **United States of America** is the Sapphire. The Flag that represents our great nation is being carried by Mary Humphrey, State President 2012 – 2013.

I am Old Glory – with the red of the sun for courage, white to represent liberty, blue to represent the heavens, my stars and stripes have waved over this nation for 246 years!

I was born on June 14, 1777. I am as old as my Nation. Today fifty stars signal from my union, one for each of the fifty sovereign states in the greatest constitutional republic the world has ever known.

I embody American freedom: Freedom of Speech, Religion, Assembly, the Press, and the Sanctity of the home.

Our nation has survived countless wars and civil strife. Let us be quick to show our gratitude to our country and be thankful for the daily privileges we have because of those who gave the ultimate sacrifice.

Let us renew our pride and responsibility as citizens of this great nation by repeating together the pledge of Allegiance.

Pledge of Allegiance by all

Flag Bearers and Honor Guard are dismissed. Thank you Lamplighters
Patty Ehrlick
Lamplighter President
2022 – 2024

Retirement of the Flags

As we come to the close of this 77th, Colorado State Convention, seal within your hearts the joy, faith, and renewal of the friendship and love you have found here this weekend. As our pledge to the future, let us once again to salute and honor the symbols of our heritage, our world and our lives.

The **ESA Foundation Flag** is retired by Pam McGee, and represents the Foundations motto: “Serving the World Community Because We Care”.

The **ESA Flag** is retired by Sandy Alexander, and it represents all our principles, heritage and all things Charity, Love and Loyalty.

The All-Faiths Flag is retired by Billie Jean Farnham, and represents our faith in a higher power.

The **Arizona Flag** is retired by our special guest Patricia Gale and represents the membership of Arizona as belonging to the sisterhood of ESA.

The **Colorado State Flag** is retired by Kathy Garrison and represents the beautiful state we call home.

The flag of the United States of America is retired by Mary Humphrey, and it represents all who are privileged to call themselves American!

We give thanks for all the things we call free, decent, and American. They did not just happen to us...We did not get them because we were wiser, more clever, or even luckier. The conviction is the sum of many beliefs and experiences. The belief in dignity of every human being. The belief in a real right and wrong. The belief in decency, honesty, and integrity. The belief in responsibility, under God, to our fellow men and women wherever they may be. For these beliefs, and the America way of life, we give thanks. We affirm our ideals, we remember, and we promise a better tomorrow.

Lamplighter Honor Guard, Thank you for your gracious service. You are dismissed.

Madam President the flags are now retired.

Patty Ehrlick
Lamplighter President
2022 - 2024

**Golden Memories
CSC Convention
May 19-21, 2023
Canon City, CO**

Thank you to all who participated in sharing your favorite ESA memories this weekend. Here are the written as well as pictorial favorite memories:

From Alice Robinson:

“Memphis IC Convention – wrapped up in tablecloths. ... left Joyce Fuller walking out of her underwear.”

“At the end of St. Jude workshop, 3 of the St. Jude patients got the mic and sang ‘Angels Among Us’”.

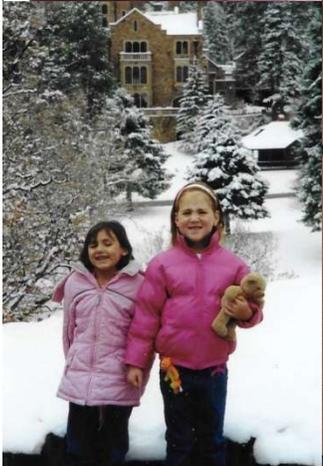
“Riding with Millie Foley from her home to Ft. Collins to my first Leadership.”

From Cleo Cinea:

“Lovely memories of Jerry Carter, Sarah McIntyre, Sandy Boyer, Karen Smith & Penny Kenyon.”

Pictorial Memories:









Memories shared from above pictures:

“State Convention in Fairbanks, AK – ‘Soaring to New Heights’: BJ Clark was so much fun as our ESA Rep. She wanted to see a moose and looked and looked for one all the time. Finally on the last day, we all saw ONE. She was happy.”

Margaret Ames, Alaska State President, 2007-2008

“Gamma Chi Rush Dinner”

“Gamma Chi Trivia Teams”

Bonnie Gillmore

“Alice Robinson being escorted by Susan Bloss 2002”

“Presidents of our Past: Betty Turetsky, Candie Patino, Alice Robinson”

“Zeta Tau hosting our first state convention – 2000”

“Zeta Tau Hosting state convention – 2007”

Susan Bloss

“Kentucky IC Convention 2021”

Lori Anderson-Havelick

“Patty Erhlick as the PINK Bunny”

Patty Erhlick

“Memphis IC Convention – 2000”

Sandy Alexander

“79 ESA Golden Jubilee Convention – Denver, Fran Emore, Helen McSpadden, Lillian Bird, Cathy Westlake”

“79 ESA Golden Jubilee Convention - Danny receiving \$1M+ check for St. Jude”

Cathy Westlake

“Halloween VA Home -Mary & Yvonne Farrell”

“Mary Guida & Mary”

“Danielle Freels & Viviana”

“Mary, Jo Humphrey & Danielle Freels”

“Patty Erhlick with fur stole”

Mary Humphrey

“79 ESA Golden Jubilee Convention – Danny signing Betty Herder’s cast”

“79 ESA Golden Jubilee Convention – Colorado Pages with Danny”

“2000 CSC Fall Board – Aspen – Bobbi dressing Joyce”

“2000 CSC State Convention – the Fab Four with their annual ‘Tradition’”

Candie Patino

Thanks for the Memories . . .