

Volume 71, Issue 4



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The Golden Lamp Of Colorado

www.esacolorado.org

President's Message



WOW!! This month has been ALL snow ~ and COLD! However, I have heard Robins around the house here, which is a good sign. Seems a bit early to me and I've been so busy, I didn't even hear if Punsxutawney Phil saw his shadow or not!!! Totally missed it!

Gearing up for the Spring Board meeting. I think you will enjoy this one. Several of your State Officers have been working hard to make it a great weekend. I just hope there are Robins out, by then!!!

Just a couple of quick things about Spring Board... There will be Easterseals personnel at the Celebration Party, including the Director of the Camp and his family. I don't know who else is planning on being there, but if your Chapter is going to make a **cash** donation, I think it would be a great way to kick off the party, having each Chapter bring up their check and present it. Be sure to bring your checks, as well as, Wish List items.

We also have decided that we will **NOT** be having the **Executive Board Meeting** on Friday. We will be going straight into dinner around 5:00pm. This gives everyone a little bit more travel wiggle room and the Lamplighters as much time as they need for their meeting. So dinner at **5:00pm** and **TOGA PARTY** at **6:30 pm**! Who knows what all might happen?

After much consideration, I have decided that we **WILL** be having our **Sat. Dinner Out**. Several had expressed a desire to eat before heading home, so we will be going to Tommyknockers, in Idaho Springs. I need an accurate head count, so please, don't forget to check the box at the bottom of the registration form, letting me know you're planning on going with us. Please remember, registrations are due by **February 23**. That's not too far away now.

Had a wonderful time at **Zeta Chi's Bunco Party**! Met a bunch of new people and had a bunch of fun with old friends.

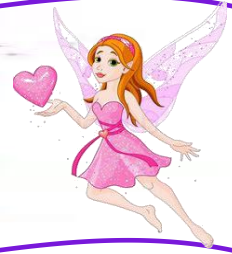
Jay and I also had a great time at the Broncos game! What an experience. By the 4th quarter, though, our bones were beginning to chill, so in terms of weather, I think we really lucked out!! It was really ironic, too, that the Stanley's had sold off another of their tickets right next to us and it sold to a **Cleveland Browns fan**!!! LOL! He was a nice fellow, though and I enjoyed talking with him. Check another thing off the ol' Bucket List!!!

Since our illustrious leader went and broke her leg skiing, I've decided to extend the **Bumper Sticker Contest** another month while she is recovering. The new deadline to get your entries in for the **\$50** cash prize is **March 15th** and we will announce the winner at State Convention. That will give me time to get them printed. Remember, it has to have ESA in it and it needs to be family friendly. I know there are still some great ideas out there, so get them to me by Spring Board.! We have six (6) entries so far, by the way!

I hope many, many of you are planning on coming up to Empire. It will be fun!

HAPPY VALENTINE'S DAY!!!

Officer's Reports



President ~ Elect

HAPPY NEW YEAR TO ALL,

Hope you all had a wonderful Christmas. Now that the holidays are over ,I am getting back into the ESA mode.

Just a reminder: Nomination forms for Colorado State Council offices must be **postmarked** by February 15, 2019.

I would prefer to have the nominations in earlier if possible.

I'm looking forward to a great year with all of you.

I'll see you in March at the State board meeting at the Easter Seals Camp.

Loydette Knight

HAPPY VALENTINE'S DAY!



Scrapbook Chair

Hi everyone,

This will be short and sweet.

I still need lots of pictures from every chapter of what have you been doing. Please, please send them.

Eric and I tried going to go see the sculptures in Breckenridge, but never made it because of the cold, wind and snow. Maybe next time. Our chapter tried to go see the Ice Castles too, but we didn't make it, due to some illnesses and the weather.

I am continuing with the Physical Therapy in Ridgeway and will start Speech Therapy in Montrose this next week. I know it won't be as hard as the last time because I know how to swallow and eat, this time!. This will be another learning experience.

Our family is getting ready to spend Christmas in Basalt the week of Feb 16th. It is our tradition. I might just be able to try the Hot Springs. We shall see.

Looking forward to seeing everyone at the Spring Board Meeting.

Please remember to send pictures!!!

Thanks so much,
Lori Anderson

loriandersonhavelick@gmail.com



Educational Director

Hi all you ESA Sisters,

I hope you all have been wowed by the wonderful Educational Programs your chapters have been working on. I am so excited to know all about them.

If you have more to complete, you still have a little time.

All your forms containing info on your educationals are due to me no later than April 1, 2019.

You will need 6 completed Educational Reports to receive a Golden Link Award. Let's shoot for having every chapter win it!!!

In my Chapter, Zeta Tau, our Educational Chairman, Susan Bloss, did something a little different this year. Every member was asked to do a presentation. It was so fun and interesting and everybody got involved.

Attached is a Chapter Educational Report Form. Please fill them out and send to me. If you have any questions or need any assistance please let me know.

Hope to see you all at Spring Board March 15-16. I'm sure it will be very 'Educational' and Fun as we welcome our own Holly Reed to present an interesting workshop. You'll love it!

Margaret Ames
1115 Knollwood Cir
Monument, CO 80132
907-250-3141 cell



Corresponding Secretary/Publicity Chair

Happy Ground Hog and Valentine's Day, all you beautiful ESAers!!

Just a few reminders:

It's not too late to help me reach my goal this year of having every Chapter with a Proclamation from your City Mayor!! We might not have it for ESA Day, but it's still a good thing to get and next time around, it will be easier, cause they already know you!!! I know many, many of your Chapters are highly regarded in your communities. This is a good way to further reach out to your communities.

It can also be consider Publicity!! (like my segue?)

Please remember to get your Publicity Reports to me by **April 1st!** Not postmarked, **TO ME.** I am looking forward to seeing all the great things we've done in getting our name out there!!

Spring Board of course, is coming up really fast! Please get your Registration Forms in no later than **February 23, 2019. This is really, really important, this time.** It's not like a hotel where we can just add another room! It could really put wrinkles in the sheets if someone just shows up!! So **PLEASE**, get your Registrations in, **ON TIME!** Also please note whether you will be going to the Dinner Out. Even though most won't be staying over Sat. Night, there will still be a dinner outing Sat. Night.

See ya all there!
Nancy Cameron, CSC Corr. Sect.



Chapter Educational Report Form

Chapter Name and Number: _____ State: _____

City: _____ Meeting/Presentation date: _____

Yearly Theme: _____

Topic of this Program:

METHOD OF PRESENTATION {Check any that apply)

- ☐ Member's Oral Report (name)
- ☐ Guest Speaker (who/title)
- ☐ Visual Aid Program {kind and type}
- ☐ Reference Listing (book or magazine)
- ☐ Other: (explain - internet, pamphlets, etc.) _____

SUMMARY: (Briefly summarize the program and attach a more complete narrative or outline stating all major points emphasized so the program can be fully understood)

COMMENTS BY THE EDUCATIONAL CHAIR: (Value to chapter/community. general comments about the presentation and chapter discussion)

CHAPTER EDUCATIONAL CHAIR:

PLEASE SEND TO:
STATE EDUCATIONAL CHAIR:

Name:
Address: .
City:
State and Zip Code:

Name: Margaret Ames
Address: 1115 Knollwood Cir
City: Monument,
State and Zip Code: CO 80132

ESA For St. Jude

HAPPY VALENTINE'S DAY!!

I hope you all got some sweets! If not, go by yourself a candy bar. You deserve it!!

I do apologize, as I have not gotten tickets out to each chapter for the raffle this year. This is due to health and work issues over the past few months!

Tickets will still be available at Spring Board, although I won't be there, as I am having knee surgery the day before and I think it might be a bit early to be going on trips! LOL! But I will be thinking of all of you having such a great time!

The Denver, KYGO Country Cares Radiothon was a great success bringing in a grand total of **\$318,640** in pledges for Danny's Kids. Thank you to everyone who signed up to help take calls. Please think about signing up next year. We need ESAers more than ever now.

A quick reminder, that any donations need to be to me no later than April 1st. This gives me time to get my report in order.

We have had a great year, again for St. Jude and each of you should be very proud of what you have accomplished.

Hope to see many of you at State Convention in Ft. Morgan! I know it will be a great time and celebration!

Love to all

Karen Pearce
ESA For St. Jude



Disaster Fund Chair

For those members who may be new to ESA, I would like to remind you that the purpose of the Disaster Fund is to assist ESA members whose home and/or personal belongings are destroyed or damaged extensively by one of nature's causes – fire, flood, tornado, etc.

Assistance may also be given when a member incurs heavy financial responsibility due to a debilitating illness or accident, which involves the ESA member or their immediate family who reside in their home and for whom they are legally responsible.

One can never anticipate when disaster money will be needed. \$5,000 is the maximum amount given to a member of a Disaster claim. The International Council Disaster Fund Chair determines the total amount to be paid based on the nature of the claim.

To date, Colorado has not submitted any claims. If anyone in your chapter does have a need, please contact me.

I want to thank those who have donated to the Disaster Fund. To date, I've turned in donations totaling \$2,655 from:

- Three individuals
- 4 Chapters
- 2 Councils
- Lamplighters
- Raffle

To date donations to IC have totaled \$10,589.75 and there have been 6 claims paid for a total of \$25,312.95.

Please consider the Disaster Fund this year when you are designating where your philanthropic funds should go.

All checks are to be made payable to the ESA Disaster Fund and mailed to myself, the State Disaster Fund Chair (1981 Sundrop Trail, Highlands Ranch, CO 80126).

Hugs,

Kathy Garrison
Disaster Fund Chairman
2018-2019

Standing Rules Changes



Colorado State Parliamentarian
Debbie Spear

At the Fall Leadership Meeting in Frisco, Colorado there were two Standing Rules changed, voted on and passed.

A motion was made to allow the Golden Lamp Editor to set the price for **printed subscriptions to non-Presidents** each year.

It was seconded, motion carried.

TO READ: Item 4. Colorado State Council Standing Rules

The State Council shall sponsor a newsletter, The Golden Lamp, publishing six (6) issues per year in the months of August, October, December, February, April and June. The deadline will be the first of each month and published on or before the fifteenth of each month. **The cost of printed subscriptions for non-Presidents, shall be set by the Golden Lamp Editor each year.**

It was proposed that the pin fines be increased from \$0.25 to \$1.00.
It was seconded, motion carried.

TO READ: Item 5. Colorado State Council Standing Rules

Members not wearing their sorority pin at State Council meetings will be fined **\$1.00 (One Dollar)** with the proceeds going to the State Treasury.

“Standing Rules may be amended or rescinded by two-thirds (2/3) vote of the General Board”

They are not subject to the “every other year” clause the ByLaws are.

These changes will be posted on the Web Site and published in the Golden Lamp.

Hope to see everyone at Spring Board!

Debbie Spear
Colorado State Parliamentarian



Philanthropic Chair

Hello and Happy New Year ESA Sisters,

I'm looking forward to seeing you all at CSC Spring Board in Empire, CO this March.

I'm writing to remind you that as your CSC Philanthropic Chairman, to please send or email your Chapter Philanthropic reports to me by **April 1st, 2019** or earlier if possible.

Please mail to: Susie Morris, 16815 Howlett Pl, Mead, CO 80542 **OR** email to: smilesatyou@gmail.com and attach - either way by **April 1st 2019**

Included is the Chapter Philanthropic report with my address & email on the form, so please follow your Philanthropic guidelines. Also, the Philanthropic form is on the esacolorado.org website under forms as well.

I also want to give a **Special Philanthropic SHOUT OUT** to Denver Epsilon Council. They had two **Philanthropic Projects** during the Holidays!

I had a great time at their Christmas Party playing the part of a Reindeer! Was great fun!

I also got word from **IC Philanthropic Chair** that the **2018 - 2019 mileage rate is \$0.54.5/mile**. I have changed the report form below to reflect that rate.

Thanks to everyone for serving others through ESA.

LOVE in ESA

Susie Morris – CSC Philanthropic Chairman
Sigma Rho #5014
smilesatyou@gmail.com

Golden Lamp Editor

Another issue put to sleep!

It is now officially **MUD SEASON!!**.

I know this from all the paw, fairy and Hubby prints, gracing my kitchen floor! I'm doing "mops" in between articles cause I can't **STAND IT!!**

Just a reminder, that there will only be one more issue before State Convention, so if you want to qualify for the **Star Reporter**, you have one more issue to get your six articles in!

I'll take anything!! You can send me recipes at this point and I will publish them!

You can send me pictures as well. Always like pictures!

Hope everyone is planning on coming to Spring Board. Sounds like a hoot!

Until then,

Keep your wings dry, ladies!!

Lillianna Shimmermist
Golden Lamp Editor



COLORADO STATE COUNCIL
ANNUAL PHILANTHROPIC REPORT FORM
Due by April 1ST 2019, please send earlier if possible

Date: _____

Send to: **ESA CSC Philanthropic Chairman – SUSIE MORRIS**
16815 Howlett Pl, Mead CO 80542
Or email to smilesatyou@gmail.com

Chapter Name and Number: _____ City: _____

Chapter Philanthropic Chair: _____

Phone: _____ Email: _____

(Reporting period April 1st 2018 through March 31st 2019)

	A Hours	B Cash Monies	C Donated Goods	D Donated Miles
Chapter Projects				
District/Zone Projects				
State Projects				
International Projects				
TOTALS		\$	\$	

Total Hours - A				
Total Cash Monies - B		\$		
Total Donated Goods - C			\$	
Total Mileage x IRS Rate (Rate is \$.545 for 2019)				\$
TOTAL (B, C, D)				\$
Number of Chapter Members				

Refer to Philanthropic Service Guidelines for how and what to count. Thank you

Chapter & Council Reports



Beta Zeta #3149 ~ Canon City

The inaugural St. Jude Hospital Fundraiser was held in Cañon City on January 19, 2019. The event was sponsored by several local businesses including Cañon Signature Mortgage, the Daily Record and Shopper and Rocky Mountain Coors Distributing. The event was hosted by Cañon City Bikes and Brews, a popular local watering hole. The place was packed during the afternoon, spilling out into the patio to enjoy the warm sunshine.

Beta Zeta sisters Nancy, Carol, Kathe, Renee and Mary were happy to help with the silent auction. Several of our gals contributed items to the auction, including a cute "Sailing, Sailing" quilt by Nancy T. and a beautiful necklace set from Billie Jean.



We were also able to share the story that ESA has been a huge contributor to St. Jude for decades. Folks were interested to learn about the millions of dollars that Colorado ESA and the Dream Home Raffles have given to help children and their families devastated by cancer.

At the end of the day, the generous and fun-loving folks of Cañon City raised nearly **\$12, 000** for one of ESA's favorite project.

Looks like Cañon City loves St. Jude, too!

Carol Dunn Reporting.



Kappa Jota #5442 ~ Golden

With the Dream Home wrapped up, we immediately launched into the KYGO Country Cares Radiothon.

KI put in 45.5 hours total and our portion the monies credited was over \$27k! Not bad for a weekend! Georgia didn't work the late shift, so didn't get in the picture, but she put in her hours!!



Nancy Cameron, Paul Donovan of KYGO, Karen Pearce, Mary Humphrey, Mary's Granddaughter, Jessica and Vickie Chavers-Bruso

We needed to take a break in January, with only one meeting!!!

Now we are getting ready for Spring Board, more Educationals, shopping for Easterseals and getting all our Reports in order.

Four of us will be attending State Board. Karen's knee operation will be the day before, so we decided to let her have the weekend off! :)

Hope to see many of you there!

HAPPY VALENTINE'S DAY!

Nancy Cameron

Epsilon Epsilon #1896 ~ Denver



December found us knee deep in preparations for our 9th Annual Holiday Tea at the Manor House. It was a tremendous success with 105 ladies attending.

We had many first time attendees this year with several interested in ESA. This is a great time for us to let everyone know just what we do.



We had a very successful Bake Sale before the Tea. It is always so much fun to see just how many items

we can come up with to make it fun! We had beautiful weather and lots of help from our friends to make it happen. The photo is just a small portion of our Bake Sale items. Next year will be our 10th Annual Holiday Tea and we will be planning some big surprises so we hope you plan to join us.



On December 11th we attended the DEC Christmas Party at Joyce Fuller's home. What great food! We played ring the reindeer again and Susie Morris was great as the reindeer!!!

We have had three great educationals so far this year. We visited the Dead Sea Scrolls exhibit at the Museum of Nature and Science. We learned about Humming Birds and also took a trip to Normandy France to learn about D Day.

JoAnn and Kathy attended the Zeta Chi Bunco Party on Saturday, January 26th and had a great time visiting the ladies. Had better luck this year, didn't win the big loser prize!

Happy Valentine's Day!

The Scribe

Theta Eta #2810 ~ Denver

Happy New Year!

Theta Eta enjoyed a lively December, both socially and philanthropically!

Our Christmas party was held Dec. 7, with dinner at the Black-Eyed Pea, followed by a musical version of "A Christmas Carol" at the Littleton Town Hall Theatre.

Epsilon Council Christmas party was on December 11, at Joyce Fuller's home.

We participated in the O'Toole's Giving Tree Project by furnishing gifts to student's attending a high-risk Denver Elementary School. Members also supplied sweatshirts to patients at Ft. Logan.

A \$100.00 Wal-Mart Gift Card was delivered to a needy family at Eiber Elementary School in Jefferson County.

Theta Eta furnished soup and cakes for a fundraiser at Highlands United Methodist Church on December 9. The profit was split 50/50 with the church.

Fifty Christmas treat bags were assembled and delivered to the Action Center.

Nuts and crafts were sold at the Epsilon Council Christmas Party. Nut Sales are an ongoing fundraiser. Coupons for military troops are an ongoing philanthropic project as well.

Theta Eta members delivered twenty five birthday bags to Eibler Elementary School to be given to students with January birthdays.

On January 17, 2019, members met at Highlands United Methodist Church to use sewing machines to make a dozen blankets for the Restore Innocence Project.

Our main fundraiser will be a chile/soup lunch at Green Mountain Presbyterian Church on February 24, 2019. From 12-2 p.m. We will serve soup, cornbread, and dessert. The fundraiser will be in the fellowship hall of the church at 12900 W. Alameda Parkway, Lakewood, CO 80228. We hope "y'all" can attend!!! We will be sharing profits with the church.

The State Board meeting is right around the corner, but so to is the Action Center's "Beautiful Junk" Sale on the same date. Some of Theta Eta members volunteer to help with that sale each year. We'll see if a few of us can get on up the mountain!!

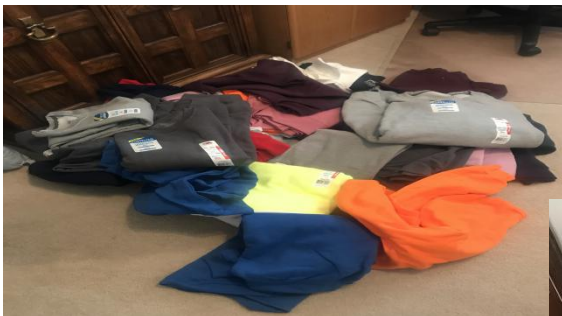
Respectfully submitted,
Marge West and Carolyn Rush

Denver Epsilon Council



Denver Epsilon Council had their Christmas Party at the home of Joyce Fuller. The food was fabulous and the reindeer games were the hit of the day. We were so blessed to have our State Philanthropic Chair, Susie Morris in attendance. She made a **GREAT** Reindeer!

Our Philanthropic projects for December were sweatshirts for Ft. Logan Mental Hospital and Angel gifts for the Angel Tree at O'Tooles Garden Center in Lower Denver for boys & girls ages 5-7 years old.



50 sweatshirts donated

25 Angel gifts donated



For February we will be gathering personal items for the residents of Hope House, a safe house for abused women and their children.

Our next meeting will be a Pot Luck at the home of Rita Martin.

Happy Valentine's Day Everyone



Kathy Garrison, DEC President



Gamma Chi Annual Bunco Party

Saturday March 2nd

Doors Open at 9:30 – Starts at 10am

**Zion Lutheran Church
815 East 16th Street
Loveland, CO 80538**

Cost \$10 ~Includes Lunch

*****Door Prizes and Drawings*****

Proceeds to Benefit

Be The Gift



State Events



AN
INVITATION
FOR YOU!

Let's let Easter Seals feel our love.

On March 15, the Spring Board Meeting is scheduled to be held at Rocky Mountain Village, the Easter Seals Camp. Check the Colorado ESA website for the Wish List for the camp. We will be celebrating the **100th Anniversary of Easter Seals** with a **Toga Party** Friday, after the meeting and dinner. Donations for our Tower of Towels will be collected at this meeting, not at the May convention as in the past.

Join in the celebration and let's show our ESA love with your generosity.



State Easterseals Coordinator, Nancy Trebella and Beta Zeta member, Carol Dunn collecting items on Easterseals' Wish List

Spring Time . . .



Is easterseals Colorado Time !

Come join us for the Spring Leadership meeting AND help us Celebrate

Easterseals' 100th Anniversary!

March 15th & 16th

At the Rocky Mountain Village in Empire, CO

Registration only \$120.00 per person

This includes one nights lodging, plus all meals

We will be staying in the Homebuilder's Lodge. These are DORM style sleeping arrangements, but don't worry there are LOTS of BATHROOMS!!!

Easterseals will be celebrating their 100th Anniversary in April, but we thought Colorado ESA could start the celebrations a little earlier, by bringing our **Tower of Towels** to the Spring Leadership Meeting, instead of our State Convention in May! The Village has informed us that they are in need of **pillows**, so that's a place to start! **More information to come!**

The rooming assignments will be done by **Nancy Cameron - Corresponding Secretary**, so we need **1 Registration Form** for each **CHAPTER**, and who you wish to be roomed with. For example: Kappa Iota - 4 people (list names, please). We will do our best to keep the requested arrangements, but we may need to make alterations, depending on how many register **on time**. **Registration deadline is February 23, 2019!** After that date the registration fee will be **\$130.00**



Registration Form



Please send 1 check per CHAPTER:

PLEASE PRINT CLEARLY.

Chapter Name, Number and City: _____

There will be: _____ number of people attending from our Chapter. _____ X \$120.00

Names: _____

(Use back of form if more space is needed. Indicate here _____)

Special Dietary Needs: _____

Saturday Night Dinner Out? _____ (TBD)

Please make checks payable to **Kappa Iota**.

Send Reg. Form and checks to: **Nancy Cameron** ~ 16690 W. 11th Avenue ~ Golden, CO 80401



Colorado ESA Council
73rd State Convention

**“IT’S A MYSTERY!
WHO, WHAT, WHY?”**

Hosted by Beta Epsilon #357, Fort Morgan

Chairwomen: Gertie Chapin - (970)645-2316; Cindy Powers - (970)876-7203

Dates: May 17, 18 & 19, 2019

Place: **Country Steak Out Restaurant & Event Center**

19592 8th Avenue, Fort Morgan

****LODGING - BEST WESTERN PLUS, OVERLAND INN**

1410 Bartoq Road, Fort Morgan

ROOM RATE: \$114.99+ until April 24, 2019.

RESERVATIONS: (970) 370 - 2322

Best Western membership 10% discount; Reservations must be cancelled at 72 hours.

FULL BREAKFAST PROVIDED by Best Western

Registration **\$140.00** until **May 1st**: \$145.00 after May 1st:

NO Partial Registrations - Saturday Night Banquet ONLY -

Registration Form - ONE form per member (PLEASE PRINT CLEARLY)

NAME: _____ PHONE: _____

ADDRESS: _____

CHAPTER NAME & NUMBER _____ CITY _____

Please check all that apply: _____ Voting Delegate _____ MAL _____ ELAN
_____ State Officer _____ 1st Time Attendee _____ Lamplighter

**SPECIAL DIET: _____

Please make checks payable to: **BETA EPSILON #357**; Send registration forms to:

Stephanie Bearden

23200 MCR 28.5

Snyder, CO 80750

R.M.R.C NEWS



With all the snow on the ground it's not too early to begin planning for Rocky Mountain Roundup in August. Colorado will be hosting the roundup this year so it is a great opportunity for those of you who have never attended to get it on your calendar. Kathy Ellingson and Vickie Martinez are planning for a weekend of fun and fellowship with our sisters from around the country. This is such a great time to really get to know some of our ESA sisters from other states.

The Roundup will be at the Sky Ranch Lutheran Camp on August 16-18, 2019. The location is 55 miles west of Fort Collins into the beautiful Rocky Mountains. The registration form is on the website and if you have any questions please contact either

Kathy Ellingson	or	Vickie Martinez.
970-310-7723		303-912-3161
kwak@aol.com		dendixie@gmail.com

Please feel free to check out their website: www.skyranchcolorado.org. Hope to see many of you there!

Kathy Garrison
Rocky Mountain Region President
2019-2021



International News



Foundation Dues must be paid by Feb. 28, 2019

If you wish to be a voting member of the ESA Foundation, your annual membership dues must be paid by February 28, 2019. All mailed payments must be received at the ESA Headquarters office by the deadline. You may also call the ESA Headquarters office to pay your membership dues by credit card (970-223-2824).

Tired of trying to remember to pay your dues? Take the Each One Reach One Challenge and become life active

ESA Headquarter's, MEMBERSHIP



Of the Month (AGAIN!)

Dixie Daly,
Sigma Rho
Loveland CO

Dixie Daly has sponsored four new members into the Sigma Rho chapter since September, **in addition** to the 4 new members she sponsored last year. When asked about her remarkable success in sharing the gift of ESA, she is quick to say, "It's all about the ASK! I am always on the lookout for people who I think are like us --like Sigma Rho members, I mean I keep an eye out for people who I see give of their time to something in our community already because that helps me know they'll like what we do in ESA. And I look for people who are HAPPY, because we are a happy group and really value that in one another."



Dixie works for the Chamber of Commerce in Loveland and attends Chamber and other civic events regularly. "Sometimes, I think the tendency in ESA is to shy away from inviting someone to join ESA who already volunteers elsewhere because we figure their time is spoken for. But I've found the opposite to be true. People who like to give are often receptive to new ways to do that because they enjoy it so much. So when it comes up in conversation with someone that they are helping a project or cause, I perk right up."

So what makes a successful "Ask"? Dixie explains, "I say to someone, 'That's great you help that cause. I like to volunteer too, and I belong to an awesome organization that I think you'd really like too, because I notice you're a lot like me in that way. And you're fun, which is a requirement in our group!' Then I tell them about ESA, what we are doing in Sigma Rho, and invite them to check us out. I try to invite them to a social first so they can really feel the vibe of our awesome chapter, and then next to a meeting because it's important so they get a realistic sense of what we all do together. I also tell them, 'Just do what you can, you don't have to come to everything.' We keep a very busy calendar, formal projects and socially, and that's part of the beauty of helping the chapter grow larger. If we have an activity where a few of our members can't make it, it's not a deal-breaker, there are enough of us always available to make it a success."

I.C. 2nd Vice President



The **2019 IC Convention** is fast approaching. I know that 6 months seems like a long time from now, but we all know how fast time flies! Start the New Year out right by beginning to make your plans to attend as we celebrate ESA...**90 years**... in Memphis. Tennessee, **July 17-21, 2019!**

So many great things are being planned, tours of the hospital, great speakers, food, fun and friends; seeing old friends and making new friends!

All the forms you need are on the website...send in that registration form, sign up for Trivia, look at the tour schedules.

If you have any questions, please don't hesitate to send me an email, lwrap2@comcast.net or call me at (810) 772-9551. I am here to help!

I hope you like the logo!

Hugs, LeAnn
LeAnn Wray
2018-2019 2nd Vice-President

TRIVIA !



Dear To My Heart

Who created the line, "Happiness is a warm puppy?"

The average human body contains how many pints of blood?

What is the only word in English ending in the letters 'mt'?

What percentage of women send themselves roses on Valentine's Day each year?

True or False? Only one word in English rhymes with 'silver'.

There are only four words in the English language which end in "dous". Two are tremendous and stupendous. Name the other two.

According to Greek mythology who was the first woman on earth?

What state produces the majority of roses given on Valentine's Day?

What formation on Earth can have the names tabular, blocky, wedge, dome, pinnacle, dry dock, growler or bergy bit?

What was the first planet to be discovered using the telescope, in 1781?

According to Farmers Almanac women will get married to a sailor if they see a _____ on Valentine's Day?

The Body Political

In 1816 which US state was admitted to the Union as the 20th state?

Who became president after the assassination of Abraham Lincoln?

Who was the only American to become vice president and president after resignations?

What kind of person shall not be honored on a US postal stamp, according to the US postal service and the Citizen's Stamp Advisory Committee?

In 1960, which country became the first in the world to have a female Prime Minister?

In which year did the UK hand over Hong Kong sovereignty to China?

Who was the youngest man to chair the Joint Chiefs of Staff?

Other than justice and liberty, how many females have appeared on US currency?

What is the eastern most capital in the United States?

What White house event did President Hayes, in 1878, start?

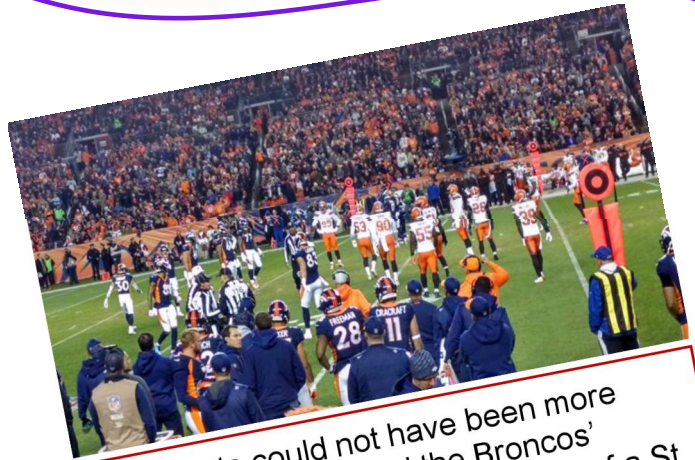
What Apollo 13 astronaut contacted Mission Control with the words, "Houston, we've had a problem here.." ?

ANSWERS: Charles Schultz, 9, dreamt, 15%, False none do, horrendous & hazardous, Pandora, California, Ice bergs, Uranus, robin -- Mississippi!, Andrew Johnson, a live person, Sri Lanka, 1997, Collin Powell, 3 - Martha Washington, Pocahontas and Susan B. Anthony, Augusta, ME, The Easter Egg Roll, Jack Swigert

Photo Album



State President, Leslie Stevens and hubby Jay, at first ever Broncos game at Mile High Stadium thanks to ESA and the Stanleys.



Our seats could not have been more perfect!! Right behind the Broncos' bench, five rows up!! All because of a St. Jude Raffle!

Von Miller !! 😊



Our Team lost by one point, but it was an opportunity of a lifetime and an unforgettable opportunity for us! **Bucket List! Thank you ESA!!!**



**Zeta Chi Bunco Party !!!
January 26, 2019**



Many, many people attended! More than I could possibly tag here. We had guests, daughters, granddaughters lots of good friends and GREAT food!

A very successful event!



I WON! (a door prize) I will always remember my Zeta Chi Sisters whenever I use my 'LOVE' coffee cup!