



## “Let Your Inspiration Spill Over to Others”

Greetings ESA Sisters! My hope is that everyone is healthy and warm! I am glad that January is over and done. I know we still have plenty of opportunity for snow but the bitter cold is something I can always do without.

Spring Board is on the horizon and I am excited!! We will be up in Ft Morgan this year with Cindy and Gertie and the wonderful ladies of Beta Epsilon. Please get your registrations in as soon as possible. We have accommodations at the NEW Best Western in Ft Morgan. They were so nice to me when I set the room block up for us. I am excited to see the property. We have a couple of different educationals that I think we will enjoy and inspire us. This is a weekend to come together and bond with our sisters as well as enrich our knowledge and encourage ourselves that what we do makes a difference.

When the Scavenger Hunt was such a success at Fall Board, I thought to myself, how am I ever going to top that?? Well...I have plenty up my sleeves!! We are going to have just as much fun Friday night. Don't miss out, pictures don't always do it justice!!

I am going to keep this message short and sweet – but – I do want to run a little test. I would like to see just who reads the Golden Lamp, in order to do that I need for people to reach out to me and let me know. So, I am burying this secret phrase “*Tator Tot Casserole*” in my article. If you are reading this then you need to email me at [kwak@aol.com](mailto:kwak@aol.com) or text me at 970.310.7723 and tell me the phrase. I will put your name in for a drawing of \$50 to be drawn at Spring Board. Don't be telling anyone about this. Remember your odds of winning are higher if not many people know the secret phrase.

My inspiration for you is this...

***Don't ask what the world needs. Ask what makes you come alive, and go do it. Because what the world needs is people who have come alive***

Be Inspired-

Love in ESA

Kathy Ellingson

Colorado State President 2016-2017

**Colorado's Inspired  
Wire Golden Lamp  
Issue 4**

**Let your Inspiration  
Spill Over to Others  
- President's  
Message**

**The Brave & Bold -  
Officer's Reports**

**A Sister's Canvas -  
Chapter/Council  
Reports**

**Beauty within ESA  
- Humor /  
Celebration /  
Happenings**



EPSILON SIGMA ALPHA

# BEAUTY WITHIN ESA

✦ For there is no friend like a sister, In calm or stormy weather, To cheer one on the tedious way,  
To fetch one if one goes astray, To lift one if one totters down, To strengthen whilst one stands.

~Christina Rossetti

✦ In the cookies of life, sisters are the chocolate chips. ~Author Unknown

## THE BRAVE & BOLD - OFFICER'S REPORTS

### Treasurer – Loydette Knight

Hello to all my sisters. All of the chapter dues and council dues have been received and paid. Hope all of the chapters are doing well and looking forward to seeing everyone at Spring

Board and State Convention. If you have any questions, please contact me.

### Awards Chairman – Rita Martin

Where has the year gone? It is time to get your award reports ready to go. You can find all the forms on the Colorado web site. There have been some changes to some of the forms this year, so read them carefully, and

please remember to leave the column headed “ Judge’s Scoring “ blank, that column is for my judges to fill in. Please mail your reports to me postmarked no later than April 1<sup>st</sup>, 2017. I hope to see you all at Spring Board.

### Update From Sandy Alexander

I will be back in Arizona for the Spring Board meeting so please say hello to our Colorado Sisters. I’m in Denver for 2 weeks over the Leadership week end. Feel so blessed the weather is just cool with bright sunshine. Life is good LOL. On Sunday Angie Zimbleman and I went to see Lori Anderson-Havelick in the hospital. She is so ready for visitors and encouragement from her ESA Family. We had a great visit as we laughed and did “do you remember when”. This just made her day. Lori just loves ESA and misses everyone. She has had a little set back after the brain surgery. It went well and doctors feel they have gotten all the fungus tumor at this

time. The part of the brain effected again was her speech but the doctors feel there will be improvement. Lori still has a long road ahead. She needs to relearn basic skills again. Some days are so hard to get through but she perseveres. Eric is with her everyday and he goes home at night. Lori’s mother and brother from the western slope come fairly often. This gives Eric a much needed break. Lori can have visitors. Be patient with her as there are good days and some not so good days. ESA Family, let’s brighten her world with maybe a card shower? She so needs our prayers and encouragement.

ManorCare Health Services  
290 S Monaco Parkway Room 220B  
Denver, CO 80224

## A SISTER'S CANVAS - CHAPTER/COUNCIL REPORTS

Rocky Mountain Regional Council  
Submitted by Nancy Cameron

RMRC is requesting each chapter to consider making a small donation of \$5.00 and up (in the form of Gift Cards or cash) to be combined with all the RMRC states in a purse which will be auctioned off at the next IC Convention ESA Foundation Funfest. The monies raised at the Funfest each year goes to grants and one-time

scholarships. This will be in addition to any donations to scholarships or dues. Your gift cards/cash can be given to Nancy Cameron at Colorado State Convention or mailed to 16690 W 11th Ave, Golden, CO 80401. Thank you for considering!

St. Jude's

Submitted by Rebekah Koehler

We are happy to announce that Vickie Chavers-Bruso has joined the Dream Home Team as a Games Manager and Co-Chair. She will be keeping our accounts for the Colorado Secretary of State quarterly reports. Mary Humphrey has done this for the past three years. Although Mary will still be a Dream Home Co-Chair, as Sandy Alexander's Corresponding Secretary on the IC level, she will be busy with new activities!! We very much appreciate our current Games Managers who have stepped up to take on a part of the activities required to hold a successful campaign. Thank you, Thank you! We still have room for several Games Managers for the upcoming campaigns. It's not too hard, challenging and very rewarding! Give it a try - just talk to Vickie Martinez, Mary Humphrey, Alice Robinson,

Jenny Liebowitz or Vickie Chavers-Bruso. Great News!! The 2016 Colorado Springs Dream Home credit for ESA is \$814,975.00!!! The Denver Dream Home credit of \$1,138,668.00!!! **TOTAL OF \$1,953,637.** With this total and the Radiothons and the other activities you all do for St. Jude this year – Colorado could be No. 1 again at IC Convention!! Thank you, everyone, for all you do for Danny's Kids!! We are very much appreciated. We will be using the "Sign-up Genius" again this year for both the Colorado Springs and Denver Campaigns. We will get it set up and let you know as soon as it is ready. This feature should make it very easy for you to see where volunteer assistance is needed and sign yourself up.

Theta Eta #2830

Submitted by Marge West and Carolyn Rush

Happy New Year! We hope you all enjoyed the holiday season and that 2017 will be a banner year for all of us! Our chapter celebrated Christmas in early December by meeting for a nice lunch and then attending the play "I'll be home for Christmas" at the Arvada Center. We participated in the O'Toole's Angel Tree. By purchasing gifts for needy children who attend a Denver elementary school. Six of our members worked at Kullerstrand Elementary's Santa Shop on December 19 & 20. We also donated a \$100.00 to this project. Theta Eta prepared fifty holiday goodie bags for children at the Action Center. In addition, we donated \$100.00 of warm clothes and toys for students at Eiber Elementary in Jefferson County. Collecting coupons for solders continues to be an ongoing philanthropic activity. Theta Eta also furnished sweatshirts and other needed items to Fort Logan patients. Nut sales are on-going. Our chapter

also donated groceries to Eiber Elementary for their back-pack program. On January 27, members will meet to sort toiletries collected for the Denver Rescue Mission. Rob Reger raised \$3100 from his back country motorcycle ride in 2016. We voted to donate these fund's to the following organizations: \$1,000 to Action Center, \$600 to Easter Seal, \$250 to Kullerstrand Elementary School & \$250.00 to Eiber Elementary School. Some Theta Eta members attended and educational program on January 23, 2017, at the Littleton Library. Subject was the "The Manhattan Project." We will no longer be able to hold our annual spaghetti fundraiser as the TNT restaurant is not available for charity events during evenings. We are therefore exploring other possibilities for fundraisers. Stay warm and safe during these winter months!

## FORMS AND REGISTRATION INFORMATION

State Convention – May 19<sup>th</sup>-21<sup>st</sup>, 2017 – Mark your Calendars! Registration form on website

Alpha Lambda Chili Supper- March 23, 2017

Spring Leadership Board –March 17 & 18, 2017

## Alpha Lambda Chili Supper



Please join Alpha Lambda for their annual Chili Supper. Lots of companionship, fun, food, door prizes and a grand prize drawing.

Chili Supper - \$10.00

Proceeds to go to: Local Charities, St. Judes and Childrens Hospital

Grand Prize drawing: tickets \$1.00 each or 6 for \$5.00

Crafts will be available for purchase

**When:** Thursday; March 23, 2017  
6:30 PM – 8: PM

**Where:** Farr Library  
1939 61st Avenue, Greeley, CO 80634

**RSVP:** RuthMary Lyons  
[Rm80620@hotmail.com](mailto:Rm80620@hotmail.com)  
970-405-0263

Ula Rae Adler  
[Ularae72@hotmail.com](mailto:Ularae72@hotmail.com)  
970-330-4962 or 970-302-6572



Colorado State Council

Spring Leadership



Country Steak Out  
19592 E 8<sup>th</sup> Avenue ~ Ft Morgan Colorado  
March 17 & 18, 2017

Registration \$50 per person

Name \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_ Chapter \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Chapter # \_\_\_\_\_

Special Dietary Needs \_\_\_\_\_

Make Checks Payable to: Kathy Ellingson

Mail registration form to: Phyllis Minch

Registration due 3-1-17 1805 Bonny Drive

Loveland, CO 80538

Best Western—Brand New Property!!

1410 Barlow Rd (right off I-76 @ exit 82)

970-370-2322

Call by February 17<sup>th</sup> to reserve your room for special rate of \$105.99  
includes complimentary hot breakfast. Room block under Colorado ESA