

The Golden Lamp of Colorado

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“Embrace the Journey”

Happy Holidays!!

The Holidays are upon us and we wonder just where the year went! Days will be getting busy with the rush of all the Holiday shopping, baking and parties. Let's not get lost in the flurry to make sure everyone has a Holiday to remember. Let's remember to take care of ourselves and reflect on just what we mean to each other. Take time every day to remember just what this time of year has meant to you. Remember where you have been on your journey and think of all the memories you have made. Who could not be inspired with the wonder in children's eyes when they see all the lights for the first time? How about the first snow of the season?



Also, this is a time to remember those ESA sisters that have left us this year. Remembering all the good times we had together working on projects for St. Jude or Easter Seals building memories softens the sense of loss and strengthens our bond. Our journeys may diverge for a time but as the song says, “We will pick up where we left off when we all meet again” As I reflect on this year I feel blessed to have all my ESA sisters. Your encouragement has

guided me on my journey in ESA and your love and support means the world to me.

As a closing thought I leave you with this:

When the song of the angels is stilled
When the star in the sky is gone
When the kings and the shepherds are home
The work of Christmas begins
To find the lost
To heal the broken
To feed the hungry
To release the prisoner
To rebuild the nations
To bring peace among brothers
To make music in the heart.
~Howard Thurman

Have a Very Merry Christmas and a Happy New Year!

Love in ESA
Kathy Garrison
Colorado State President 2017-2018

Wildlife Firefighter Foundation

ESA sisters,

As I watch the morning news and see just how the people of California are suffering again, I feel I should remind everyone of the first responders, the wildland firefighters that are putting themselves in harms way to protect the lives and homes of those in peril. These fires are some of the largest in history and there are over one thousand fire fighters on the scene. We need to keep in mind that some of our Colorado wildland firefighters are joining the fight and to keep them and their families in our thoughts and prayers. West Metro and several other fire companies are sending men and equipment to California to help give those who have been fighting for so long to get some rest. Some of them have been working for 24 hour shifts and are exhausted. As more people move into the wildland urban interface the threats of these monumental fires will increase. Wildland firefighters can suffer from PTSD as a result of working these disasters and many commit suicide.

This is the reason I have chosen the Wildland Firefighters Foundation as a state project this year. They have established a fund for suicide prevention as well as providing funds to injured firefighters and their families before they receive anything from the government. I encourage each of you to consider supporting the Wildland Firefighter Foundation when you are listing your philanthropic projects. The 52 Club is a way to start. Please visit their website at www.wffoundation.org to learn about their mission

Hugs,
Kathy



**Wildland
Firefighter
Foundation**

Council & Chapter Reports

DENVER ALPHA COUNCIL SUBMITTED BY Sally Lobel

How can we be thinking about Christmas already? Where has the year gone?? Looking back, we began our 2017-2018 Council year with the election of new officers: Judy Kendzora--President, JoAnn Singly—Parliamentarian; Barbara Retherford – V.P.; Sally Lobel--Secretary/Corresponding Secretary; Chloe McClantoc—Treasurer. We followed up with a Planning meeting in August and our first regular Meeting October 10th hosted by Epsilon Epsilon. Each member chapter brought baby lotions, wipes and bottles to benefit “Warm Hearts, Warm Babies” for our October Philanthropic Project.

At the next Meeting, our December 12th Christmas Party, we will be supplying sweat shirts for one unit at the Fort Logan Mental Health Center. We are looking forward to a “fun” time at the 10 a.m. Holiday Brunch hosted by Theta Eta Chapter at the home of Joyce Fuller. A bake sale and book sale are planned and—accordingly “anything else that someone wants to bring to sell!”

It will be a “Time to share LAUGHTER * LOVE * AND FRIENDSHIP” and that thought is Epsilon Council’s wish for everyone this holiday season.

Company Cheesecake

Oven 375 degrees

Combine:

- 1 3/4 cups fine graham-cracker crumbs
- 1/4 cup finely chopped walnuts
- 1/2 teaspoon ground cinnamon
- 1/2 cup melted butter

Press on bottom and up 2/3 of sides of 9-inch spring-foam pan.

Beat smooth:

- 3 well-beaten eggs
- (2) 8 ounce packages cream cheese, softened
- 1 cup sugar
- 1/4 teaspoon salt
- 2 teaspoons vanilla
- 1/4 teaspoon almond extract

Blend in 3 cups dairy sour cream. Pour into crust. Bake about 35 minutes til just set; cool. Chill 4 to 5 hours.

Council & Chapter Reports

Epsilon Epsilon #1896 – Denver

Kathy and JoAnn drove to Canon City Saturday, October the 7 for the “Soup, Salad, and Shopping” with Beta Zeta. What a fun afternoon! The food was delicious and the auction was really fun watching people bid against each other. It was a great way to spend the day. On October 14, they attended the Chi Kappa Annual Chocolate Party. Several items found their way into Kathy’s place at the table!

The chapter had a Bunco Party on October 27th at the Garrison’s with 20 people attending. Had a great dinner and lots of laughs especially when some of us couldn’t seem to advance! Vickie, Kathy and JoAnn took in the Zeta Rho Auction on November 4th. Some of us had too much fun and were reprimanded for playing with the animals! Still had fun.

On Saturday, November 18, we ventured out to Idaho Springs to the Argo Gold Mill and Museum. Jan Boland of Chi Kappa is one of the new owners of the mine and has been instrumental in the restoration effort. The day was beautiful and sunny, but very windy and cold. We had a great tour guide, Jessamyn who is a geologist and a person who loves Colorado history. We learned that Argo was able to mill over 95% of their ore whereas other mills only retrieved 80% of the gold in theirs. The Argo Tunnel runs 4.16 miles under over 100 mines. Afterward we enjoyed lunch at Beaujo’s Pizza!

It’s now full steam ahead for our 8th Annual Holiday Tea! We have 104 planning to attend this year and we are busy baking and putting our drawing items together. We are looking forward to kicking off the Holiday Season!

Merry Christmas and Happy New Year!

The Scribe



Trying to stay warm!!! Brrrrrrrr



Busted!!!!

Council & Chapter Reports

Kappa Iota #5442 - Golden

As you can guess, Kappa Iota is very busy with plans for the 2018 ESA State Convention. We have, however, managed to slip some work into our schedules as well, and have had a great year with the sales of our Butter Braids. Thanks to all who have participated in this project, as it is our main Ways and Means project.

We have been very busy with the Dream Home as well. If you've never done a showing or worked in the office, it's quite a different experience and you get to meet sooo many friendly people (and puppies!). On the Grand Opening of the house in Commerce City, we were honored to have our St. Jude patient, Kaylee Chavez, and her family there. Such a delightful, forward thinking, enthusiastic young woman!



We attended the DAC meeting in September and had such a fun time making Halloween hats for the Veterans Home. (Nancy modeling her hat creation) Nancy and Leslie attended the NCC Meeting in Akron and met the Delta Chi Chapter who were our hostesses. What a terrific group of ladies!! The decorations were great, the

food was fun and filling and they even had BEER available! What a treat it was to meet them and I am hoping more of you will get to meet them soon! (Hint, hint Delta Chi!!!)

Leslie, along with Chi Kappa members, Rita Martin and Chloe McClantoc, took a trip up to Rangely for their annual Christmas Craft Show. Didn't make many sales, but it was really nice seeing some old friends and meeting some new ones, playing dodge ball with the quadrillion deer up there, and NOW we know where to get our Pecan Pies! There's a bakery up there that makes a wicked, mean Pecan Pie!!

Some of our members will be working the Santa Shop again, this year and we are especially happy to have our MAL, Joanne Klemovich helping out.

We will be hosting a Cookie Exchange/food donation/Rush for our Christmas Party this year and we hope to bring you some new faces, soon.

We plan on writing Thank Yous for our troops and sending them along with the MASSIVE amount of coupons for our troops. Joan Snyder has been diligent in clipping and sending these this year and we thank her, dearly for all her hard work!



Kaylee Chavez,
Kaylee's little Sister,
Leslie Stevens,
Nancy Cameron

Council & Chapter Reports

We have our Denver Alpha Council Christmas Party coming up soon and we will all be attending. Always look forward to seeing you, gals. Like a spring break in the winter! We will be celebrating National Pie Day on 3/14/18. Anyone want to come celebrate with us?

We wish everyone a very safe and Merry Christmas.
Your Kappa Iota Sisters



As the weather gets colder and snow will soon surround our days, Kappa Iota would like to offer a look into a warm, wonderful future and invite you to join us on "The ESA Friend Ship" for a cruise this May.

Our first stop will be to the wonderful blue waters and white sandy beaches of Hawaii where warm breezes and the sounds of Hawaii, will meet you!

A Luau feast and festive drinks, suitable for Pele herself, await you. During our evening in Hawaii, we ask that you wear your best Hawaiian outfits for a fun contest and don't forget to practice up on your Hula dances, for we WILL be making merry this evening!!

Friday, May 18, 2017 thru Sunday, May 20, 2017 in Vail, Colorado

and be sure to put this trip on the "ESA Friend Ship" on your calendars!

(Registration Forms and all information are on the Colorado ESA website, in the State Yearbook, or you can contact the Convention Co-Chairs, Joan Snyder and Nancy Cameron for more information). Let yourself feel the power and tranquility of the Islands and join us for a fun, friendship filled weekend!



Haha

Insert Your Picture Here

Council & Chapter Reports

Theta Eta #2830

We hope all of you enjoyed a fun-filled Halloween and a happy and blessed Thanksgiving. Sue Richert, from the Restore Innocence Project , spoke at our October meeting. The Restore Innocence Project helps rehabilitate girls who have been victims of sex or labor trafficking. We presented Sue with a Restoration bag of items that each girls receives when rescued. Six of our chapter members attended the Vision Walk October 7, at City Park. The annual walk, sponsored by Foundation Fighting Blindness, is a fundraiser for research and clinical trials for the prevention , treatment and cure of retinal degeneration and retinitis pigmentosa. Several members volunteered at the Beautiful Junk Sale, held at the Jefferson County Fairgrounds, in late October. This sale is a semi-annual fundraiser for the Action Center. Coupons for military troops, or “troupons” continue to be collected each month. Nut sales as well, is an ongoing fundraiser.

Our Theta Eta Sister, Joyce Fuller underwent serious surgery recently. She is now slowly recovering, but it will be a long healing process. Our prayers will be with her & her family. We collected donated purses and handbags for an organization that fills the purses and presents them to homeless women. Thirteen blankets were completed by members during October and will be sent to the hurricane victims. We are to bring bedding and warm clothing for the Action Center to the November meeting. Fifty y Halloween “goodie” bags were put together and delivered to children at the Action Center. In November, members presented filled shoeboxes to the Operation Christmas Child Project sponsored, by Samaritan’s Purse.

A group of Theta Eta chapter members took 24 hours of food to the Action Center’s Homeless Shelter. We are to bring two sweatshirts each to the December meeting, for residents of Fort Logan. Since we did not have a “needy family to assist this Thanksgiving, we made a donation to the Denver Rescue Mission for Thanksgiving meals.

Sharon Rogers informed us of “Healthy Ways of Aging” during her Educational Program at our November meeting.

Happy Holidays to All!

Marge West & Carolyn Rush

Council & Chapter Reports

ZETA CHI #3878, FT. COLLINS

In October we went to see the movie Victoria and Abdul, a true story about Queen Victoria and her friendship with Abdul Karim, a young clerk from India. They developed a trusted alliance that the household and inner circle of Queen Victoria did not like and tried to stop. In November we filled 40 Christmas mugs for children as part of the Northern Colorado Council's project to help with the Christmas party at the VA Hospital in Cheyenne. Other chapters filled Christmas mugs for the adults. Blankets and lab robes were also collected by other chapters to be handed out to the vets at the party.

Our chapter has been part of the Northern Colorado Council's adoption of a veteran family for the holidays. We helped with the bunco fundraiser party in October and for our Christmas giving voted to give money to help with this project. The family includes an Army veteran along with his wife and 4 children. They have been struggling with medical issues for their youngest child and just got into an apartment. At the Northern Colorado Council's Christmas brunch, members brought food to help fill the family pantry. December 7th Sandy Beavers and Hellen Hagel from our chapter, along with Phyllis Minch and Kerry Date, from Gamma Chi, went shopping for the family. Most fun, of course, was shopping for the children. The Christmas gifts and food items will be delivered on December 18th.

Zeta Chi wishes all of our Colorado sisters Merry Christmas and hoping that 2018 will bring nothing but happiness and better days, especially for those would have had struggled this year.



Chaplin's Corner

Passing of Our ESA Sisters

It is with sadness we hear of the passing of **Helen M. Daurio**, Alpha Delta Chapter in Pueblo, CO. She passed away on Oct 12. Helen was 94 years old and had been in ESA for over 65 years. She will be remembered for her kindness and generosity. A Rosary was held Monday, Oct 16 at 6pm, and the Funeral Mass on Tuesday, Oct 17 at 9:45am. Both was held at St Joseph Catholic Church, 1145 S. Aspen Rd, Pueblo CO.

The address to send condolences is:

Family of Helen Daurio

31 Loyota

Pueblo, CO 81005

We recently heard of the passing of **Joyce Marie Harms** on Oct 10, 2017 in Aurora CO. She was 67. Joyce was an ESA Life Active Member for 44 years but had been MAL since 2001. She had been living in the Phoenix area for many years and was a member of Alpha Nu in Arizona. Joyce was born in Holyoke, CO, and returned in 2001 to care for her parents. No address is available at this time, however, memorial contributions in Joyce's honor can be made to the First Christian Church in Holyoke, CO. Funeral services were held October 16, 2017.

ESA Updates

Joyce Fuller as of mid November, came through the surgery pretty well and is in a recovery stage for the next few weeks. Joyce is thankful for her surgeon who found a good hematologist that was able to put in a blood filter which allowed her surgery to be performed. She will need surgery again the first part of December to remove that filter. The good news is Joyce feels well enough to have phone calls and have friends over. Pray for Joyce that no blood clots form and that she have plenty of energy to heal as this could take 6 months to a year to fully recover. She and her family are so very thankful for all your kindness and prayers. She gives blessings to you all for your friendship and love.

Barbara Preston, Alpha Omicron, fell and broke her arm, mid November.

Her home address for cards is:

Barbara Preston

1405 L Street

Salida, CO 81201

Bunco Party

Join

ZETA CHI CHAPTER

“Wish I was in the Tropics”

Bunco Party



SATURDAY, JANUARY 27, 2018
CHRIST METHODIST CHURCH
301 E. Drake, Ft. Collins



Doors open at 10 am, games begin at 10:30 am

Cost: \$10.00

Wear your best Hawaiian Shirt



Soup, Munchies and Desserts will be served
The bottle auction proceeds will go to St. Jude
The Gift Card Tree benefits the Larimer County Food Bank