



“Let Your Inspiration Spill Over to Others”

Greetings Colorado Sisters!

Hope everyone is having a Great start to fall.

We had a fantastic time here in Loveland for our Fall Leadership Session. The ladies of Gamma Chi fed us very well! They are such a wonderful hardworking group of ladies. I am honored to be a part of them. For our fun on Friday night we did a Scavenger Hunt around Loveland. It was a Blast!! We had 9 cars, all going in different directions, chasing each other around Loveland. Taking pictures on cell phones showing that they were fulfilling the items on our list. We had to find a few sculptures, ask strangers to take pictures, kiss a frog, and sing “Twinkle Twinkle Little Star” for a cookie in a local restaurant...and the list goes on! I set the guidelines for the hunt and asked them to be creative in the pictures that they were capturing. They really did a great job!! We have lots of fun pictures that will help keep the memories fresh. There is a video on the Colorado ESA Facebook page and I will put together something for Spring Board so that we can all enjoy them.

On Saturday we dug deep into the Opening and Closing Rituals. Keeping true to the “Be Inspired” theme of this year, we looked at what these mean to us individually. What part of these inspire us to hold true to the ESA Core values. Inspiring others is what is going to bring a change to our organization. Bringing in more members who see what we are doing and how we are making a difference...and that we are having fun doing it!!

Ken Curry came and shared his experience being a pilot in the Vietnam War. He has such an incredible story which I marvel at every time I hear him tell it. The choices that you and I make every day pale in comparison with the choices that our veterans have made for our country. I think about my brother in law who passed away recently that also served in the Vietnam War. He was never able to turn his story into something positive like Ken did. It is up to you and I as individuals to make our lives a positive statement. We have the freedom to choose what we make of the hand that we have been dealt in life. Let’s choose to “Be Inspired so that we can Inspire others”!!

I am looking forward to participating in as many fun events this fall as I can. It is a great time of year. Let’s make sure that we stop long enough to appreciate each other and all the wonderful things that we do!!

Love in ESA

Kathy Ellingson

Colorado State President 2016-2017



**Colorado’s Inspired
Wire Golden Lamp
Issue 2**

**Let your Inspiration
Spill Over to Others
- President’s
Message**

**The Brave & Bold -
Officer’s Reports**

**A Sister’s Canvas -
Chapter/Council
Reports**

**Beauty within ESA
- Humor /
Celebration /
Happenings**



EPSILON SIGMA ALPHA

BEAUTY WITHIN ESA

- ✦ The greatest beauty is only seen by those who look beyond the surface.
- ✦ Like dandelion seeds blown to the wind, possibilities extend before you. Dream big and follow your heart.
- ✦ When we look inside, we expect to find answers about how things work...but sometimes, all we can see is an empty hole that makes a lot of noise. Understanding comes from the entirety of each. If you only see a hole, there is much still to learn.

THE BRAVE & BOLD - OFFICER'S REPORTS

President Elect – Kathy Garrison

Calling all members! We are looking for new faces with fresh ideas to serve on the Colorado State Council. If you have ever thought about serving on the board but think you are not talented, please call me and let's talk. We have so many wonderful women in the state with lots of ideas and talent. There are still open positions on the board and if I haven't

reached out to you and even if you are half way interested please give me a call. The nomination form is on the [website](#) for those who step up to run for an elected office. The appointed board are very important offices as well. My mailbox is lonely so call or text and I look forward to hearing from you. My number is [303-791-6859](tel:303-791-6859) or cell number is [303-263-4972](tel:303-263-4972).

Vice President– Leslie Stevens

So many times, for so many years, we've tried to emphasize getting new members. Since about my fifth year in ESA, I can remember hearing the "push" for new members. And I know everyone has done what they think they can, but still our beloved organization is getting smaller and smaller. When my Husband popped up last spring and said he wanted to join ESA, I asked him "why?" He's not particularly involved with the projects and things we do, supportive, yes, and loves the work we do for St. Jude, but on a day to day basis he's not "involved". What he answered made me stop and think. He said "because it will make it easier to get other members. The bigger your organization is, the more others will want to join." Now I've always thought of our membership strictly of people, friends, family, that we know everything about or someone we know, knows. But that circle is finite, ladies. It ends at some point. We need to identify what we want in our members, as a group, define it and then look outside our circles for those traits. It is a risk... but without taking the chance on someone, we will never know how great they could be.

Someone reached out to each and every single one of us, and took a chance. We need to start taking that chance again, now. I want everyone to take a minute and think back not to when you pledged **ESA**, but when you were **ASKED** to pledge. What was going on in your life? I know that most of you had careers *and* small children when you joined. Were you looking for friendships? A creative outlet? What was the **ONE** thing that made you even consider joining ESA? Are those desires not the same for people now? I have done some research on Top Recruiting practices, of businesses and non-profits and I would like to give you some tips and ideas on how to **approach** someone with the idea of affiliating with ESA. That is your first tip right there. Can anyone think why I used the word "affiliate" instead of "join"? Listen to it used in a sentence. ***IF YOU ARE INTERESTED IN AFFILIATING WITH ESA, HERE IS MY NAME AND NUMBER. OR IF YOU ARE INTERESTED IN JOINING ESA, HERE IS MY NAME AND NUMBER.*** What do each imply?

"Join" is more of a personal invitation... Join **ME** in the pool or Join **ME** for a drink. It also implies recruitment. **That** in itself can turn some people off, immediately. **"AFFILIATE"** says come join my **GROUP**. It implies a notion of shared identity. A common vision and shared values. It also conveys a businesslike mannerism. That this is a working Organization and not just a social one. Something to keep in mind. Something else we need to change our mindset on ladies. Don't just look for new members for **YOUR** Chapter. Look for new members for ESA, everywhere. When you're traveling, eating out, visiting in another town, city or State. They may not join today or tomorrow, but who knows, in a year a Chapter might be formed near them and they will remember the name. **E>S>A!** It legitimizes us each and every time you tell someone about us. They already know that you identified them as being what we're looking for. That makes it that much easier for them to step over the line and **AFFILIATE**. So then the next question is... how do you approach someone you've never met in your life, with affiliating with **ESA**? What is your **"LINE"**? Remember, you've got about a minute to catch this person's attention. You need to start with something powerful, but not pushy.

What about: "I've been watching you work and I think you can help my organization". Then put a card in their hand. If they ask what you mean, tell them the positive things you've seen them doing; hard working, courteous, being a problem solver....Don't take up too, much of their time, though. Ask them to get in touch with you and **THEN** if they contact you, go into details. Now before you all go out and get all these new members calling you, your Chapter needs to be prepared to receive them and you, as the contact need to be ready to talk to them. What are some of the barriers that might deter someone from affiliating? ●Time ●Money ●Self-confidence ●Unsure if

THEY can contribute • Going into a stranger's home – to list a few.

These are some of the top things studies have found, people are uneasy about, when asked to affiliate with an organization. And over half of them, we don't even think about, being **ESA** members. We've been through the personal growth period. We don't think of someone being unsure of their capabilities. Try to find something they are confident with doing. Do you crochet/sew? We are making 25 blankets for Easter Seals. Do you cook? We are hosting a Council meeting and are providing the lunch.

What value does membership **really** provide? Are there programs or services they can utilize being a member? Educational opportunities? Networking? Leadership experiences? Many people look for something that can further their working career. Isn't **ESA** just marvelous at that? A way to gain valuable skills? Be prepared if you get a call back to tell them why **ESA** needs them and why they need us. What makes us stand out with so many other things asking for their time and money? Write it down and keep it handy.

Be sure, if you have pledged someone that **you** are in attendance at their first few meetings. Let them know that you are in this with them. They were a stranger to you, so if you just throw them in with other strangers... well, think how you would feel. On the time issue, ladies... not one site I went to had an answer to that! Not one! My only request is please, please do not tell a prospective member there isn't a time commitment! Let's be honest here. There is an unwritten time commitment if you're going to be a long term member. They are expected to be at some meetings and events. To tell them otherwise is not fair to them! Which comes to our next discussion;

On Boarding! On Boarding is what happens when a new member decides to affiliate. Each Chapter should discuss and **CLEARLY DEFINE** what happens, and what expectations are desired, when a new member comes in. What job a new member will take over and this is key! Levels of involvement **DIRECTLY impacts member retention and positive**

Treasurer – Loydette Knight

Attached to the October edition of the Golden Lamp is a copy of the Colorado State Council proposed budget for 2016-2017. Some of the highlights of the budget include a total proposed

St. Jude's Walk/Run

Team "Be Inspired" raised \$775.00 and team "ESA" raised \$905.00. \$1680.00!! What an accomplishment ladies! It was another great success and everyone that participated had a fantastic time.

feedback. Give them a job to do immediately. Leadership opportunities within the Chapter should also be clearly defined. I.E. to be President you must have: -----

How easy is it for them to join? Is there a lot of paperwork? What about renewing membership? Do they know where to send their dues? Are there any obstacles we can eliminate in order to retain or gain members? Statistics show, that a person is more likely to stay with an organization, if there is immediate reward. Especially for first year members, who might not be able to wait for a 30 year pin. Recognition at State Meetings is fine, but maybe adjust your Chapter Awards to include the small accomplishments, beyond Pallas Athene points, like attending their first event, 3 month Anniversary, 6 month Anniversary. Remember, it's the little things that count!

The most important thing to remember, ladies, is that if we don't do this now, when will we? The life blood of our organization depends on us standing up to this challenge. We **must** get our name out there and without the publicity we once had, **we** have to make our own. **and** what better way to introduce all these fine, new members than to host a future State Convention! We currently have bids until 2019. Please talk with your Chapters and Councils and consider doing this honor. It really is a wonderful experience and with all the talent in our State, we should have these future Conventions locked in. The form is on the web site or shoot me an email and I can get it to you.

We discussed all of the above at the Fall Leadership meeting in Loveland and a very lively discussion it was!! Course the whole weekend was very lively, what with Jo Anne Singley and Gertie Chapin kissing and making out with the frog statue and groups of us singing Twinkle Twinkle to total strangers in the beautiful community of Loveland! Oh what a wonderful idea that was Kathy!! **THAT** was one of the most enjoyable Board meetings, I have ever been, too!

For anyone who didn't get their stockings, or the color they wanted, please shoot me an email so I can get an idea of how many to try to order. They are still saying they are short on stock. Yvonne, I have yours, just haven't gotten them in the mail yet!! :) I plan to go out this weekend and see all the beautiful fall colors up in the mountains. They are so **intense** this year!! Hopefully with weather permitting, I can get down the mountain in one piece and attend some of your functions! **Love you all!** Leslie Stevens, CSC V.P. (Look MOM, I'm abbreviations now!!) LOL! OH!!! FLASHERS . . . PRACTISE, PRACTISE, PRACTISE!! Doing the dishes, folding laundry...

income of \$4500.00, total proposed expenses of \$4520.00 and the bank balance as of August 31, 2016, reflected as \$7711.00.

A SISTER'S CANVAS - CHAPTER/COUNCIL REPORTS

Rocky Mountain Regional Council Roundup
Submitted by Nancy Cameron



Double Rainbow - An awesome beginning for the 2016 RMRC Roundup August 12-14 at the NRA Whittington Center in Raton, NM!! Next morning 4 does and 1 little fawn came across the little ravine in front of us. We had all kinds of visitors during the time we were there! Loved it! It was a time for CELEBRATION for RMRC: IC President, Sherry Day joined us! A successful IC Convention in Loveland, CO with each state hosting an event, Thank You Bobbie Massey, NM, and Mary Humphrey, CO co-chairs. Sandy Alexander from RMRC was elected 1st Vice President on the IC Council for 2016-17! The election of RMRC Officers - YAY! They are President Cleoria Glenn, ID; Vice

President Carol Worley, NM; and Secretary/Treasurer Sherry Coleman, NM. Cleoria happened to be on a fabulous fishing trip in Mexico when she was elected!! Sherry informed her on Facebook! New Mexico was hostess chapter for the event and, of course, the food was excellent! Our Roundups are by design a time to relax, get to know sisters better and enjoy a restful time. My theme for the past term was "Live, Love & Laugh" and we did plenty of each. We wish you could have been with us - maybe next year in UTAH! Hideaway Valley Lodge - Judy Ann Scott, Chair - pignut@etv.net!

Epsilon Council
Submitted by Sally Lobel

Our President, JoAnn Singley's theme for 2016 - 2017 is "Treasures and Traditions." Well, we have changed some traditions this time around! We will now meet in the mornings (10 a.m.) instead of evenings—and the place has even changed too! Several I-HOPs will receive our breakfast business. Hopefully these changes will increase our attendance at meetings—No more night driving--and food to start the day!

At our meeting on September 7th plans were made for the year: Meetings scheduled for October 11th, December 13th, February 14, April 11th and Founder's Day - April 22nd. Philanthropic projects were lined up for each meeting and budget presented. So, we are hopefully prepared for our upcoming year ahead and looking forward to seeing you soon.

Northern Colorado Council
Submitted by Phyllis Minch

Northern Colorado Council is getting ready for their annual charity bunco fundraiser on October 1st. The proceeds will go to help a needy Veteran family for Christmas, as well as we will

be filling 150 Christmas mugs for the Cheyenne VA Hospital Christmas party. Zeta Chi, Ft. Collins, Sigma Rho and Gamma Chi of Loveland have all pledged new members.

Alpha Phi
Submitted by Edie Davis

Alpha Phi Members and guests enjoyed a brunch at Mount Vernon Country Club in June. Sandy Alexander was installed as First Vice President of IC at Convention in Loveland in July. Linda Noell is President of Denver Alpha Council. Some of our members helped with the Dream Home. The summer has passed quickly and it is time to get started on our projects for the year. We met at the home of Mary Guida on September 3. After the business meeting we enjoyed lunch followed by a fun

educational program presented by Sandy. We got to know each other better by exploring our personalities--determined by the features of the pig that we each drew. Discovering our "Personality According to the Pig" was an interesting exercise! Sandy attended the fall board meeting in Loveland. We will continue clipping coupons for our military and planning other projects that we are starting work on.

Chi Kappa #5129 - Denver
Submitted by Nancy Carray

Chi Kappa ladies have been meeting at restaurants for lunch and then having our meeting afterward. We met a Chili's at 1st and Wadsworth for the St. Jude's Chili Night with 5 members present and had our 2016/2017 planning meeting. It was decided to have our meetings in member's home on Saturdays

to be coordinated with Chloe's work schedule. Our Chocolate Party will be on October 15th at the Jefferson Avenue Methodist Church on 44th and Kipling, Wheat Ridge, Colorado at 11:00 am. As always lunch will be served for \$10 with an auction and bake sale after lunch. Hope you will be able to

make it. Rita Martin and Chloe McClantoc attended the Northern Colorado Council Bunco Party in Loveland on October 1st. Chloe also coordinated the St. Jude's Walk on September 24. Several members are planning to attend Denver Epsilon Council meeting on October 11. Kudos go out to Chi Kappa member Marie Trujillo who turned in \$1,194 in coupons at the Chili's meeting. Good Job! Long-time member Betty Ziska has moved to Atkinson, Nebraska and Nancy Carray has

All members attended Fall Leadership in Loveland. What a fun evening Friday! A Scavenger Hunt was a hoot!! Teams drove all over Loveland looking for landmarks and even had to sing at a restaurant. Check the ESA Facebook page for all the evidence. We had our first educational Saturday afternoon after the board meeting. We toured the Benson Sculpture Garden and were amazed at the variety of themes of the sculptures. It was a gorgeous fall afternoon and it added to the beauty of the



Gamma Chi ladies kept busy through the summer by helping with the Loveland Lake to Lake Triathlon, Wild West Relay and the Dream Home. President Kerry Date's theme this year is Rock n' and Roll n' with ESA so

that was the theme for their pledge social that was held in

Welcome back to all ESA Sisters! After taking the summer off, Theta Eta chapter met on September 11 to begin planning our philanthropic projects and fundraising events. President Joyce Fuller's theme for 2016-2017 is "Blossoms that Fly" All twelve chapters were present at the meeting. Two members attended State Board in Loveland. We participated in one educational meeting over the summer at the Littleton Library. Members were entertained by Legendary Ladies, an educational, non-profit organization bound by their love of womens history. Seven ladies told their stories of unconventional women who made their mark in western history. Characters portrayed

The chapter held their first meeting of the year on the 10th of September at St. Andrew's Retirement Center. Two of the members suffered a loss to their family, Judie Tate lost her husband and Lisa Holt her dad on September 2nd. At the meeting we had a guest, Gail Silvertone; she was a guest of Vickie Martinez. Vickie met her at one of the open houses during the Dream Home event. We are hoping that she will join the chapter, right now her and her husband are traveling a lot but she plans to attend our auction/luncheon in November. We changed our

moved to 14380 W. Ellsworth Ave., Golden, CO 80401. Phone remains the same: (303) 674-4956 but her new e-mail is: ncarray5861@comcast.net. Chi Kappa usually serves Special Olympics in Westminster in October and we are waiting for a call from their coordinator. We stuff snack bags with apples, chips and cookies for about 200. Looking forward to other chapter activities for the 2016/2017 year. Best wishes.

Epsilon Epsilon #1896 – Denver Submitted by Kathy Garrison

garden. We are working on our 7th annual Holiday Tea to be held on Saturday, December 10, 2016 again at the Historical Manor House. Plan to join us this year as we have some surprises in store for all. Invitations are available now and will be mailed out soon. Contact Kathy Garrison if you are interested. We will again have an "Early Bird" drawing for a Kindle Fire HD. The Scribe.

Gamma Chi # 3668 – Loveland Submitted by Phyllis Minch

Phyllis's backyard. Several dress the part, games were played from that era as well as a trivia contest. They had 5 potential new members that attended. They are getting ready to make their delicious homemade noodles and take a tour of the Chapin Dairy in October. Two new members were pledged in May, Mary Jane Kinney and Dixie Gregg. They are looking forward to a fun and busy 2016-2017.

Theta Eta #2830 Submitted by Marge West and Carolyn Rush

were: Dr. Susan Anderson, Frontier Physician; Frances Wisebart Jacobs, Mother of Charities; Lily Coit, Patroness of Firemen; Julia Holmes, Bloomer Girl on Pikes Peak; Rae Wilson, Patriotic Benefactor; Miriam Davis Colt, Utopian; and Katherine Lee Bates, author of "America The Beautiful." Karen Taylor presented our September educational on how important it is to keep our brain active as we age. After she was through with her presentation, she gave us a brain quiz. In August, a group of our chapter members took 24 hours of food to the Action Center's Homeless Shelter. Until next time, enjoy our beautiful Colorado Autumn!

Zeta Rho, #1774 Aurora Submitted by Shirley Telinde

educational this year to the Outstanding Women of Colorado. We decided the Greek Goddesses were just a little too racy for our old ladies. We had 6 members attend Fall Board in Loveland, had a blast. The Friday night event was a first. We went on a scavenger hunt. The meeting on Saturday flowed right along had a wonderful guest speaker. The plans for our auction/luncheon are moving forward. Have a theme, decorations, menu planned. Going to have some news items this year, so hope you all will join us for a fun day of eating and shopping. That's all for now.

FORMS AND REGISTRATION INFORMATION

State Convention – May 19th-21st, 2017 – Mark your Calendars! Registration form

Colorado State Council - Proposed Budget 2016-2017

Zeta Rho – Auction Luncheon – November 5, 2016

Vintage and Devine Holiday Tea – December 10, 2016

Denver Alpha Council Christmas Party – December 3, 2016

Colorado State Council

Proposed Budget 2016 - 2017

Income:

Chapter dues	BL art. 9, sec. 1	29 @ \$25.00	\$ 725.00
Member dues	BL art. 9, sec. 1	300 @ 12.00	\$ 3600.00
Council dues	BL art. 3, sec. 2	5 @ 20.00	\$ 100.00
Convention City	SR 13F		\$ 80.00
Pin fines	SR 5		\$ 15.00

TOTAL INCOME:

\$4520.00

Expenses:

Officers Working Fund	SR 6A		\$ 500.00
Golden Lamp	SR 6B		75.00
President – Leadership	SR 7A-1		150.00
Yearbook Expenses	SR 7A-2		350.00
Stationary	SR 7A-3		25.00
RMRC	SR 7A-4		115.00
Pres. Convention Asm't	SR 7A-5		20.00
Leadership Conference	SR 7B-1		625.00
Charm Advance	SR 7B-2		500.00
Chaplin	SR 7C		100.00
Edu./Workshop Coordinator	SR 7D		100.00
Scrapbook	SR 7E		100.00
Awards Chairman	SR 7F		100.00
IC Delegates Fund	SR 7G		620.00
Web Site	SR 9		275.00
Convention, Pres./State Rep.	SR 10		280.00
Awards – Certificates	SR 11E		50.00
Convention Working Fund	SR 13F		80.00
IC Candidates Fund	SR 13A		150.00
Member serving on IC	SR 15B		150.00
IC Campaign Ad	SR 16		50.00
IC Dues	BL 7-9C		45.00
RMRC	BL 7-9D		25.00
State of Colo.			10.00
Flag purchase			25.00

TOTAL EXPENSES

\$4520.00

Bank Balance as of August 31st

\$7711.00

Zeta Rho's Annual Auction/Luncheon

"Come join the Fun"



Date: November 5, 2016

Place: United Methodist Church
44th and Kipling
Wheatridge, Colorado

Cost: \$10

Time: 11 am ~ Browse
12pm ~ Lunch

RSVP by October 26, 2016 to:
Shirley Telinde 303-829-2685 or smtel@comcast.net

Vintage & Devine Holiday Tea

Join us at the historic Manor House
For a day filled with Traditional Tea Fare

Holiday Cheer, drawings, homemade baked goods & more!

December 10, 2016

11:00 – 2:00 (TEA SERVED AT 12:00)

\$35.00 PER PERSON

TICKETS SOLD IN ADVANCE (NON REFUNDABLE)

LIMITED SEATING - VISA AND MASTERCARD ACCEPTE

Tickets purchased before November 15th will be entered into
The “early bird” drawing for a Kindle Fire HD

Hosted BY EPSILON EPSILON

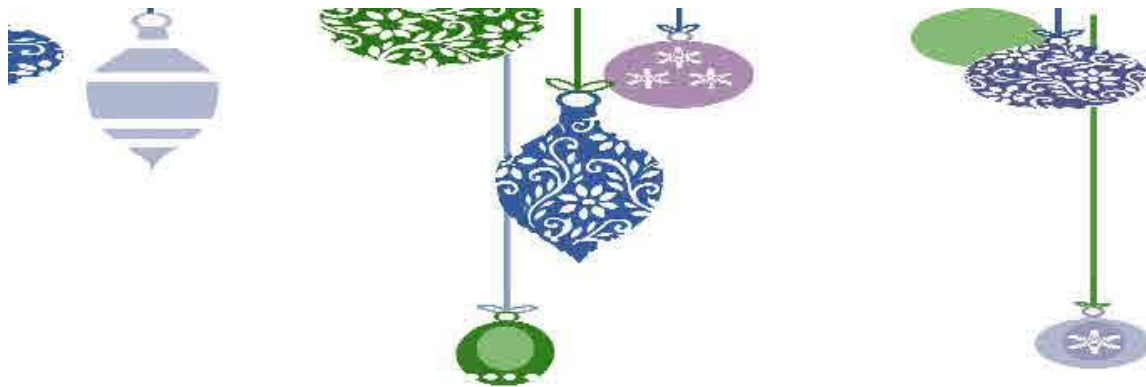
CONTACT KATHY GARRISON

303-791-6859 KGTDYBEAR@COMCAST.NET

Hope to see many of you at the Manor House

The Scribe





*YOUR INVITED!
DENVER ALPHA COUNCIL
CHRISTMAS PARTY
"THE COLORS OF CHRISTMAS"*

DENVER ALPHA CHRISTMAS PARTY!

WHEN: DECEMBER 3, 2016

TIME: 11:30 A.M.

WHERE: WESTMINSTER ELKS LODGE

3850 WEST 69TH PL.

WESTMINSTER, CO 80030

MENU: CHOICE OF PORK LOIN OR GRILLED CHICKEN BREAST

AND ALL THE FIXINS

PRICE: \$20.00

PLEASE RSVP BY NOVEMBER 18, 2016 TO VICKIE MARTINEZ 303-936-5658

PLEASE SEND ONE CHECK PER CHAPTER AND CHOICES TO

LOYDETTE KNIGHT

AT 34479 COLUMBINE TRAIL WEST ELIZABETH, CO 80107