



“Let Your Inspiration Spill Over to Others”

ESA Sisters—I hope everyone has had a wonderful summer so far. It has quickly sped by for me. IC Convention has been the highlight of my summer. It was such a wonderful time up in Loveland. I was very humbled by the flag ceremony. It was such an honor to carry the flag for Colorado, in my home town, in my home state. What a way to start the week off!! There were so many wonderful parts to the week, it is hard to break it all down. I don't want to leave anything out. Here are just a few snippets... We had a Colorado Team for Trivia that consisted of Leslie Stevens, Chloe McClantoc, Debbie Spears, Kathy Garrison, Pam McGee, Charlotte Carloni, my daughter-Jenna Ellingson and myself. We had such a great time...AND...we were not too many points behind the winners. We laughed, and laughed, and you know in my book that is what counts. The St Jude Challenge was a Paint and Pour. This is one of my favorite things to do. So I was right in my element. At my table there were some of the gals from Wyoming along with Yvonne Ferrell, Mary Humphrey and Alice Robinson, and myself. It went pretty fast, even for me. My fondest memory of that night was when Alice would call out to the teacher “Wait, you need to slow down for the blind lady!” For a blind lady, that Alice sure knows how to paint! I couldn't see much difference in her painting and mine. Saturday night another highlight for me was seeing Bernice Elich and BJ Marshall receive their 65 Year Service Pins. I had the honor of sitting next to BJ that evening. She was telling me that they both started in Pueblo but they were from different chapters. I am in awe when I think wow, 65 years ago, who would have ever thought they would be honored, together, at the International Convention for all their years of service to ESA.

Our own Sandy Alexander was elected First Vice President. Wow, that means we need to start saving and planning to be there when she is installed next year in St Louis!! The culmination, of course, was Colorado getting first place in the ST Jude monies!! We were all pretty wound up and excited, Saturday night, when the award was read. We really need to be proud of all that we have done for St Jude. Everyone worked very hard this past year to make that happen. Just remember all the small things and all the big things matter, you matter to ESA. Without you we would not have been awarded the Top State for St Jude. Congratulations, my sisters. I am Colorado Proud!! As you can see there are many things this summer that have inspired me. I hope you have had an inspiring summer too. I look forward to Fall Board with much hope and anticipation of precious time spent with my sisters and lots of laughter.

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Love in ESA
Kathy Ellingson
Colorado State President 2016-2017

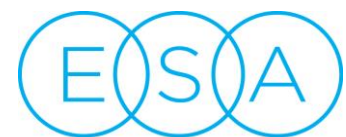
Colorado's Inspired Wire Golden Lamp Issue I

Let your Inspiration Spill Over to Others - President's Message

The Brave & Bold - Officer's Reports

A Sister's Canvas - Chapter/Council Reports

Beauty within ESA - Humor / Celebration / Happenings



EPSILON SIGMA ALPHA

BEAUTY WITHIN ESA

✚ To inspire is to let another feel the presence of something greater than himself or herself. This presence effortlessly sparks, kindles, animates and fuels the possibility with a sense of limitlessness. It also gives grounding to the vision. The kind of grounding that a possibility requires to turn into an opportunity.

THE BRAVE & BOLD - OFFICER'S REPORTS

Easter Seals Coordinator – Susie Morris

Hello, my name is Susie Morris from Sigma Rho of ESA. This is my 4th year in ESA and I'm excited to learn more about Easter Seals, their needs and how ESA can help. June 7th Mary Guida got the ball rolling by inviting us to do 1300 Easter Seals Mailings. Thank you ladies for all your help, as I'm still putting names with faces. June 20th I met with Lisa Dokter to start planning possibilities for this year. June 26th I met with Katie Dockery at WINGS for even more ideas. June 27th was ESA CO State President Kathy Ellingson's Executive

Board Summer Planning Meeting. We sold 8-WINGS card 10 packs for \$20 each = \$160.00!!! October 1st is Clean-Up Day at Easter Seals Camp. Joyce Fuller has GREAT ideas for Convention, so I'm extra excited to be a part of Easter Seals. We'll be having more mailers, painting party options, selling more cards, calendars, collecting change and I will keep you posted via email. I so need your help, time, and support, so please contact me via email: smilesatyou@gmail.com on ideas and encouraging words. Thank you so much.

St. Jude Coordinator – Chloe McClantoc

The officers decided that they wanted to have a Colorado team do the virtual walk for St. Jude. We now have a team fundraising page for this. Our team name is Be Inspired. Here is how to get on the team. Go to <http://www.stjude.org/walkrun>. You'll need to register or sign up if you've never participated in the walk/run. If you don't want to remember another username and password you can sign up/sign in using a social media account. Next you'll need to select "join team" and the

team name again is, Be Inspired. Our team goal is \$1,500.00 which I know we can do. The walk is September 24, 2016. St. Jude's night at Chili's Restaurant will be September 21, 2016. We will be having drawings at Fall and Spring Board as well as State Convention. \$200.00 of the monies we raise through these drawings will be used by the incoming State President to participate in the I.C. Challenge for St. Jude.

Golden Lamp – Laura Wilson / Marlene Hewitt

In the way of introductions, Laura and Marlene would like to state we are looking forward to the inspiration you all will be sending over the wire in the coming year. Thank you for sending in your news and articles as we enjoy hearing from all. Comments may be emailed to Marlene Hewitt at marlenehewitt6490@comcast.net or Laura Wilson at laughw11@gmail.com.

A SISTER'S CANVAS - CHAPTER/COUNCIL REPORTS

To my Colorado ESA Sisters – I thank you for the wonderful outpouring of good wishes. I've read the cards many times and have thought of you. Thanks also for the opportunity to be a convention meeting - it was

**A Special Thank You
Submitted by Betty Turetzky**

so good to see all of you! A very special thanks to Joan Snyder, Awards Chair, for the beautifully engraved silver- star! I'll be thinking of all of you at the I.C. Convention. Love in ESA.

Thank you! Thank you! Thank you! I want to thank everyone who stepped up and helped set up and take down the centerpieces for the Saturday night banquet at I.C. With your help the job was done in record time. I

A big Rocky Mountain thank you to everyone who attended, volunteered, setup for the events, chipped in when needed, provided a helping hand without being asked, and helped in many other areas! You made 2016

Hi all we really really need your help on some of the weekends at the Dream Home as the campaign is in full swing. The house is located in the Tollgate Crossing community in Aurora which is east of E-470 and south of Quincy, near Southlands Mall. We'll be open every Saturday from 9am to 5pm and Sunday from noon to 5pm through August 28th. We all need to try to help with this State Project. As most of you have heard Colorado took first place at IC with our Dream Homes. We, the members, committed to do this project so everyone needs to help out. We do need more Games Managers

Signup Genius link <http://www.signupgenius.com/go/30e0545a8a629a1f58-open/>

Zeta Rho hasn't slowed down since they hosted the 2016 State Convention. We all got together for our end year party at St. Andrew's Retirement Center on June 18th. We had several guests, new state President, Kathy Ellingson and our new in-service officer, Kerry Date. Vickie Martinez also had her sister and two nieces from California. We had a wonderful lunch and lots of fun guessing who our secret sister were and drawing for new sisters. I'm happy to report that 5 members attended the IC convention In Loveland. They were, Cleo Cineas, Marlene Hewitt, Jody Karr, Loydette Knight, and Vickie Martinez. They reported that they all had a great time. Jody Karr was in the newly installed IC President, Sherry Day's (Arizona) honor guard. They both served as their state president in 2002-2003. Several of our members have been helping out at the 2016 Denver Dream Home office every week. They help get the tickets sorted and ready to be mailed out after they are printed. Now we see first-hand how much work the games managers go through with each new home that is given away. The

**I.C. Banquet Chairman
Submitted by Rita Martin**

would also like to thank everyone for the many cards I received during my health problems. I am now off oxygen and my blood has stabilized! Thanks again!

IC Convention 2016

Submitted by Mary Humphrey & Bobbie Massey

ESA International Convention a success! We have received compliments from many attendees and the hotel staff. The Rocky Mountain Regional Council states went above and beyond "Reaching New Heights in ESA."

St. Jude's Dream Home

Submitted by Vickie Martinez and Mary Humphrey

also contact Mary or Vickie. To sign up online all you have to do is go to the site: SignUpGenius where you can register the dates and times you are able to volunteer. If you cannot login, please contact Vickie at 303-912-3161 to get registered. It is a great time to visit with you sisters and lots of very nice people. We have a Sellathon August 19th from 5:45 am to 9 am and again from 4 pm to 8pm. Your help is needed to staff the Sellathon and the Open Houses. Please contact either one of us to get on the schedule. The giveaway is September 1st on Fox 31 and Channel 2 between 5 and 9am. Please help out!!!!

**Zeta Rho, #1774 Aurora
Submitted by Shirley Telinde**

chapter held a card making workshop on July 9th at St. Andrews's. Member, Lorie Moore brought a lot of stamps and showed everyone in attendance new and beautiful ways to make all kinds of cards, some of which will be put in our auction/luncheon. We had a great time. We held our chapter planning meeting on July 30 at St. Andrew's Retirement Center. Planned out the coming year, chose the theme for the Auction/Luncheon to be held on November 5 at Jefferson Avenue Methodist Church and a theme for our Christmas Basket we raffle off at Denver Alpha Council's Christmas Party. The Auction/Luncheon theme was picked so the committee is in full working mode to get all the decorations, food choices and all the details worked out. We hope to see all of our sisters come and join us for a full filled afternoon. Invitations have been handed out or mailed to all state officers (elected and appointed) and chapters along the front-range. Hope to see a lot of you there. Until next time, see everyone at the fall board meeting.

FORMS AND REGISTRATION INFORMATION

Fall Leadership - Mountain View Presbyterian (Loveland) - September 16&17, 2016

Save the Date - State Convention - May 19th-21st, 2017

International Convention - Reporter-Harold Staff Writer - Michelle Vendegna

Colorado State Council



Fall Leadership

Mountain View Presbyterian Church

Loveland Colorado

September 16 & 17, 2016

Registration \$50 per person

Name _____ Phone _____

Street _____ Chapter _____

City _____ Zip _____ Chapter # _____

Special Dietary Needs _____

Make Checks Payable to: Kathy Ellingson

Mail registration form to: Phyllis Minch
1805 Bonny Drive
Loveland, CO 80538

Fairfield Inn and Suites

1710 Foxtrail Drive

Loveland, CO 80538

(Located right off the interstate in the Target Shopping Area)

Save the Date

May 19, 20 & 21, 2017

What Really Happened in the West??

State Convention Hopes to show you our
version!!



**Ride
em
cowboy**

The logo features the words "Ride", "em", and "cowboy" stacked vertically in a bold, distressed, serif font. A long, thin, black decorative flourish starts from the top left of the word "Ride" and curves around the top and right sides of the text.

International Convention
By Michelle Vendegna
Reporter-Harold Staff-Writer

The Rocky Mountain Regional Chapter of Epsilon Sigma Alpha hosted the organization's international convention in Loveland last week at the Embassy Suites Convention Center. "every one, there is something different. They always have something for ESA Foundation, always have something for St. Jude's..." said Bonnie Gilmore, member of the local Gamma Chi chapter of ESA for 40 years. Then there is the local project. At the convention Friday, they made valentines for their Hope for Heroes project to be sent in February with the Loveland cachet and postmark. The convention had 375 participants from 35 U.S. states as well as a few people from Australia.

To become a convention host, each regional chapter puts in a bid and then it's reviewed to see if there are sufficient accommodations for the group. The non profit service organization internationally raises funds for St. Jude's Research Hospital, started by Danny Thomas, and Easter Seals. To date, they have raised \$222 million for St. Jude's.

Rita Hodap from Tucson, Ariz., has been part of the group for 42 years. She joined when she moved from Chicago, Ill. "I met my next door neighbor who was in it and I wanted to meet other people," she said. She started traveling to different conventions, more so after her kids were grown and her husband passed. She said her favorite part is getting to see all the people she has met from other places. She also has great memories from when she first started and was elected St. Jude's chair for Arizona.

"I was at conventions when Danny Thomas was there. I met him. I talked to him," Hodap said. The international convention is not only a chance to see each other again but to also appoint new international board members and gives the groups a chance to talk about their local projects.

"Each chapter does local things that help for their community," said Pam McGee, a Gamma Chi member for 25 years, "Our chapter has been doing a lot for Project Self-Sufficiency, Community Kitchen, WINGS, the list goes on." It's been 20 years since Colorado has hosted an international convention and a lot has changed since then for the group both on the local and international scale. Since then, the predominately female group has seen its first men join, they have joined Facebook and had to alter how they do things to coincide with the times.

McGee said when it started it was a way to get those women at home out into the community. "Probably when this started more women were home during the day. Not all, because we have always had working women, but there were more I think at home that wanted an outlet, she said. Chris Dostal of the Loveland Sigma Rho chapter has noticed changes in just the 10 years she has been a member. When she joined the group's primary focus was catering to raise funds but as the older members retired from the group and the younger member's didn't have time, they had to change their focus on things.

"As you get older change is harder," McGee said. "What I am really seeing is that we are going to have to change. Change, I don't want to say drastically, but enough to make this for the younger women who want to join." McGee said that compromises have to be made while trying to keep traditions intact. "We are no different than any other organization, we are just having to try new things for membership," said Gilmore. The goal of the group has always stayed the same. Gilmore said she joined to help the community. McGee and Dostal were both invited by friends. "I think when it's friendly like that" said McGee, "and they come and see what we do, you're more apt to do that than if you get the feeling that you have to know somebody." The group has offered camaraderie as well as a chance for members to use their skills. "I am one of those that is more comfortable in the back of the room. I've progressed to being state president. It gives you opportunities to use your talents," Gilmore said. It offers its members a chance to socialize outside of their family or work. "All of it is social, not only the women you work with but the public. That's always fun," McGee said.

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