

“The future belongs to those who Believe in the beauty of their dreams.”



## A WORD FROM THE PRESIDENT —



The colors have been unbelievably brilliant this fall! With the weather so warm, it's hard to 'believe' that the Holiday Season is just around the corner. I'm sure Mother Nature will send a white blanket of snow to give us a subtle reminder.

Thank you to my chapter sisters for their assistance with Fall Board, making the centerpieces, preparing and serving the meals. The weekend began with a celebration reception Friday afternoon at the 2012 Dream Home in Castle Rock. This was a thank you for all "you" have done for the Kids at St. Jude; plus a tour of the home. Friday evening kicked off with representatives from ALSAC joining us as our special guests; they gave us an overview of their functions and answered questions regarding the Dream Home project. With their busy schedules, we were fortunate they could take time to meet with us. We topped off the evening with a "Hope for Heroes" project, packaging snack items for the military that drop in at the United Service Organization (USO) at Denver International Airport.

Continuing with the Hope for Heroes theme on Saturday, Mary Guida gave us a brief history of the USO. Guest speaker Sheila Wadsworth, an Army Reservist, spoke on her experiences serving as a surgical nurse at Landstuhl Army Medical Center in Germany. A donation was made in her name to the Wounded Warrior Project. Yvonne Farrell set up a display with WWII memorabilia of her father's.



During lunch, the Lamplighters presented Colorado's 65<sup>th</sup> Anniversary video; they also displayed the dresses they wore for their installation ceremonies. While dessert was served, we were introduced to "Friends are life's dessert...Celebrate Choctober with ESA". Even though October was designated recruitment month, I challenge you to continue the year sharing ESA with "A Taste of Chocolate ~ A Taste of ESA". New members mean new ideas, enthusiasm, and more willing hands to help with fundraising and philanthropic projects.

Two St. Jude "Give thanks Walks" are being held Saturday, November 17th; one at Denver City Park and one in Loveland at The Promenade Shops at Centerra. If you cannot walk, you can sponsor someone who is walking; 90 walks are being held nationwide.

Several of us visited Salida, the 2013 Convention City, last week; the weather was perfect. Our Alpha Omicron sisters are busy planning for your arrival next May to celebrate "Country Living

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The Golden Lamp of Colorado

## A WORD FROM THE PRESIDENT – (continued)

in the Heart of the Rockies.” I’m pleased to announce our International Council (IC) representative is Dora Dill, IC Senior Past President.

Plans are being finalized for Spring Board March 8 and 9<sup>th</sup>. We are planning a philanthropic project to support Women in Crisis; details will be provided later.

IC President, Suzy Winters challenged all State Presidents to conjure up a magic potion that includes various ingredients. She will be presenting the State President’s Magic Maker Award at the 2013 International Convention Recognition Event in Norfolk, Virginia, next July. As I looked at her ingredients, I discovered we were using some of the same ones:

Charter a new chapter.

Participate in the “Choctober Membership Campaign” and increase membership during the month of October.

Participate in a philanthropic project to support “Women in Crisis”.

Participate in a Hope for Heroes event.

Participate in an Easter Seals event.

Participate in one sanctioned ESA for St. Jude event.

Sharing details about a “Celebrate ESA” event.

I ‘believed’ a few other seasonings needed to be added to the potion. Your help is needed to ensure we have the right brew; you’ll find these other spices in the Yearbook:

**Membership:** Charter two new chapters and increase membership (includes reinstatements).

**Foundation:** Fund a life Active Membership for Colorado State Council, double the number of chapter’s who have 100% membership, and increase the number of chapters and individuals who utilize the Turn-Around Funds.

*Fund the life active membership through the sale of a Colorado pin (see Shirley’s article).*

**Communications Team:** Form a team which includes the Web Team, Golden Lamp Editors, and Publicity Chairman. *Great job team; lots of information has been shared!*

*Check out the “About Us” page on our website. Lots of history and notice the group picture. Candie Patino has spent a few hours on this project.*

*Check out the Yearbook page on our website. It includes all the Yearbook information in one area, plus a link to the ESA Ideals and Rituals.*

*Check out our Colorado Facebook page. Please join and post your events or send to Chloe McClantoc.*

**Golden Lamp:** Appoint a Co-Editor. Include articles profiling Chapters and Councils with tidbits about their history and accomplishments and a Chaplain’s corner.

*Thanks to Pat Frisby and Linda Maes for co-editing. Let them know if you like the new format; they too have spent a few hours on the format. Send them your profiles; you all have so much history to share.*

**Publicity:** Increase publicity in the Jonquil (this includes the Newsroom under the Member Center).

*Submit your articles and photos to Charlotte at [charottec@epsilonsigmaalpha.org](mailto:charottec@epsilonsigmaalpha.org) or mail them to HQ.*

Provide technology workshops at board meetings.

*At Fall Board, a workshop was given on the Web page and how to setup your Facebook page.*

*Let me know other presentations you would like to see.*

**Distinguished Achievement Award:** Present to a non-ESA member (male or female). (This was formerly known as the DIANA Award.)

**Hope for Heroes project:** Host a project and celebrate our freedoms.

*Many of you do this already; kudos and keep up the good work. Submit your articles in the Golden Lamp.*

*A “Believe in Heroes” coupon insert was in the November 4, 2012, Sunday paper supporting the Wounded Warriors.*

As we enter into November, a month for thanks and giving, remember that we often take for granted the very things that most deserve our gratitude. “Let us remember that, as much has been given us, much will be expected from us, and that true homage comes from the heart as well as from the lips, and shows itself in deeds.” by Theodore Roosevelt. You all are very special in all that you do; a big Thank You!

I would like to wish each of you a Happy Thanksgiving and a Very Merry Christmas. May you enjoy the holiday spirit with family and friends.

‘Believe’  
Mary Humphrey  
Colorado State President

# Officer Reports

## President-Elect

Can someone please tell me where October went? Hard to believe that



Christmas is just around the corner. **JUST A QUICK REMINDER: ALL NOMINATION FORMS FOR STATE OFFICES ARE DUE TO ME NO LATER THAN FEBRUARY 15, 2013. Nominations forms were placed in chapter and officer packets at Fall Board and can also be found on the Colorado State website.**

What a great Fall Board meeting. President, Mary Humphrey, made time for us to have a workshop on running for office. I asked the Lamplighters to chair each table, and I thank them for helping out. I passed out cards with four questions on them:

### 1.) What are your apprehensions on running for a state office?

- You have no idea what the office duties are and what are the time restraints.
- Some of you said that you were new but were interested in learning more.
- The cost and the fact that it is a long term commitment.
- Health problems.
- Not liking the competition part of running for an office.

### 2.) Is there an appointed office you thought you would like to do but no one asked you?

I want to thank those of you who put down an appointed office you are interest in doing. I will be getting in touch with all of you.

### 3.) What would you like to see us do at our next Fall Board Meeting? Is there a special Hope for Heroes project your chapter has

### that we can participate in?

- You said you would like to have a veteran or someone in the military come and talk on Friday night and have some type of Hope for Heroes project at that time. Possibly writing letters to our vets. You have asked for more seminars, workshops on duties of our elected and appointed offices.

- Workshops on chapter offices.
- Workshops for new members explaining our organization.
- Read letters from Colorado scholarship winners.
- Leadership training on Friday night.

### 4.) Are there changes you would like to see happen for next year?

- More communication to all members. Reminders on what will be coming up at the board meetings.
- Would like to see younger members participating.
- Chapters having raffle items.
- More technology workshops. More advance notice of the board meeting and what activities are planned.
- Would prefer to have one location for hotel and Board meeting.
- Have more fun.
- Eliminate unwritten law that once someone has become a Lamplighter they are no longer eligible for an appointed office.

It was great reading all your comments. I have asked for time on Friday night at Spring Board this coming year to have a workshop on the duties, responsibilities of elected and appointed offices. You can find all the Officers Guidelines at [www.esacolorado.org](http://www.esacolorado.org). You are always welcome to ask me questions as well as any of the officers or Lamplighters.

Joan Snyder



JR. Past President

## DISASTER FUND

Seasons Greetings to my wonderful Colorado Sisters. My hopes are that you have a wonderful holiday season filled with family, friends and peace. But please keep in mind your sisters that are going through difficult situations and please donate as generously as you possibly can to the Disaster Fund. My goal for this year is \$5,000.00 and we are presently a long way from that amount. We give so much to other organizations, please this year – give to each other. The Disaster Fund Form is on the ESA Website, and, if you have any questions, please call or email me. 970-249-1434 or [cwestlake@hotmail.com](mailto:cwestlake@hotmail.com).

Merry Christmas to all,

Cathy Westlake

Disaster Fund Chairman

# Officer Reports ( continued)

## CORRESPONDING SECRETARY

I hope you all have enjoyed our beautiful fall and now

here we are just a few weeks from the start of the holiday season. Below I have listed Colorado State Yearbook changes



received after the September Fall Board meeting in Castle Rock. I will continue to advise you of any additional corrections/changes. Please notify me at 303-841-2084, [myfarrell@msn.com](mailto:myfarrell@msn.com) or 6167 N. Belmont Way, Parker, CO 80134.

## LAMPLIGHTERS

Lamplighter's Addresses page

Bobbi Hawkinson - 549 Ash Ave.

e-mails [bobbig@ria.net](mailto:bobbig@ria.net) and [bobbih@ywelectric.coop](mailto:bobbih@ywelectric.coop)

## ALPHA OMICRON

Colo. Chapter Presidents & Treasurers page - Anita Miller

Delete home phone number and old e-mail address

Add new e-mail as -

[anitamiller629@yahoo.com](mailto:anitamiller629@yahoo.com)

Phone 719-221-9710

## Officer Page

Change Anita Miller as listed above Treasurer on Colo. Chapter Presidents & Treasurers page

Vivian Poe's address is 910 J Street, A-2, Salida

## CHI KAPPA

Colo. State Council Outstanding Woman of the Year page

1989 Phyllis Vrbas - chapter # is 5129

Colo. State Outstanding Chapter page

2006 and 2011 - chapter # is 5129

## Colo. Chapter Presidents & Treasurers page

Betty Ziska's e-mail -

[bziska1921@gmail.com](mailto:bziska1921@gmail.com)

## DELTA CHI

Colo. Chapter Presidents & Treasurers page

Delta Chi, Akron - number is 5052 not 3052

## OMEGA CHI

Colo. Chapter Presidents & Treasurers page

Peggy Kelly's e-mail is - [garykelly400@msn.com](mailto:garykelly400@msn.com)

## THETA ETA

Colo. Chapter Presidents & Treasurers page

President - Carolyn Rush  
1761 S. Deframe Street  
Lakewood, CO 80228  
303-986-3460

e-mail

- [rushgreenmountain@msn.com](mailto:rushgreenmountain@msn.com)

## ZETA RHO

Colo. Chapter Presidents & Treasurers page

Vicki Martinez - phone number is 303-936-5658

## SPRING BOARD 2013

### SAVE THE DATE

**MARCH 8<sup>TH</sup> AND 9<sup>TH</sup>  
2013**

Spring Board is scheduled for March 8<sup>th</sup> and 9<sup>th</sup> 2013 in the Denver area. Additional information will be sent at a later date and will also be posted on the Colorado Website. We are planning tours at Children's Hospital and Ronald McDonald House on Friday afternoon, March 8<sup>th</sup>, before the start of the Spring Board Meeting. We are also asking members to save their pop can tabs to be donated at that time. We are looking forward to a wonderful weekend.

Love in E.S.A.,

Yvonne Farrell,

Corresponding Secretary



Chaplain - Kathy Garrison

Prayer Concerns

September 1, 2012 - October 31, 2012



*Wishing you always...  
Walls for the wind,  
A roof for the rain  
And tea beside the fire.  
Laughter to cheer you,  
Those you love near you,  
And all that your heart may desire.*

Sister Death	Theresa Novak Pat Overall Norma Allen	Alpha Delta, Pueblo Theta Eta, Denver Gamma Tau, Denver	Passed away 8/17/2012 Passed away 10/10/2012 Passed away 10/13/2012
Sister Illnesses	Dorothy Roy Jan Coates Grace Harrison Waunita Berkman Aggie Woodward	Chi Kappa, Denver Alpha Phi, Golden Alpha Omega, Pueblo Delta Theta, Denver Gamma Kappa, Denver	Congestive Heart Failure 8/23/2012 Surgery 9/4/2012 Surgery 9/5/2012 Fell 10/10/2012 Medical issues 10/29/2012
Family Death	Helen Daurio Dixie Daly Pat Peters Dorothy Roy Maryanne Martin Nancy Benenate Jan Coates	Alpha Delta, Pueblo Sigma Rho, Loveland Gamma Kappa, Denver Chi Kappa, Denver Chi kappa, Denver Gamma Chi, Loveland Alpha Phi, Golden	Husband Louis passed away 8/7/2012 Husband Ed passed away 8/19/2012 Father passed away 8/25/2012 Sister passed away 9/1/2012 Sister passed away 9/1/2012 Husband Joseph passed away 9/30/2012 Son David passed away 9/11/2012
Family Joy	Aggie Woodward Candie Patino	Gamma Kappa, Denver	New Great-Grandchild 9/5/2012 New Grandchild 9/27/2012

## Personal Notes from Sisters

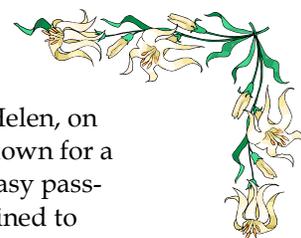
My Dear Colorado Sisters,

From my heart to each of you in sending me condolences in the passing of my sister, Helen, on August 31st. She went to Reno with her 2 daughters for a family get together. She lay down for a nap in the afternoon and didn't wake up. The Lord Blessed her in an easy passing. She loved the Lord and that was her reward. Now that I am confined to assisted living and having multiple health problems, I realize how much our sisterhood practices our motto in good times and bad.

So, again, Thank You for the lovely get well cards and flowers. I love you all and miss you and our functions.

God Bless you Today - Tomorrow - and Always.

With affection,  
Dorothy Roy



# Committee Reports

## Awards

**Correction:** September ESA Foundation, the following endowment was missed: Nancy Cameron Honorarium General Endowment - \$1,000 to Ryan Humble of Marietta, GA

## Colorado State Book Club

### Recommended reading:

Extremely Loud & Incredibly Close  
By: Jonathan Safran Foer

Hangman's Daughter  
By: Oliver Pötzsch

Tallgrass  
By: Sandra Dallas



### ESA FOUNDATION

This year, we are selling a Colorado state pin to fund an ESA Foundation Life Active Membership for the Colorado State Council. The pins are silver plated with clear rhinestones; the first letter is 13/16ths inches tall and the remaining letters are 9/12ths.

The cost of the pins are \$15; of that, you may count \$9 on your Philanthropic Report as a donation to ESA Foundation. Contact either Shirley Clayton at [dasclaytaon@tds.net](mailto:dasclaytaon@tds.net), 970-856-3842; or Mary Humphrey at [marykh@tds.net](mailto:marykh@tds.net), 303-981-1315 to reserve your pin. This would make a great gift for your Secret Sister. The pins will also be available for sale at Spring Board.

—Shirley Clayton

## Easter Seals

First, I want to thank all of you ESA sisters and your husbands for coming to the Easter Seals clean up day, we did have a good day and a great tour of the facilities. This was my first trip and I was amazed at all the different events that are offered to the campers. Wow.

In chatting with two of the Directors, Cindy and Chris they mentioned again how they could use pillows, comforters and sheets. So on that note I am going to have a prize for the INDIVIDUAL ESA member that brings the most (1) pillows (2) comforters and (3) sheets. Remember this is for the individual not the chapter and please bring these items to convention rather than spring board. If I try to sneak one more thing into our garage I may be on the outside looking in. Ha

Should you ask a merchant about getting these items for less I have a letter from Easter Seals that you can give them. Just let me know and I will email it to you.

I wished that we could find someone that would donate some twin size mattress's they sure could use them. So, should anyone have a connection, please let me know, it never hurts to ask...These campers deserve all the comfort of home!!!!

Cindy also shared with us that in May they have a prom for those of age and they could use some prom dresses, etc.

Thank you sisters for helping me to make this a great year for Easter Seals, they are so deserving.

—Phyllis

**"It isn't the magic in ESA that makes it work; it is the work we do in ESA that makes it magic."**

# Committee Reports (continued)

## Dream Home 2012

### Dream Home 2012 Update

"It's official! This morning (September 20<sup>th</sup>), with our friends from ESA, we gave away a beautiful house and raised \$1.15M for St. Jude. It took so many incredible people and internal departments to make this campaign a success. We had some major hurdles this year; we were able to overcome the Colorado wildfires, the Aurora shootings, election coverage, the Olympics....and we still were able to sell all 11,500 tickets."

From Tara Moyer  
Regional Director – Region 14.

ALSAC representatives Tara Moyer, Stacey Jones, and Paty Perez joined us Friday evening at Fall Board. Tara explained the realignment of the Denver ALSAC office under Mountain Region 14. She has been named Regional Director with Stacey Jones as the Associate Director. The region now encompasses both the Denver and Seattle offices and eight states: Colorado, Utah, Wyoming, Idaho, Montana, Washington, Oregon, and Alaska.

It was enlightening for those in attendance to learn how many partners it takes to make a Dream Home a success. Tara Moyer asked members to stand and represent each partner as she explained their role:

1. Colorado Secretary of State Office
2. ALSAC Construction Team
3. ALSAC local Denver Staff/Office
4. ALSAC Legal Team
5. Oakwood Homes (Builder)
6. Town of Castle Rock
7. Castle Rock Development Corporation
8. KDVR - Fox 31



9. ESA Individuals and Chapters
10. ESA HQ - Ft. Collins office/BJ's Team

The Dream Home Committee "Thanks everyone who made this Dream Home campaign a success! It couldn't have been accomplished without so many willing hands and big hearts." We "believed" we could sell all 11,500 tickets, and we did it! Kudos to all—

Nancy Cameron & Mary Humphrey  
Dream Home 2012 Co-Chairs

## Educational

### COLORADO STATE EDUCATIONAL DIRECTOR

First: To All the membership: A Happy and Blessed Holiday Season.

Second: To keep you on your toes, I hope you are working on your Educational reports and programs for your chapter.

I look forward to receiving your reports in the near future.

Third: The Fall Board was enjoyed by all that attended in Castle Rock, CO Sept. 21, 22.

I presented a program on the USO and how it was originated. and we had a military spokes women, Sheila Wadsworth that came to speak to us about her experiences in the military.

The big Highlight was that we stuffed bags the Friday night for HOPE FOR HEROES.

The bags were then delivered to the airport (DIA).

THANKS TO ALL THAT DONATED THE GOODIES AND THAT HELPED PUT THIS TOGETHER.

It was enjoyed by all.

Love In ESA

Mary Guida

# Committee Reports (continued)

## ESA for St. Jude

### Volunteer Opportunity

The Denver ALSAC office has recently been realigned under Mountain Region 14. Tara Moyer has been named Regional Director. The region now encompasses both the Denver and Seattle offices and eight states: Colorado, Utah, Wyoming, Idaho, Montana, Washington, Oregon, and Alaska.

With the realignment, there are new **volunteer opportunities** to assist the Denver staff with mailings, phone calls, and other event tasks for St. Jude Children's Research Hospital. **ESA has been asked to provide two volunteers every Friday from 9 a.m. to noon;** separate office space has been designated for the volunteers. ALSAC is presently organizing six "Give Thanks Walks" in their region. There is need right now for volunteers to help make calls for these walks. (There are two areas where calls can be made, they are pretty quiet) A script is provided for you and all necessary information.

The vision is for Chapters to select the Fridays their chapter can volunteer and decide within the chapter who will work in the office; carpooling is encouraged. Depending upon the number of chapters that volunteer, the rotation could be every two or three months. Would like to setup the first three months; select more than one Friday your chapter can volunteer:

November 16

November 23 - Holiday - Office Closed

November 30

December 7

December 14

December 21

December 28

January 4

January 11

January 18

January 25

The office is located in the Denver Tech Center at 5575 DTC Parkway, Suite 145, Greenwood Village. Exit I-25 at Belleview, turn right at DTC Parkway and follow to the office, close to the Athletic Club.

Please contact myself at [apmarty@hotmail.com](mailto:apmarty@hotmail.com) or 303-654-1256 as soon as possible designating the Fridays your Chapter would like to volunteer.

Pat Marty

ESA for St. Jude - Senior

**KYGO/ST. JUDE RADIOTHON**  
**The total funds raised for the ST. JUDE CHILDREN'S RESEARCH HOSPITAL on November 8th & 9th**

**\$ 212,050.00**

**Thank you Colorado !**

# State Chapter Happenings

## ALPHA GAMMA #176, DENVER, CO

Alph Gamma's get-togethers have been rather scarce this fall. The September meeting was primarily just enjoying one of Cathy's delectable lunches at her home. Discussion which followed was primarily about chapter matters but it was not a formerly constructed meeting so all decisions were postponed till the October meeting. And that turned out to be almost equally a non-meeting as only three members were present – insufficient for a quorum.

Two of our members, Shirley and Jan – attended the full board meeting in Castle Rock – enjoyed it much and were particularly impressed with the address given by the "Lady Warrior". Isn't it great that nowadays we women are finally finding our place in the formerly all-male ranks of life pursuits!

The craft project we reported on earlier has finally taken on wings. We had our first sale on October 26-27 at the Heather Gardens (Donna Lea's residence) Clubhouse and in spite of displays from many others, did fairly well. The left-overs will be for sale on November 1st at Oakhurst retirement community (Cathy's home), where we will have no competition. Our first idea of doing crafts as a group turned out to be impractical, so we have all been working individually at home "creating" - a lot of trial and error!

As usual I've left the only bad news for the end. Both B.J. and husband Doyle are in rather poor health as I write this. I am sure a word of cheer would be welcome.

Jess Summers

## GAMMA OMEGA AKRON #4306

Happy Fall to all of our ESA sisters across the state from the Mountains to the Prairie. Its been a long time since we sent a hello but we are excited to share information about what we are doing in the Gamma Omega sorority from Akron! Some of you may remember that one of our main fundraising techniques is the Ditzie Chix lip sync performances. Can you believe after over 10 years, we are still having fun with these events? We are busy planning and performing already this Fall. In addition, we have helped with the Community Garden in Akron and helped Washington County celebrate its 125<sup>th</sup> birthday. We even decorated the trees in pink ribbon at the Roadside Park in Akron for Breast Cancer Awareness month, (October) What fun we've already had!

This fall we are beginning our new term of offices. We are very excited to have Cindy Vance as our President. My how she has grown with ESA. She is always willing to jump in and do her best as our leader. Her theme for her Presidency is "Stepping Up and Stepping Out with ESA". This theme is represented by a pink high heel shoe.

Cindy is very committed to Breast Cancer Awareness. She participates in the Avon Walk for Breast Cancer awareness and loves the color pink. This is such an exciting organization! We have an awesome team of ladies for offices and we can hardly wait to get started. Our own Bobbi Hawkinson has really committed herself to the Dream House fundraiser. As a Lamplighter, she is still committed to attending the IC convention and we are lucky enough to stay con-

nected to ESA at the national level. I noticed that Colorado has received a lot of attention in the Jonquil – congratulations everyone.

Although our membership is a little down this year we plan on "Stepping Up and Stepping Out" with ESA and having the most fun we can while we are committed to helping the kiddos at St Judes, serving our community and educating ourselves in the process.

Take care sisters. Hopefully we can begin to "step up and out" to more state-wide events.

Kelly Chenoweth

## THETA ETA DENVER #2830

Our wagon train hit a couple of gopher holes along our path. Our scribe, Pat Overall passed away quite suddenly and our president chose to resign in order to tend to some family issues.

Like hardy pioneer women we circled the wagons to fill the gaps. Carolyn Rush is not our Wagon Master and Yours Truly has agreed to do the reports to State.

Eight of us attended the Vision Walk on October 13. On the 27th we joined the mountain men (significant others) for a night of pizza and playing domino-train.

Our craftiness is being pursued while making items to sell at a fair at the Lakewood Elks Club on November 24th.

So you see, we trek on our way.

Happy trails to all,  
Karen Taylor

# State Chapter Happenings

(continued)

## CHI KAPPA #5129

President Betty Ziska was installed on August 11 at a special meeting held at Dorothy Roy's Assisted Living Complex.

It was decided to hold meetings at Phylis Vrbas' residence with a quarterly meeting at Dorothy's. Copies of the minutes will be mailed to Dorothy to keep her current with our activities.

Speaker Chaplain Wanjiru Mukunga spoke about Project Adopt a Village, Gitombo, Kenya to which we gave a donation.

We sat the St. Jude's Dream home twice, attended Fall Board Meeting, donated jewelry to Foundation's fundraiser raffle, stuffed 170 snack bags for Special Olympics Bowling in Westminster, served dessert at Epsilon Council, met for a social luncheon at Panera Bread with one guest, Charlotte VonBayern, present.

President Betty's theme is "Learning and Growing with ESA". Our first educational given by Nancy Carray was on the founding and history of ESA. It was a good learning and updating for us all.

Our Christmas Party is scheduled for December 9 in a location to be determined - somewhere near Dorothy Roy's.

We are planning a Fashion Swap and a Dinner at Texas RoadHouse after the 1st of the year.

Seems like we are really fired up and ready to go.

Nancy Carray  
Golden Lamp Reporter

## KAPPA IOTA # 5442 Golden

My goodness! Our chapter is going full speed ahead!

The State Conference renewed our energy and reminded us of our commitments. It was so wonderful to visit with friends and to meet new members.

Congratulations to Joanne Klemovich for accepting the position of President.

With the installation of our officers and welcoming new member Anne Heathman, we have settled in to plan our year.

We are all very enthusiastic about our proposed fund raising events and fun activities.

Do you love garage sales? Kappa Iota will once again have our garage sale this summer. Whether you are shopping or would like to donate, keep us in mind!

Our Trivia Day will be held early next year. It is great fun, has awesome prizes, and a chance to get together.

We continue to do dinners at the Action Center on the third Tuesday of each month.

As always we are dedicated to working together with all of the ESA members to support our philanthropic objectives, as well as supporting each other.

Angie B

## EPSILON EPSILON #1896 DENVER

For our September educational we traveled to Georgetown to visit the Historical Hotel de Paris and the Historic Hamill House. It was a beautiful fall afternoon and the colors were so vibrant. We of course checked out all the quaint shops and then headed to Empire

for a delightful dinner at the Peck House. It is the oldest operating hotel in the state of Colorado.

We have been working on our Holiday Tea, December 8<sup>th</sup> 2012 to be held at the Arrowhead Golf Club in Roxborough. We have wonderful afternoon planned with live music, great food, drawings and great company. **THERE ARE ONLY 15 TICKETS LEFT SO DON'T BE LEFT OUT!!!!** Contact Kathy Garrison for a ticket for a great kickoff to the Holiday Season.

The Scribe

## ZETA RHO #1774

Zeta Rho is pleased to welcome a new pledge, Laura Wilson.

We are still getting ready for our Home Decor Swap but expect to have as much fun as we did last year at the Fashion Swap. Hope a lot of you were able to attend and had a wonderful time and got some stuff to change your decor.

For all the thespians out there, make plans to attend our Mystery Party in February. Make plans now and get your reservations as we will be assigning parts in January (after the holidays).

Congratulations to all the Colorado ESA members on another great Dream Home. Well done everyone.

Zeta Rho was well represented at Fall Board. We are marking our calendars to see everyone in March.

It seems like the holidays are coming sooner than we expect, but that is always the case. With the extra Saturdays in December, we can plan our own chapter party and still have time for both Denver Alpha Council and Denver Epsilon Council parties without any of them being on the same date! How nice is that? Have a wonderful Thanksgiving,  
--C. C.

# Council Happenings

## DENVER ALPHA COUNCIL

Our meeting was opened by Mary Guida, President, with 18 members present on September 26, 2012.

Mary Guida reported that the State Council Fall Board in Castle Rock was a big success and enjoyed by all.

Lisa Holt, Vice President, announced that Zeta Rho has 2 new members and Kappa Iota has 1. We all welcome Gladys Jean Dinwiddie back with us. She has reinstated.

Keep up the good work. Let's see if we can see more new members.

There is a "Thinking Of You" card shower for Pat Riley. She has been going through a very difficult time.

There was a card shower for Ruby Weave's 9th Birthday. Many Happy returns Ruby.

Jan Coates had surgery and lost a son to death.

Margie Satterfield lost her mother who was 105 years old.

Dee McAnich had back surgery.

As we hear about any of our members who are struggling, please let them know that we care by sending a card or make a phone call.

The Council's fundraiser will be October 18 at Gunther Toody's at 58th and Wadsworth. Council will receive a percentage of sales between 4:30 pm and 9:00 pm. We need at least 50 people or we receive nothing. There is a coupon on the bottom of your flyer to give to them when you pay for your dinner.

Plan an "Out To Dinner" night for your whole family.

Judie Tate will Not be collecting the "Coupons" this year. If someone else would like to step in and do this, let one of us know. Judie would be very happy to share all of

the information with you.

There was a lot of discussion on changing the council meeting from Wednesday evenings to the Fourth Saturday of the month.

There was a vote taken from all the chapters and the majority voted "Yes" to approve this change. This change will be effective with the March meeting in 2013.

December will be the DAC Christmas Luncheon hosted by Beta Alpha. This will be at Parkhill Country Club, 4141 E. 38th Ave., Denver, Co. 80207.

Time: 11:00 am to 3:00 pm. Will we see you there?

There were several awards received by Colorado at the International Convention.

**WAY TO GO COLORADO**

# Rocky Mountain Regional Council

## BID FOR INTERNATIONAL CONVENTION 2016

Rocky Mountain Regional Council will be submitting a Preliminary Bid to host International Convention, July 2016. At this time, other Councils may be submitting bids to host the Convention, therefore, RMRC is not the winner of the Bid. If RMRC is the winner of the Bid, the International Council of ESA will determine the location of the Convention. The winner will be determined at the IC Convention in July 2013. A most sincere thank you to all of you who participated in this matter. If you have any questions, please contact me, 970-249-1434 or cwestlake@hotmail.com .

Cathy Westlake  
Rocky Mountain Regional Council

## A WORD FROM THE IC PRESIDENT



### Friendship is Like a Box of Chocolates "Choctober" comments from Suzy Winters

As I was thinking about what "inspiring" words I might share with you, I was watching the movie *Forest Gump* and we all know the famous line in the movie where Forest (Tom Hanks) tells us that his mother (Sally Field) always said "Life is like a box of chocolates; you never know what you're going to get". So, I Googled this phrase I found out there is a website devoted to a similar phrase: "Friendship is like a box of chocolates; you never know what you're going to get!" It started me thinking about the dynamics of our ESA chapters and how sometimes we are afraid of upsetting that dynamic by bringing in other diverse personalities that we choose to not rush. Throughout the month of October I thought I might share with you some of the different assortment of friends that you might enjoy inviting to an ESA event!

Just like a nice assortment of chocolates, friends come in all different shapes, sizes, colors, personalities, backgrounds, religions, and cultures. You never know what you are going to get sometimes as you navigate your way through your box. There are many different friendships to tantalize

the "friendship palate". That is the fun part, seeing who is in your life at various times. As ESA members, we get the opportunity to choose from the box of friends for whatever suits our needs at that given time in our lives. As you will see, there is such a variety of people in life to choose from so grab your chocolates and let's see where you fit in.

There are many different types of friends in life's Box of Chocolates:

**Chocolate (milk/dark/white):** Always true to its taste, these friends are true to their character and who they are; they are loyal and can always be counted on in life when you need a friend. This person might stay with you for your entire life if circumstances are right.

**Mints:** This friend is like a breath of fresh air when you need them. They have a way of bringing in sunshine and a new perspective on life. A friend that shows you a different way of viewing things without being too harsh or critical of where you may be at currently in life. This friend just loves you on to being a better person.

**Truffles:** Truffles are rich in taste and come beautifully packaged. These friends offer just that, deep and rich in their thoughts, conversations, who they are and how they perceive life. This is a friend that will weather life's storms with you gracefully and come out better on

the other end.

**Brittles:** Nutty, crunchy goodness, this friend is one that is there for a certain period of your life then gone, maybe to never return. He/She serves a purpose for that season in your life, helping you through tough times and to stand strong. This friend leaves an impression on you that makes you want to pass on that strength to others.

**Toffees/Coffees:** These friends are strong and supportive in their relationships, not afraid to be real or honest in a relationship even though it may hurt. This friend stands in the shadows of no one but is confident in her own strength and willing to help those who are willing and ready to move forward.

**Creams:** With a hard coating of chocolate on the outside yet soft and chewy on the inside, this friend is one that takes longer in breaking the shell to get to know. Once past the hard-outer shell you will find a soft and sensitive person with their own unique flavor. They take relationships seriously and don't rush into it, which can make them seem distant at first. Once they become a friend, they show a side you would never have known had you not taken the time to get to know her.

**Caramels:** These are the risk-takers, rich in spirit and flavor. A friend that helps you experience a

## A WORD FROM THE IC PRESIDENT (CONTINUED)

different side of life that you might not normally experience on our own initiative. They don't mind getting sticky-gooey while navigating through life's exciting experiences.

**Nut-filled:** Sometimes you feel like a nut, or at least having a friend who is one. Life would not be complete without the nutty friend along, fun, playful and one that never takes things in life too seriously. She always has a joke to lighten the occasion or mood. The room is never dull when she is around because this woman is usually the life of the party. Entertaining is her best quality as she fills your belly with laughter and your cheeks are hurting from overuse.

We can experience so many different types of friends in our lives. I believe we are a much deeper, richer, fuller, and more fun person by allowing all different types of friends into our lives. Friends are like a box of chocolates ... you never know what you are going to get. So the question is "Are you going to invite a new member and friend into your life this month?" --By Gina Alagata, Wink, Women Incorporated

Suzy Winters  
International Council President

From Charlotte for the JONQUIL – I.C. Newsletter



### Hope for Heroes

November 11-17 is ESA Hope for Heroes week kicking off with Veteran's Day Sunday, November 11<sup>th</sup>.

November is Hope for Heroes month. Many of you already make the difference in the lives of our service men and women with family members that have served or are currently serving. Share your stories at:

hopeforheroes@epsilonsigmaalpha.org  
or 970-223-2824 ext. 105 (Charlotte).



**Share what you're doing!**

**The Jonquil wants your Happenings!**

**ANY CHAPTER EVENT  
CAN BE SUBMITTED**

**We want to hear from YOU! Send us information about your chapter or state's projects and be sure to include photos! Who knows, you may see yourself in our next newsletter!**

**Submit your information to:**

[charlottec@epsilonsigmaalpha.org](mailto:charlottec@epsilonsigmaalpha.org)

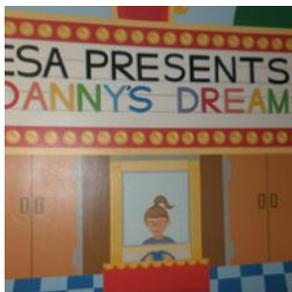
# International Council

## ESA for St. Jude

### Monday Magic, November 5, 2012

It's Magic when you witness the beauty of the murals painted on the walls of St. Jude Children's Research Hospital in gratitude of our 40-year partnership raising money to help in the fight against childhood cancers. ESA is so proud of the part we have played in making Danny's Dream a reality. Every member everywhere can share in this accomplishment! Give yourselves a hug – this was awesome!

It Magic when you see over 300 ESA members gather together in the St. Jude Pavilion to celebrate the ribbon cutting ceremony. Sharing this event with so many of our members is a day I will cherish serving as your IC President! ESA was



“Welcomed Home” by St. Jude with a wonderful reception. Everyone participated in another group

photo on a beautiful day full of sunshine and the promise of hope that ESA and St. Jude Hospital provides to all who enter there.

It's Magic when you see a small child who is ill running around having fun because he doesn't "know" that he's ill – he just knows that he is alive and supposed to have fun. That's what I witnessed this past weekend at St. Jude Children's Research Hospital when 23 month old Corbin was running around the hospital having fun in the midst of his 51-week chemo treatments.

It's Magic when you are able to spend the weekend with friends from all the SERC states.

Tammy Akines from Arkansas was installed during a beautiful ceremony as the 2012-13 SERC President and Ennis Karns presided over a great conference. Congratulations to all!

Its Magic to watch the Company Dancers perform at the Mixer Friday evening at the SERC conference. This company of young men and women (all with Down's Syn-



drome) take their art so seriously and dance so joyously; they were an inspiration to us all.

It's Magic when you get to spend time with some of my Magic Makers! I have now had an opportunity to reconnect with the current state presidents at RMRC, MARC, and SERC! What a great fall it has been!

It's Magic to take the trolley ride to visit Beale Street and enjoy great BBQ, great Blues music, great friends and then enjoy a carriage ride back to the hotel.

Next week is Veteran's Day – please share pictures and stories of your Hope For Heroes events!

Susan (Suzy) Winters  
ESA IC President  
ESA . . . It's Magic!  
[www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org)  
705 N. Kansas Avenue  
Frankfort, KS 66427  
785-292-4830

*These pictures and more will be available on SkyDrive until 2/2/2013*

# International Council (continued)

## “Choctober”

### A Choctober Message from Susan Winters, IC President

Choctober is in full swing! This month we are all concentrating on starting new chapters and inviting new members to our chapter meetings. One great way to make a new friend is to take them a Friendship Chocolate Cake. This is a special cake because it is made from the Amish Friendship Starter. The reason that it is so special is because you should always deliver the cake with a bag of the “starter” so they can pass it along to another friend – get the idea? One good friend leads to another good friend OR one good member leads to another good member! Remember the old saying “In order to have a friend . . . you have to be a friend!” Now, there is just one more thing – when you deliver your beautiful Friendship Chocolate Cake, invite them to your



next chapter meeting! Pass it on!

### FRIENDSHIP CHOCOLATE CAKE

1 3/4 c. all-purpose flour  
1 tsp. baking soda  
1/2 tsp. salt  
1 1/2 sticks (3/4 c.) butter  
1 c. sugar  
2 eggs  
3 oz. unsweetened chocolate,  
melted

1 c. Amish Friendship Starter \*\*  
(See the recipe for Amish  
Friendship Starter & prepare 9-10  
days prior to baking)

3/4 c. milk  
1 tsp. vanilla  
Confectioners' sugar

Preheat oven to 350 degrees. Grease  
a 9"x13" baking pan.

Sift flour, baking soda and salt into  
a bowl or onto a piece of wax paper.  
In larger mixer bowl, beat butter  
and sugar until light and fluffy.  
Add eggs and mix well. Slowly add  
chocolate, starter\*\*, milk and vanil-  
la; mix well. Beat in dry ingredients  
and pour batter into prepared pan.  
Bake 30 minutes or until a toothpick  
inserted in the center comes out  
clean. Cool in pan on rack. Sprinkle  
with confectioners' sugar just before  
serving. (Cake can also be frosted.)

12 servings

### AMISH FRIENDSHIP STARTER

1 c. flour  
1 c. sugar  
1 c. milk

Day 1: Stir (do not refrigerate mix).

Day 2: Stir.

Day 3: Stir.

Day 4: Stir.

Day 5: Add 1 cup flour, 1 cup sugar,  
1 cup milk and stir.

Day 6: Stir.

Day 7: Stir.

Day 8: Stir.

Day 9: Stir.

Day 10: Stir and again add 1 cup  
flour, 1 cup sugar and 1 cup milk.

# REMEMBERING OUR VETERANS

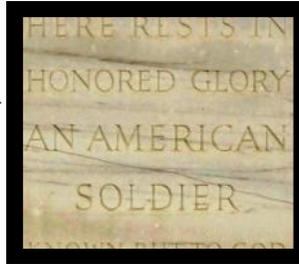


## DOUGLAS COUNTY COLORADO VETERANS MONUMENT FOUNDATION

### *Location*

The location will be Castle Rock, CO. A Monument Plaza will be at the corner of Wilcox and Fourth Street on the same ground where the historic Douglas County Court House stood for many years.

Construction will be complete by December 2012 with dedication in the Spring of 2013.



Please visit the Douglas County Veterans Monument Foundation website for more information

<http://www.dcvmf.org/>



### About the Monument

Recognition of the six service branches: Army, Navy, Marine Corps, Air Force, Coast Guard, Merchant Mariners

Recognition will be with flagpoles and a service flag and a POW-MIA pole and flag.

- Six seals will be on the base of the sculpture
  - A dedication plaque and a KIA plaque will also be on the base
  - Seating will be available for individuals or small groups, school groups will be addressed by a veteran
  - Assembly area for large groups at specific events
- The monument and flags will be lighted from dusk 'til dawn



## A NOTE FROM THE GOLDEN LAMP EDITORS

This memorial is being brought to you by ESA friends of members of the Douglas County Colorado Veterans Monument Foundation.

Please remember our Veterans, not just in November, but always.

You can elect to make a donation by visiting the website: <http://www.dcvmf.org/> .

Pat Frisby & Linda Maes  
2012-13 Golden Lamp Co-Editors  
[GoldenLamp2012@comcast.net](mailto:GoldenLamp2012@comcast.net)



## Colorado Chapter Profile (form)

**Chapter Name & location of members if you'd like to share:**

**When & where were you chartered?**

**Who do you like to support with your philanthropic funds?**

(other than our Colorado Projects; i.e. St. Jude & Easter Seals)

**What are your major events and approximate time of year for each:**

**Share 3 memorable events during your chapters' history:**

- 1.
- 2.
- 3.

**Chapter website address or Facebook name (if you have either):**

**We're waiting for reports from our Colorado Chapters - - -  
We would like to get to know you better !**

# 67th Colorado State Convention

May 17, 18, 19, 2013

Alpha Omicron #770 invites you to

## “Country Living in the Heart of the Rockies”

Location for the Convention is  
Chaffee County Fairgrounds  
10165 County Road 120  
Salida, CO 81201

See list of motels on back of this form.

Questions? Call co-chairs Barbara Preston at 719-539-2408 or Anita Miller at 719-221-9710  
b.preston@bresnan.net or anitamiller629@yahoo.com

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### Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Chapter: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Voting Delegate     First Time Attendee     Lamplighter

DESA/ELAN     MAL     State Officer

Registration \$130 until May 1st, \$135 after May 1st, 2013

Saturday Night Only Banquet- # of Guests: \_\_\_\_\_ Cost per person \$35.00

Please note special dietary needs (i.e. allergies, etc..) \_\_\_\_\_

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Total Amount Enclosed \$ \_\_\_\_\_

Please send registration form and check payable to *Alpha Omicron 2013 Convention* to:

Diana Wood

PO Box 177

Poncha Springs, CO 81242

HAMPTON INN (elevator)  
785 E. Highway 50, Salida  
719-530-5860  
\$95.00 per night  
Confirmation # 88100167

HOLIDAY INN EXPRESS (elevator)  
7400 W. Highway 50, Salida  
719-539-8500  
\$89.00 per night

SUPER 8  
525 W. Highway 50, Salida  
719-539-6689  
\$69.88 ( 1 or 2, each additional person is \$8.00)

AMERICA'S BEST VALUE INN  
7310 W Highway 50, Salida  
719-539-2528  
Single Queen or King - \$49.00  
Double Queen \$59.00  
Junior Suite or cottage (2 Queen & 1 hide a bed), cottages also have kitchenettes  
\$69.00

All lodging offer breakfast, hot tubs, most have indoor pools, cable TV, internet, most have microwaves, fridges, and in room coffee. We have blocked 40 rooms at Holiday Inn Express, and 25 at Hampton Inn. All prices are discounted and guests must mention Epsilon Sigma Alpha when reserving rooms to get that price. Reservations must be made BEFORE May 1, 2013 for these rates. Those wishing to stay at the Hampton Inn must also mention Confirmation number listed with the Hampton Inn information.

**Articles for The Golden Lamp**

Articles may be submitted in one of two (2) ways for publication.

1. Send an e-mail to: [GoldenLamp2012@comcast.net](mailto:GoldenLamp2012@comcast.net)  
This is the preferred method. We would also prefer that you use Book Antiqua, 10 point font. This will keep editing to a minimum.
2. Mail a typewritten or (legibly) printed copy of your article.

We reserve the right to edit items for copy space as well as grammar and punctuation. Articles that are received after the deadline are not guaranteed publication – they may be held over until the next issue.

Deadlines are as follows:

September 1, November 1, January 1, February 1, April 1,  
and June 1st.

Pat Frisby and Linda Maes  
Co-Editors

Did you know:

Thanksgiving dinners take eighteen hours to prepare. They are consumed in twelve minutes.

Half-times take twelve minutes. This is not coincidence. ~Erma

Bombeck



# Happy Thanksgiving



## DATES TO REMEMBER

**DECEMBER 1, 2012** – STATE DUES ARE DUE ON OR BEFORE 12/1/2012

**DECEMBER 15, 2012** – By-Law changes are due to Parliamentarian by 12/15/2012

**JANUARY 15, 2013** – Articles and pictures are due to the Jonquil by 1/15/2013

May your stuffing be tasty  
May your turkey plump,  
May your potatoes and gravy  
Have nary a lump.  
May your yams be delicious  
And your pies take the prize,  
And may your Thanksgiving dinner  
Stay off your thighs!  
~Author Unknown