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President

April-2012, Blessed Springtime--where has the time gone? It seems like only yesterday that the planning of Fall Board was in full gear, and now we have had Spring Board and Convention is on the horizon.

My hope is that somewhere during Spring Board, you were “Inspired”. The weather was absolutely glorious, the jonquils were blooming – just for us, and the management of historic Hotel Colorado did everything possible to make a memorable weekend for ESA Colorado. The Colorado State Council Board did an exceptional job with their reports, and the program of “Legendary Ladies”, brought to you by your Educational Director, Yvonne Farrell, was truly delightful and inspirational. Congratulations to Nancy Cameron and Bonnie Gillmore, Co-Chairman, Games Managers, and ALL of the volunteers who worked so diligently and so very hard on the Dream Home to make it such a huge success.

My message for most of the year has been – “Inspire, Commit, Communicate and Nurture” and when I listen to your reports and visit with you on the telephone and in person – I see and hear that you have taken that mantra to heart and I thank you,

but I have something new that I want you to consider.

We have a dilemma in ESA at this time, and that is our dwindling membership numbers. We recognize that the numbers are steadily decreasing and we know what the causes are – I ask you – Where will ESA be in five years? And, this is where you come in because you are “HIDDEN GIFTS”. Most of you have seen my beautiful quilt that the incomparable Jan Coates made. We named it “Hidden Gifts.” Upon careful observation, one will find: animals, the sun, the wind, a mountain and a cabin. “Hidden Gifts” for a mountain girl. I see each of you with your talents, humor, intelligence and love of ESA and each other as “Hidden Gifts”. “Gifts” to be shared with new members. Ladies-- We have the most serious of all challenges before us – the challenge of survival. I look forward to seeing you at Convention to discuss this matter.

Founder’s Day is a time of celebrating all that has been accomplished in the last year and all that our outstanding organization stands for. It is also a time of renewal and a time of revisiting goals set earlier in the year. I so look forward to seeing each of you at your Council’s Founder’s Day.

Until then, remember – Inspire, Commit, Communicate, Nurture and that you are a “Hidden Gift” to be shared.

Lots of love to all,
Cathy Westlake

President-Elect

A special thanks to those that have accepted the M&M challenge – short for “Memory Makers”. The candidates were introduced at Spring Board. Their bios and pictures are in this issue of the Lamp. Please let the candidates know how much you appreciate their willingness to serve on the executive board.

In the February Golden Lamp, a special gift was requested from all chapters and councils–the “*Officer Change Form*”. It’s important that the information is current for the coming year. It is used to update the Yearbook contact information for your Chapter or Council; also, please include the President’s theme (new request). Forms are available on www.esacolorado.org; they will also be available at State Convention. Please drop off your form with Yvonne Farrell or myself at Convention; if you are unable to attend, the information is required not later than June 15. It is also needed by your Area Council and ESA Headquarters.

****NEW**** One of the concerns discussed at Leadership is the cost of printing and mailing Yearbooks to the membership. At Spring Board, the decision was made to go “paperless” starting in 2012-2013. All the information that you have received in the yearbook in the past is available on the Colorado website under “Yearbook”. You are able to print all or any section of the Yearbook. For those who do not have internet access and would like a printed copy, a signup sheet will be available at State Convention. If you are unable attend and require a printed Yearbook, please let Yvonne Farrell or myself know by June 15. The books will be available for pickup at Fall Board.

****NEW**** Colorado has a Facebook page. Check out: “Epsilon Sigma Alpha – Colorado”. A big thank you to Chloe McClantoc, Chi Kappa, for setting up the page.

Mary Humphrey

Leadership Conference 2012

Thank you for the opportunity to represent the state of Colorado at the 2012 Leadership Conference. What an awesome experience! The Conference was held in Denver February 9 – 12. Four of us from Colorado attended: Joan Snyder, Sandy Alexander, Alice Robinson, and I.

In December, we received our assignments and were asked to complete a survey asking our experience with technology and how we rated our level of expertise. It was recommended that we bring our laptops. This year, all our information was given to us on a flash drive--that’s right – “no” binder. I don’t think we received more than a dozen pieces of paper all weekend.

Thursday night everyone attended the “*The Magic of ESA*” no host mixer dressed in our wizard attire. We shared our ESA journey with those at our table. Then we were given photos and had to create a story line about the photo; some were very creative. The photos were of ESA members that played vital roles in our history.

Friday BJ Clark, ESAs Executive Director, focused on creating the “magic” for ESA’s future. ESA is not staying the same. How can we adapt to the future? What can we do to renew? BJ shared the story of ESA Foundation; some of you may remember that in the 90s it almost shut down but then revitalized. How can technology help share our vision? Where do you want to see ESA grow? We cannot depend on one new member every five years. Incoming Presidents have been asked to develop a Vision Map for our state. The International Council board gave presentations on: Adaptability, Teamwork, Coaching and Leadership. Friday evening during dinner, we were entertained by a “who dunnit” mystery troupe from Adam’s Murder Mystery Playhouse.

Saturday morning, we learned how to help our state pursue a vision of renewal. The new campaign, "Celebrate ESA", was presented. Celebrate ESA is a way for all ESA chapters and members to commemorate our 40th anniversary with St. Jude Children's Research Hospital and to increase awareness of ESA in your area. Log onto the HQ Member Center to learn more about the campaign or check out the information in the Spring Jonquil. BJ has agreed to present a special leadership seminar to the state with the most publicity and membership activity.



We then broke into two groups as we were introduced to "Techno Madness". We learned about power point presentations, webinars (meetings via the internet), and social media – Facebook and Pinterest. Saturday afternoon, BJ conducted a graduation ceremony. The evening ended with a dinner, Hope Hop (the IC Challenge for St. Jude), a card game "Skunk Your Neighbor", and farewells. I was fortunate again this year to room with Phyllis, the incoming President from Kansas. This was a very productive weekend filled with "ESA... It's Magic".

Mary Humphrey

Vice President

Congratulations to all the chapters who have experienced growth this year. I will have membership totals at State Convention. Keep up the good work.

If you are interested in hosting the 2014 State Convention please fill out your Bid Form and see that I receive it as soon as possible.

Hope to see many of you in Montrose in May for a fun filled weekend.

Hugs,
Joan Snyder

Recording Secretary

What a wonderful weekend we had in beautiful Glenwood Springs! The weather was perfect and the company was superb. Some of us visited the Roundup River Ranch on our way to Spring Board and we were so impressed. The staff is so friendly and extremely capable. It's a truly beautiful facility. If you have a chance you should make the trip. The Hotel Colorado really rolled out the red carpet for us. The food was fabulous and it was fun learning so much about the history of the hotel. Our educational was one of the best we have ever had at a board meeting. It is always great to get to be with our sisters from other chapters and catch up on what they have been doing. We had a total of 70 attending.

Officers and Chairmen please remember to have your reports ready for Convention. You will need three copies, one for your State President, one for the Recording Secretary, and one to keep in your files to pass along in May at Convention.

Hugs
Kathy Garrison



Parliamentarian

What an Awesome Spring Board!! Thanks to all the ladies in attendance at Spring Board. You were all so patient listening to me while I read all the proposed By Law changes. I am not sure if I will ever be able to read "she shall" again and not laugh to myself about "selling sea shells by the sea shore". Everyone will be glad to know that I am not required to read them individually again at convention. We will, however, have opportunity for discussion before voting on them. There were a couple of revisions to the Standing Rules at Spring Board. The revised Standing Rules have been posted on the web.

Looking forward to seeing everyone at Convention!

Kathy A. Ellingson

Senior Past President

Just a reminder about awards: Service Pins -15+, 5th Degree Pallas Athene (only) and Chapters/Council Celebrating 5-+ years.

Please email this information to me at smtel@comcast.net if you have not already done so.

Hugs,
Shirley Telinde

Jr. Past President

At Spring Board I gave a report stating the final ESA figures for last year -- total dollars raised was \$73,498; 30 claims totaling \$141,550. Of those figures, Colorado was responsible for raising \$5,698 with 2 claims.

This is just a friendly reminder that if you have not already made your donation to the Disaster Fund for this year, I hope you do so soon. So far this year I have received donations totaling \$2,464 and I would really like to surpass last year's total. Remember the Disaster Fund is there for members in need. Colorado has been fortunate in that we have not had a claim but other parts of the country have not been as fortunate. So far this year, a total of 10 claims have been paid totaling \$47,000.



Donations can be made at any time but must be received at IC before May 31 to be counted for this year. Make your checks payable to the ESA Disaster Fund and send them to me.

Thank You,
Bonnie Gillmore

Easter Seals

Phyllis and I will be manning the raffle table at convention with quite a few items. Plan on visiting our table at State Convention! Bring your towels, sheets and any other items for the Easter Seals Camp as we will collect them Friday night. We want a BIG pile of these!!

Anita Miller

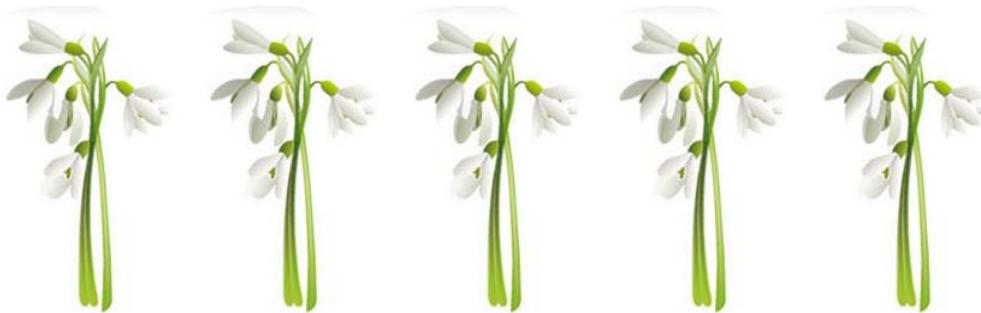
Educational

I have now completed my BOOK "Yearning for Learning" with your Educationals postmarked before the April 1st deadline. I am so pleased and want to thank all of the chapters who participated. I also want to thank those who sent in Distinguished Athenian Award nominations.

Chapter One: COUNTRIES AROUND THE WORLD, THEIR ART AND THEIR DESSERTS
Chapter Two: ALL SEASONS IN E.S.A.
Chapter Three: PRECIOUS MOMENTS THAT MAKE IT A WONDERFUL WORLD
Chapter Four: LOVE...FROM THE BEGINNING
Chapter Five: FOOD FROM AROUND THE WORLD
Chapter Six: AMERICAN HISTORY - SERVING OTHERS WITH SPIRIT AND PRIDE
Chapter Seven: E.S.A. - A GIFT OF SHARING
Chapter Eight: LIFE HAS GOT TO BE LIVED - THAT'S ALL THERE IS TO IT!
Chapter Nine: INSIDE E.S.A.
Chapter Ten: WOMEN'S HEALTH AND NUTRITION
Chapter Eleven: E.S.A. MOMENTS IN YOUR LIFE - STIMULATING TRAVEL MOMENTS
Chapter Twelve: LADY BUGS CARING, SHARING, LIVING AND LEARNING IN E.S.A.

Those of you who were not able to attend the Spring Board meeting in Glenwood Springs on March 23rd and 24th missed a terrific gathering. The weather was wonderful and the Hotel Colorado couldn't have been more accommodating. Their courtyard was filled with jonquils/daffodils and it appeared as if they had planted them just for Epsilon Sigma Alpha. The attendance was great and we all enjoyed an educational program presented by the "Legendary Ladies." Everyone went out of their way to make the weekend a memorial event for all of us. Thanks go to our President, Cathy and Corresponding Secretary, Shirley Clayton.

Love in E.S.A.,
Yvonne Farrell



COUNCIL NEWS

Denver Alpha Council

Zeta Rho Chapter hosted a "Fashion Swap" Luncheon February 18th. Attendees are asked to bring three items of "like new" clothing and accessories for the swap. Everyone went home with three or more items; items not selected were donated to a local shelter. Proceeds from the luncheon were donated to ESA Disaster Fund and to the Adoption Exchange.

Alpha Phi Chapter will host the April 18th meeting. Their philanthropic project is Jeffco Action Center. Attendees are asked to bring nonperishable food items.

Denver Alpha Council Founder's Day is Saturday, May 5th, at Fox Hollow Den in Lakewood. Social begins at 11:00 a.m. and lunch at 12:00 p.m. RSVPs are due no later than April 25th to Geri Santos-Rach at geri.santos-rach@hotmail.com.

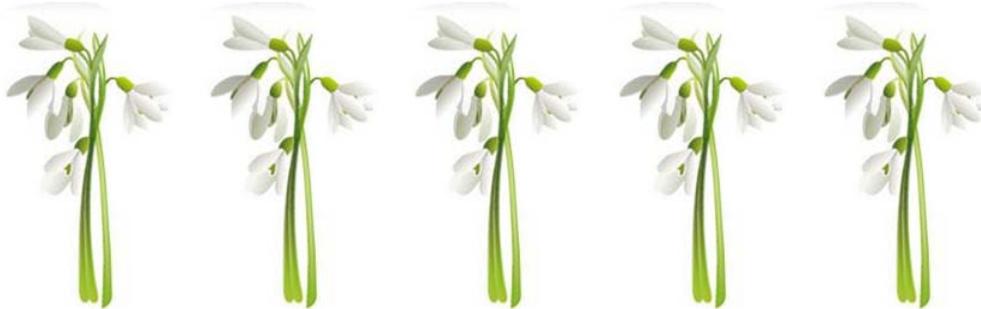
Agape
Mary

Denver Epsilon Council

Our February meeting was a Pot Luck with lots of good food. We put together bags of toiletry items and socks for the Denver Rescue Mission.

We set our slate of officers for 2012-13 year. President - Rita Martin, Chi Kappa, V.P. - Kathy Garrison, Epsilon Epsilon, Treasurer - Sharon Rogers, Theta Eta, Recording Sec.- Sally Lobel, Theta Eta, Corr. Sec.- Chloe McClantoc, Chi Kappa, and Chaplain - Debi Strong, Chi Kappa. There was a lot of traveling and eating as many of us attended the Dream House Thank You lunch, Beta Alpha's Historical Ladies presentation, Alpha Council's Fashion Exchange, Kappa Iota's Outback Lunch, Gamma Chi's Old Biddy Bag Lunch and auction in Loveland, Theta Eta's Spaghetti dinner and Chi Kappa's Chocolate Lunch. Does it seem like all we do is eat??? Spring Board was held in Glenwood Springs and Epsilon council was well represented. Rita Martin and Kathy Garrison are running for the state office of Vice President Elect. Joan Snyder will be Vice President. Epsilon Council's Founders Day will be held on April 21st at the Legacy Ridge Golf club.

Rita Martin



CHAPTER HAPPENINGS

Alpha Gamma #174

Denver, CO

Greetings to all you Colorado sisters! It hardly seems possible April is at our doorstep. Soon it will be time to get out the white shoes!

Our February meeting brought up an idea for a change that may turn out to be good for us – or not – we have to give it a try and see how it works out. Because some of us live in the far southeast of metro Denver and others in the northwest, transportation to meetings has become something of a problem. As some of us no longer drive the suggestion was made that we meet only once a month. After all, we all have telephones! We decided that we would try using one meeting for business while the other would be used for a fundraising project.

We discussed working on crafts, as we are in need of some green. Since member Jan Hommas is so “crafty” she is going to come up with a project for us. She is also able to come up with materials for the task. We all thought this was a nifty idea!

Our next meeting will be at Jessie's place in March. At that meeting we will determine where and when this selling of our crafts will happen depending on what our crafts look like.

A couple of members attended the DAC/Zeta Rho clothing exchange and fashion show and enjoyed it immensely. Some even came home with some new additions to their wardrobe!

No other earth shaking news from this corner.
Jess Summers

Alpha Omicron #770
Salida, CO



Our group met on Wednesday the 4th at the home of Barbara Preston. We installed our new member, Mary Walker. We discussed the upcoming convention in Montrose and who was going. Our Annual Spring Luncheon is Wednesday the 18th from 11:30 - 1:30 at the community center in Salida so we had lots of discussion on the planning of this event. Our educational was given by President Cherie Huntington about the Health of your Colon and colonoscopies. Our scholarship committee will be getting together soon to go over submitted forms to pick our three recipients.

Anita Miller

Chi Kappa #5129
Denver, CO

Since last we talked, we have eaten our way through Greece, at Pete's Greek Town Café on Colfax, Mexico, at Las Delicious, and Italy at Bucca de Pepe. What a ride! It has been informative and filling. Next stop is Brazil at the Brazil Café.

We've had our Chocolate Luncheon and the weather was beautiful. Rita, Chloe and Betty, with their families, attended Kappa Iota's Outback Lunch. Rita, Chloe, Jan and Nancy attended Alpha Council's Fashion exchange, and came away with new items. We all attended the Dream House Thank you lunch and combined Beta Alpha's Historical Ladies presentation. Rita and Chloe attended the Old Biddy Bag lunch and auction in Loveland and came away with several nice baskets. Phyllis, Chloe and Rita stopped at Roundup River Ranch for the tour on their way to Spring Board in Glenwood Springs.

Chi Kappa' officers for 2012-14 are: President Betty Ziska, V. P. Nancy Chase, Treasurer Rita Martin, Rec. Sec. Nancy Carray, Corr. Sec. Jan Bowland and Educational Chloe McClantoc.

They will be installed in June at Jan Bowland's home in Idaho Springs.

Our May meeting will be held at Dorothy Roy's.

Rita Martin

Epsilon Epsilon #1896
Denver, CO

In February some of us attended Theta Eta spaghetti supper in Morrison. They do such a great job and what a turnout! We also attended Epsilon Council's February Pot Luck. We were treated to the history of St. Valentine's Day. We attended Gamma Chi's luncheon and auction on March 3rd and enjoyed the entertainment.



We made the decision on how our Philanthropic money was to be divided at our March meeting. We will be filling 25 Easter baskets for Hope House at our April meeting and then celebrating our "UnBirthday" on April 7th which also happens to be Vickie Chavers-Bruso's birthday.

We also discussed the preparations for our Third Annual Christmas Tea. This year it will be at Arrowhead Golf Club in the beautiful wedding room.

The slate of officers for Mary's year is looking good including our own Kathy Garrison who is running for Vice President.

JoAnn Singley and Kathy Garrison attended Spring Board meeting in Glenwood Springs and had a great time. They spent quality time with their sisters of Gamma Chi and provided some great laughs in the evening with musical accompaniment.

See you all at Convention.

The Scribe

Epsilon Zeta #2320

Delta, CO

Epsilon Zeta recently held its semi-annual all-you-can-eat Soup and Sandwich fundraiser. It was held on January 27 at Westminster Hall of the Presbyterian Church in downtown Delta. The public enjoys delicious homemade soups, sandwiches and homemade pies for desert prepared and served by sorority members. All proceeds stay in Delta County and benefits area causes. In the past we have supported the Delta County Homeless Shelter, Delta Opportunity School's Food for Thought, Tri-county Resource Center, Delta Doves, the Delta Public Library and Delta County Memorial Hospital and many more.



From Left to Right: Nancy Stevens, Nina Williams, Vickie Ripp, Helen Jurca, Kami Collins, Fay Hannigan, Thelma Starner, Jacquie Kuta and Dorothy Dunfelder

N.M Williams



From Left to Right: Pat Bernhardt (Patsy Cline), Pam McGee (Carrie Underwood), Judy Barker (Loretta Lynn), Beth Gibson (Tammy Wynette), Dee Sturgis (Minnie Pearl), and Lonetta McCormick as George Jones

Gamma Chi #3668

Loveland, CO

The Gamma Chi Annual Fundraiser raised more than \$2500 for Kid's Pack and St Jude's Children Hospital. This year's event included a silent auction, raffles, bag auction, and entertainment by several female country western legends like Patsy Cline and Loretta Lynn-well, sort of! LOL

Honor Flight is a non-profit organization that helps veterans travel to Washington DC to see the wonderful monuments that have been built in their honor. The program pays for airline and other travel expenses and trains volunteers to help these valuable seniors on their trip.

Phyllis Minch is currently training to volunteer as a guide for this worthy program. We have created a cookbook to raise money for Honor Flight: Kitchen Creations to Honor our Heros. Recipes were collected from members, friends and family and local veterans then compiled into this wonderful cookbook, which includes Lonetta McCormick's secret recipe for kraut burgers. Please contact a Gamma Chi member to purchase one of these cookbooks!

Also, our beloved Wendy Gleason and a few other Gamma Chi girls are preparing to participate in Relay for Life in June. Gamma Chi is proud to sponsor these women this year. Wendy's team "Beach Bums" will continue to collect the money to participate until June 2, 2012 so please help any way you can. Thank you!

Denise Young



Kappa Iota #5442

Golden, CO

Our fund raiser at the Outback was very successful! Thank you to those of you who were able to participate.

Spring Board was remarkable! The venue at Hotel Colorado was perfect! We all enjoyed visiting with ladies we haven't seen in a while. Thank you for putting together a extraordinary weekend.

Please don't forget that our garage sale is in June. If you have anything to contribute, please call any other the Kappa Iota sisters!

Angie Breckenridge

Theta Eta #2830

Denver, CO

We would like to thank everyone that helped us make our T.N.T. Fund Raiser Dinner a success. We are always grateful to have so many friends attend our different functions.

Joyce, Judy and Karen attended Spring Board. They said they enjoyed the meetings and getting together with sisters that we don't see often.

I am very sorry to report that Lorie Lieberman lost her seven year battle with cancer. She taught the deaf and hearing impaired for seventeen years. Lorie's service will be on Saturday, April 14th, 2:00 pm at Green Mountain Presbyterian Church; 12900 W. Alameda Parkway; Lakewood. Lorie was 42 years old and will be greatly missed by her family and many friends.

Remember, "Family and Friends are very special. You can't tell them too many times you love them or how they make your life complete".

Till Next Time,
Pat Overall

Zeta Chi #3878

Aurora, CO

In January Peggy Strandvold arranged for our chapter to try and learn the techniques of origami from Yoshiko Kapperman of the Gamma Chi chapter. Most members decided that we would never be as good as Yoshiko

with our attempts at making a bird. You had to really look at our birds to see what they really were! We all had a good time in spite of our clumsy efforts.

In February Zeta Chi held their bunco party fund raiser in Ft. Collins. Although the turnout was light, all had a good time with trying to get bunco and visiting with everyone.

In March we had to cancel our business meeting as many of our members have been sick or are recovering from surgery. Brigitte Bondurant, our latest casualty, had a hip replacement done in February. She is progressing much slower than she would like to, but overall, is doing great. March 22nd we went on a tour and ate lunch at Celestial Seasonings in Boulder. Dorothy Chandler and Sherron Mahaffey, from the Gamma Pi chapter in Longmont and Hellen Hagel's stepdaughter, Tammy Zeller, joined us for the tour and lunch. We all loved the blue style-setting hairnets we had to wear for the tour.

At our business meetings we have been learning about the rituals, traditions and ceremonies from our long time members. A new member does not realize how much one had to learn in the past about ESA in order to join, plus the tests on the Greek letters, and the educationals on countries from around the world that in today's experience many of us have visited. Also, we have about three members at each meeting tell a little about themselves so we can get better acquainted with our Zeta Chi sisters. Our educationals have been on women that made a difference in Colorado history. In spite of our various issues in our lives, one can see we have been very busy and productive this year.

Zeta Rho #1774
Aurora, CO

We are ending the winter season and getting ready for our big spring sorority activities with our traditional chili supper at Shirley's home. Just fun, food, and friends! No snow storm to deal with this year, but even a snow storm does not slow us down.

We are adding a new pledge. She will be receiving her pin at Founder's Day. Welcome to Lorie Moore.

We had four sisters at the Spring Board meeting in Glenwood Springs. It was Rebekah's first state meeting. We hope she gets to many more. Cleo had to miss the meeting as her grandson had his third transplant that weekend. Hopefully this will cure him, but it will take time to know.

Our reports are done and we had another successful year. We miss our Billie Hillje, especially when it is time to do those reports. As we disbursed our funds, we hope it went where it will have an impact and do some good in other people's lives. We never seem to have enough to do all that we would like to do.

No election of officers this year as we elected them for a two year term last year. Even without installing officers, we will be having our end of year party. We get to find out about our secret sisters then. Before we can open our presents, we have to guess who has been surprising us all year. A few can make the correct guess, but most of us have no idea. It is fun to find out who got the neat things and where they got them! Zeta Rho girls are wonderful shoppers.

Looking forward to seeing you all at Founder's Day or State Convention!

Cleo



OTHER NEWS AROUND THE STATE

Roundup River Ranch Information

March 23rd, twenty-eight folks toured Roundup River Ranch on their way to Glenwood Springs for the Spring Board meeting. We couldn't have asked for a better spring day to visit the Ranch. We were met by Betsy Seeger, Marita Bledsoe (Medical Director), Ali Garrett (Nursing Director), and Karen Weber (President, Iota Alpha Chapter). Members also dropped off craft supplies for the campers. A note of appreciation was received from Katrin Laird Anderson, Associate Director of Development, Mountain Communities: "I am



pleased to hear that everyone enjoyed the visit to camp. We are truly grateful for the support ESA has provided our organization and we are delighted our circle of friends continues to grow."

If you have craft supplies that you would like to drop off on your way to State Convention, please contact their Administrative Office at 970-748-9983. Their address is 10 W. Beaver Creek Boulevard, Suite 250, Avon, CO.

Mary Humphrey

Dream Home News / Thank You

Construction of the 2012 Dream Home is already underway in Castle Rock by Oakwood Homes. Nancy Cameron, Mary Humphrey, Kathy Garrison, Joan Snyder, Alice Robinson, Rita Martin & Chloe McClantoc attended the Ground Breaking March 1st. The home is located at 1665 Avery Way at Morningview in the Meadows.

Information on the 2012 Dream Home is on our ESA Colorado website with a link to Fox 31 Denver. Oakwood Homes and Fox 31 Denver are exploring the possibility of installing a video cam so we can view the construction progress of the home on line.

The Giveaway is scheduled to take place before the election in November. The dates of the Giveaway are as follows:

- June 20, Tickets go on Sale (11,500 available this year)
- July 27, Early Bird Deadline
- August 4 & 5, Grand Opening Weekend
- September 20, Thursday, Giveaway

Volunteers will be needed for our state project for the Sell-A-Thons, Special Events, and Open Houses. Last year, 65,000 people visited during the open houses. Those who opened their homes last year to the out of town volunteers have agreed to do so again this year. We are also looking for a Publicity Team to prepare news releases to promote ESA.

April 3rd, Nancy and Mary were invited by ALSAC to attend a Dream Home TV and Sponsor Orientation in Memphis along with representatives from Oakwood Homes and Fox 31 Denver. Five Dream Home markets were represented at the Orientation. We were the only ESA members in attendance, since Colorado the only state where ESA holds the license for the Dream Home. We were given a tour of the hospital, the Chili's Care Center, and Target House (long-term residence). The TV stations interviewed hospital staff and patients; these interviews will be used during the Dream Home campaigns.

Nancy and Mary
2012 Co-Chairs

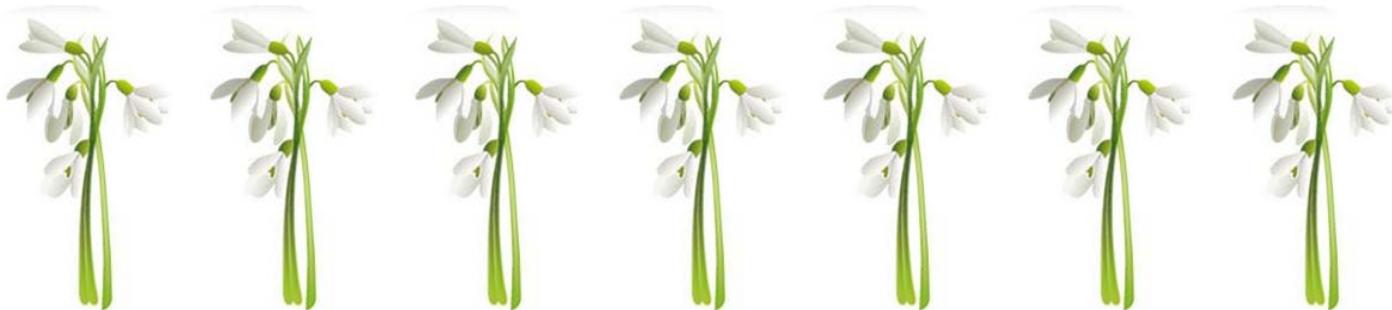
Thank You Sisters

THANK YOU THANK YOU TO ALL MY BEAUTIFUL AND WONDERFUL ESA SISTERS:

I want to thank each and every one of you for the lovely cards, notes, and words of comfort when I lost my beloved Don a couple of months ago!

It is so great to know that I have so much support from all of you! Thank you just doesn't seem like enough for all you have done. I truly am Blessed to have each and every one of you in my life.

I love you all so very much,
Billie Jean Farnham and Kathy too!



State Office Nominations for 2012-2013

President - Mary Humphrey

Mary is a member of Beta Alpha #5416, Aurora. She pledged ESA in 1997. She has served as her chapter's President four times. She has also served as her chapter's Vice President and Parliamentarian three times, and Treasurer once. Mary has held other appointed offices and served on all the committees in her chapter. Mary is a charter member and co-founder of Beta Alpha. Mary is a member of Denver Alpha Council and has served as President, Jr. & Sr. Past President, Vice President, Corresponding and Recording Secretary, Treasurer, Publicity, Historian, and Yearbook Chairman.



On the State level, Mary has held all elected offices: Corresponding Secretary, Parliamentarian, Recording Secretary, Treasurer, Vice President, and President-Elect. While in Nebraska, she served as Second Vice President. Mary has also served in the following appointed offices and committees: Nominating Committee, Membership Team, Audit Committee, ESA Foundation Counselor, Philanthropic Chairman, Minutes Review Committee, By-Laws Committee, Jr. & Sr. ESA for St Jude Coordinator, Golden Lamp Editorial Staff, Outreach Chair, and 2006 State Convention Co-Chair. Mary has earned her Fifth Degree of Pallas Athene and her First Pearl. Mary is a Life Active Member, and is a Life Active Member of the Foundation. She has been her chapter and council Woman of the Year twice. In 2002, she was Colorado's Woman of the Year. Mary has also served in leadership roles within her community. Mary has attended 14 State Conventions and nine International Conventions. She has attended three Leadership Training Seminars. Her dues are paid and her chapter is in good standing.

President Elect - Joan Snyder

Joan is a member of Kappa Iota #5442, Golden. She pledged ESA in 1993. She has served as her chapter's President, Vice President, Treasurer, Recording Secretary, Corresponding Secretary, Parliamentarian, Chaplain, Educational Director, Ways & Means Chairman, Philanthropic Chairman, Scrapbook and Yearbook Chairman. Joan is a member of Denver Alpha Council and has served as President, Vice President, Corresponding Secretary, Scrapbook and Yearbook Chairman and Ways & Means Chairman.



On the State level, Joan has held the elected offices of Parliamentarian, Recording Secretary and Vice President. Joan has also served in the following appointed offices: Jr. & Sr. Easter Seals Chairman, Philanthropic Chairman, ESA Foundation Counselor and Chaplain. Joan has earned her Fifth Degree of Pallas Athene and her First Pearl. Joan is a Life Active Member of the Foundation. She has been her chapter's Woman of the Year twice. In 2005, she was Colorado's Woman of the Year. Joan has attended 18 State Conventions and 14 International Conventions. She has attended two Leadership Training Seminars. Her dues are paid and her chapter is in good standing.

Vice President - Kathy Garrison

Kathy is a member of Epsilon Epsilon #1896, Denver. She pledged ESA in 1992. She has served as her chapter's President (twice), Past-President (twice), Vice-President (three times), Recording Secretary (twice), and Parliamentarian (twice), Treasurer (four times). Kathy has also served as Scrapbook Chairman, Yearbook Chairman, Publicity, Educational Director, Philanthropic Chairman, and Christmas Tea Chairman. Kathy is a member of the Denver Epsilon Council and has served as President, Vice-President, Past-President, Parliamentarian, Philanthropic Chairman, and Historian.



On the State level, Kathy has held the elected offices of Parliamentarian and Recording Secretary. Kathy has served in the following appointed office and committees: Minutes Review Committee, 2005 Convention Co-Chairman, and Games Manager for the 2011 Dream Home for St. Jude. Kathy has earned her Fourth Degree of Pallas Athene and her First Pearl. She is a Life-Active Member and a member of Foundation. Kathy has been her chapter's Woman of the Year twice. Kathy has attended 12 State Conventions. Her dues are paid and her chapter is in good standing.

Vice President -Rita Martin

Rita is a member of Chi Kappa #5129, Denver. She pledged ESA in 1991. She has served as her chapter's President six different years and held all other offices at least twice. Rita has served as co-chair of numerous chapter ways and means projects. Rita is a member of the Denver Epsilon Council and has served as President, Vice President, Corresponding Secretary, Recording Secretary and Scrapbook Chairman.



On the state level, Rita has held the elected offices of Corresponding Secretary and Treasurer. She has also served in the following appointed offices and committees: ESA Foundation Counselor, Jr. & Sr. Easter Seals Chairman, Jr. & Sr. ESA for St. Jude Coordinator, Philanthropic Chairman, 2003 Convention Co-Chairman, and Games Manager for 2011 Dream Home for St. Jude. Rita has earned her Fifth Degree of Pallas Athene and her First Pearl. Rita is a member of Foundation. Rita has been her chapter and council Woman of the Year twice. In 2010, she was Colorado's Woman of the Year. Rita has served in leadership roles with other organizations in her community such as Freedom Service Dogs, Inc. Rita has attended 19 State Conventions and two International Conventions. Her dues are paid and her chapter is in good standing.

Recording Secretary - Vickie Martinez

Vickie is a member of Zeta Rho #1774, Aurora. She pledged ESA in 1994. She has served as her chapter's President (twice). Vickie has held all other elected and appointed offices and served on all committees. Vickie is a member of Denver Alpha Council and has served as President (twice), Jr. & Sr. Past President, Vice-President, Treasurer, Corresponding Secretary, Parliamentarian, Yearbook, Publicity, and Chaplain. She has also served on numerous committees.



On the State level, Vickie has held the elected office of Treasurer. Vickie has also served in the following appointed offices and committees: Jr. & Sr. ESA for St. Jude Coordinator, Jr. & Sr. Easter Seals Chairman, Educational Director, Chaplain, Association of the Arts Chair, Philanthropic Chairman, Golden Lamp Editor (six years), Scrapbook and Yearbook judges and Audit Committee, 2011 State Convention Committee Chair, and Games Manager for the 2011 Dream Home for St. Jude. Vickie has earned her Fifth Degree of Pallas Athene and her First Pearl. Vickie is a member of Foundation. She has been her chapter's Woman of Year nine times, Council's four times, and State three times. She has attended 16 State Conventions and three International Conventions. Her dues are paid and her chapter is in good standing.

Corresponding Secretary - Yvonne Farrell

Yvonne is a member of Delta Theta #1898, Denver. She pledged ESA in 1965. She has served as her chapter's President the past two years and six other years. She has held all chapter offices several times and has held other appointed offices and served on all committees in her chapter. Yvonne is a member of Denver Epsilon Council; she has served as Recording Secretary.



On the State level, Yvonne has held the elected office of Corresponding Secretary for Pat Keller, 1977-78. She is currently serving as Educational Director. Yvonne is a member of Foundation. Yvonne has been a member of four chapters in three states and was a charter member of a Wyoming chapter. Her mother was a member in Pueblo as well as her sister. She has attended numerous State Conventions in three states and four International Conventions. Her dues are paid and her chapter is in good standing.

Treasurer - Kathy Ellingson

Kathy is a member of Gamma Chi #3668, Loveland. She pledged ESA in 1999. She has served as her chapter's President, Vice-President, Treasurer, Corresponding Secretary, and Parliamentarian. Kathy has served as Chairman of the Philanthropic Committee, Ways & Means Committee, and on several other committees. Kathy is a member of Northern Colorado Council and has served as Vice President and on the Philanthropic Committee.



On the State level, Kathy has held the elected offices of Parliamentarian and Corresponding Secretary. She has also served in the following appointed offices: 2009 Convention Co-Chairman and ESA Foundation Counselor. Kathy has earned her Fourth Degree. She is a member of Foundation. She has been her chapter's Woman of the Year twice and her council's Woman of the Year once. Kathy has attended five State conventions. Her dues are paid and her chapter is in good standing.

Parliamentarian - Lori Anderson

Lori is a member of Kappa Iota #5442, Golden. She pledged ESA in 1984. She has been a member of two other chapters in Colorado: Beta Omicron in Monte Vista and Gamma Pi in Longmont. She has served as chapter President five times; and held the offices of Vice-President, Corresponding Secretary, Treasurer, Educational Director and Chaplain all twice in two different chapters. She has served on various committees. Lori is a member of Denver Alpha Council. She has served as past President of Northern Colorado Council.



On the State level, Lori has held the elected office of Recording Secretary. Lori has also served in the following appointed offices and committees: Publicity Chairman, ESA Foundation Counselor, Audit Committee, Minutes Review Committee, Convention Teller, and Scrapbook judge. Lori has been a member of the Web Committee for ten years – from the inception. Lori has attended 27 State Conventions and 13 International Conventions. Her dues are paid and her chapter is in good standing.

66th ANNUAL COLORADO STATE CONVENTION
“CARNIVAL IN VENICE”
Montrose, Colorado
Holiday Inn Express
May 18, 19, & 20

Colorado West Council cordially invites you to the 66th Annual Colorado State Convention in Montrose, Colorado.

(The following is a Brief Overview of Events)

12:00pm Fri. 18 Executive Board Lunch/By Invitation Only

4:00pm Fri. 18 International Council Representative’s Reception and 65th Anniversary Celebration hosted by the Lamplighters.

6:00pm The “Masquerade Ball” will be Friday (A Costume Affair) with dinner and awards.

Saturday will host workshops, General Assembly, Awards Luncheon, Saturday evening will host the Banquet, Installation of New Officers, and Awards.

Sunday will host Officer Change Meeting, Memorial Service, Second General Assembly, Raffles.

If You Have Free Time.....

There are three museums in Montrose—Pioneer Museum, Ute Indian Museum, Montrose Historical Museum. Museums not your thing—how about a national park? Black Canyon National Park is 11 miles east of Montrose.

Fishing at the East portal of the Black Canyon or Ridgway Reservoir is a great way to spend a morning or an evening.

Ouray is 30 miles and has two hot springs pools.

Grand Junction, Cedaredge, Paonia have wineries to be explored.

We hope that your visit to Montrose will be a wonderful experience and if we can answer any questions, please call or email.

Shirley Clayton dasclayton@tds.net

Cathy Westlake cwestlake@hotmail.com

And, don’t forget to stop at the Conoco station in Downieville for your 10 cent cup of Coffee.



COLORADO'S 65TH ANNIVERSARY CELEBRATION

"CARNIVAL IN VENICE"

*May 18, 19, 20
Holiday Inn Express
1391 So. Townsend
Montrose, CO 81401
970-240-1800*

ROOMS:

*King/Queen Rooms \$87.00 plus tax
Make Room Reservations Directly With The Holiday Inn Express- Refer to ESA
Reserved Block Will Be Released on May 1, 2012*

CONVENTION REGISTRATION:

*Registration Fee \$130.00-Make Check Payable to Zeta Omicron
Early Bird Registration through April 20, 2012/After May 1, 2012 \$135.00
Banquet Only \$35.00 DESA \$65.00
Send Registration To: Shirley Clayton, 110 SE Eagle Ave., Cedaredge, CO 81413
Re: Food Allergies _____ Gluten _____*

PLEASE CHECK THE FOLLOWING THAT APPLY:

*I.C. Officer _____ Lamplighter _____ State Officer _____ Council President _____
Chapter President _____ Voting Delegate _____ DESA _____*

*NAME: _____ PHONE: _____
ADDRESS: _____
CHAPTER _____*

SCHEDULE OF FRIDAY EVENTS:

*Fri. May 18, 2012 12:00 P.M. to 6:00 P.M. Convention Registration
Fri. May 18, 2012 1:00 P.M. Executive Board Luncheon (By Invitation Only)
Fri. May 18, 2012 4:00-5:00 P.M. Colo. 65th Anniversary Celebration (hosted by the
Lamplighters) and International Council Representative's Reception
Fri. May 18, 2012 6:00 P.M.---Masquerade Ball---(Costumed Event)*

*Please direct any concerns to Shirley Clayton @ dasclayton@tds.net 970-856-3842 or
Cathy Westlake @ cwestlake@hotmail.com 970-249-1434*

EPSILON SIGMA ALPHA
International
Alpha Omicron Chapter #770

\$7.00 Donation



29th ANNUAL
SALAD LUNCHEON

WEDNESDAY, APRIL 18, 2012
11:30 A.M. TIL 1:30 P.M.
SALIDA COMMUNITY CENTER

TICKETS MAY BE PURCHASED
FROM ANY ESA MEMBER OR AT THE DOOR

Cookbooks for Honor Flight

1 for \$15

for \$40



Gamma Chi Loveland Chapter of ESA has brought together all their favorite recipes for this fabulous cookbook to benefit Honor Flight. Honor Flight is dedicated to honoring America's veteran for all their sacrifices. They transport our heroes to Washington DC to visit their memorials.

Mark Your Calendars

April 14

Service for Lori Lieberman (Theta Eta)
2:00PM Green Mountain Presbyterian Church
12900 W. Alameda Parkway in Lakewood

April 18

Alpha Omicron 19th Annual Salad Luncheon
11:00AM-1:20PM Salida Community Center
Tickets may be purchased from any member or at
the door

May 18, 19, 20

Colorado State Convention
"Carnival in Venice"
Holiday Inn Express Montrose, CO

Colorado State Council Officers

President - Cathy Westlake
President Elect - Mary Humphrey
Vice President - Joan Snyder
Lamplighter President - Alice Robinson
Recording Secretary - Kathy Garrison
Corresponding Secretary - Shirley Clayton
Treasurer - Vickie Martinez
Parliamentarian - Kathy Ellingson
Sr. Past President - Shirley Telinde
Jr. Past President - Bonnie Gillmore
Chaplain - Elizabeth Condos
Sr. Easter Seals - Anita Miller
Jr. Easter Seals - Phyllis Minch

Sr. Circle of Life - Betty Ziska
Jr. Circle of Life - Patricia Marty
Convention Co-Chair - Shirley Clayton
Convention Co-Chair - Cathy Westlake
Education - Yvonne Farrell
ESA Foundation Counselor - Rita Martin
Webmaster - Candie Patino
Golden Lamp Editor - Wendy Gleason
Philanthropic - Judy Barker
Publicity - Lori Anderson
Scrapbook - Elaine Muldowney

NOTES FROM THE EDITOR

| Deadline for Submissions | Published Dates |
|--------------------------|--------------------|
| September 1, 2011 | September 15, 2011 |
| November 1, 2011 | November 15, 2011 |
| January 1, 2012 | January 15, 2012 |
| February 1, 2012 | February 15, 2012 |
| April 1, 2012 | April 15, 2012 |
| June 1, 2012 | June 15, 2012 |

GOLDEN LAMP EDITOR

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Please mail or e-mail all articles or items of interest to Wendy Gleason at the above address, or e-mail her at: wendy.gleason@doane.edu